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ORYX



July 2016

يوليو ٢٠١٦

The Jungle Book

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كتاب الأدغال

استمتعوا بعيش تجربة "ضروريات الحياة" والمعنى الحقيقي للصداقة

Windhoek

Gateway to the arid wonderland of Namibia: explore lunar landscapes and extraordinary wildlife

ويندهوك

بوابة استكشاف أرض العجائب ناميبيا ومناظرها الطبيعية الأشبه بسطح القمر وأحيائها البرية

Sarajevo

In the capital, we discover Bosnian coffee comes served with its own distinct culture

سراييفو

اكتشفوا أسرار القهوة البوسنية وطقوس تقديمها بنكهة ثقافية مميزة



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MAISON	4 Bedroom	179.4	59.1	238.5	1 250 000
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inside.

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ORYX ONE

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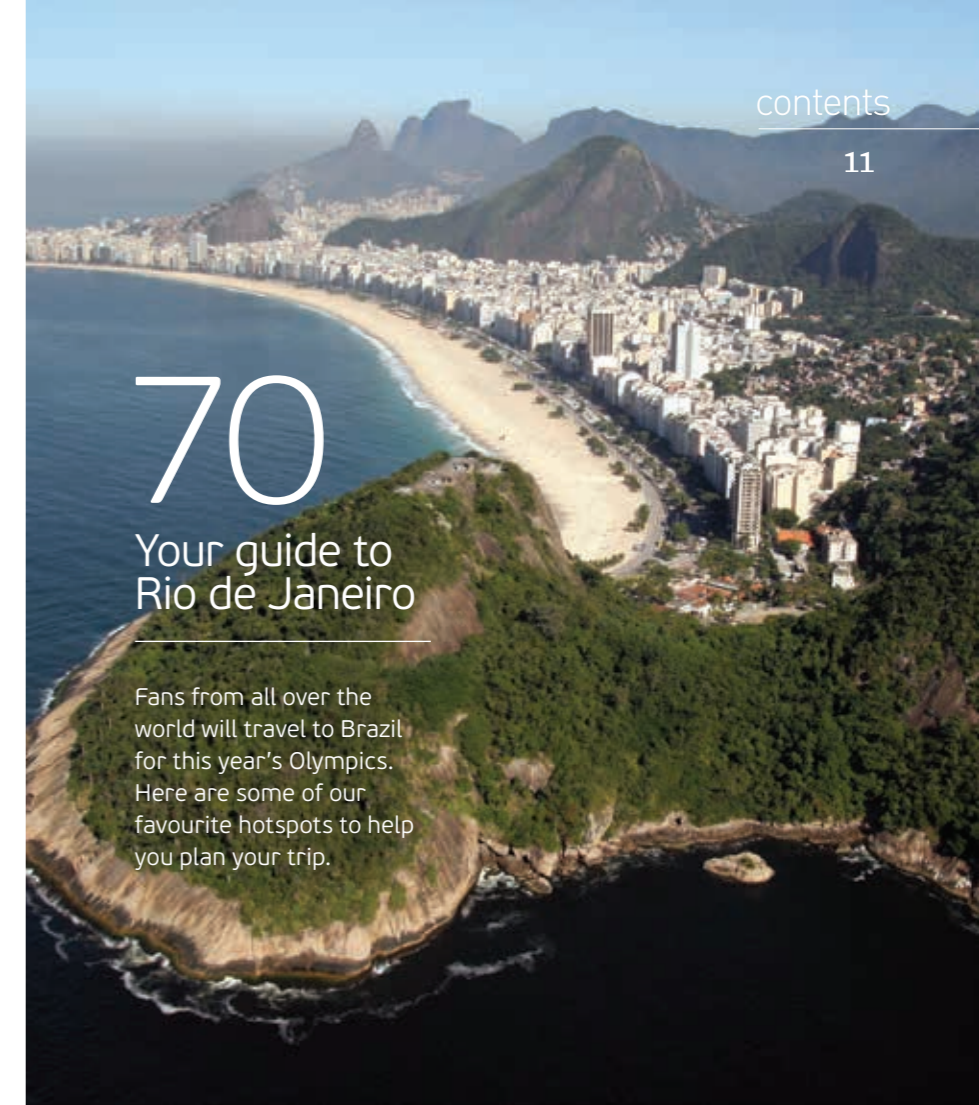
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Oryx and *Oryx Premium* magazines have won 89 awards for photography, editorial, and design since December 2009, including two platinum, eight gold, and 21 silver **Creativity Print Awards** for photography and design; 11 gold and 31 silver **Davey Awards** for design; six **FOLIO: Ozzie Awards** for photography and design; two **PATA Gold Awards** for travel photography; one gold, two silver, and one bronze **Pearl Award** for editorial and photography; one gold **Content Marketing Award** for editorial; one silver **Magnum Opus Award** for editorial; and two **Min Editorial & Design Awards**.

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Your guide to Rio de Janeiro

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Eid treats

The perfect gifts for a time of celebration and giving thanks, available at Qatar Duty Free.



GODIVA ROYAL BOX

This exclusive Royal Box collection contains a delicious array of rich, velvety chocolates. The 30 pieces are hand-picked and displayed in a beautiful peacock-blue keepsake gift box, decorated with a double satin ribbon and a gold printed logo. Perfect for sharing or as a present.

US\$139

BATEEL GOLD CASSANDRA BOX

The Bateel Gold Cassandra Box contains a large selection of 72 plain and filled gourmet Bateel dates. The filled dates include a selection filled with almonds, and a selection filled with candied orange peel. The gourmet collection is displayed in an elegant gift box in rich gold textured paper.

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HARRODS COCOA DUSTED ALMONDS

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US\$276



BOSE

The portable SoundLink Mini Bluetooth Speaker II delivers big sound with a deep bass for a full-range listening experience. It connects wirelessly to your smartphone, tablet, or other Bluetooth device, and the built-in speakerphone lets you take calls out loud, too.

US\$276



BANG & OLUFSEN

The BeoPlay H3 ANC Premium Active Noise Cancellation in-ear headphones feature unparalleled comfort, airtight fit, and in-line device control. Rechargeable battery with up to 20 hours of play time.

US\$304



MONSTER

Monster has teamed up with Cristiano Ronaldo to create these ROC Sport Black Platinum over-ear headphones. Features include a built-in mic, ControlTalk Universal controls, swivelling ear cups, and total noise isolation. 🎧

US\$359

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DAVIDOFF COOL WATER EXOTIC SUMMER

Cool Water Exotic Summer for men is a fresh reinterpretation of the original. It begins with sparkling notes of mandarin, enriched with aromatic juniper, basil, and sage. Cool mint in the heart makes a prelude to the woody, masculine base of sandalwood.

US\$50



DAVIDOFF COOL WATER WOMAN EXOTIC SUMMER

Davidoff launches its annual summer limited editions of the Cool Water fragrances for 2016. With a fresh and feminine scent for women, melon notes develop to a heart of delicate lily of the valley and a bouquet of flowers.

US\$50



CALVIN KLEIN ETERNITY SUMMER

Calvin Klein continues its trend of annual limited edition summer fragrances with Eternity Summer 2016. Opening with accords of palm leaf, bergamot, and pear blossom, frangipani flowers in the heart are mixed with jasmine and tuberose mist, with base notes of musk, vanilla, and blond woods.

US\$71



CALVIN KLEIN ETERNITY FOR MEN SUMMER

Crisp coriander on top opens with a burst of freshness and a cool tropical feel. A salty accord and the essence of ocean air bring a breezy vibrancy to the heart. Soft cedarwood at the base finishes with a warm masculine scent.

US\$61

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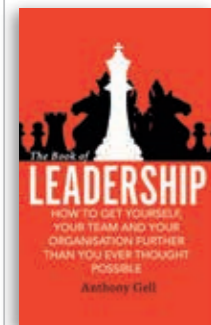
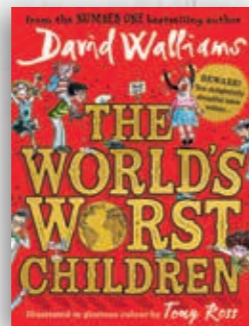
BOOK review

Get yourself ready for the summer months with food and fitness advice from the Body Coach; make some time for artistic expression with some dazzling botanical colouring choices; and take a fascinating look at humankind's development over the earth's four-and-a-half billion years.

The World's Worst Children

by David Walliams

A collection of wickedly funny, deliciously mischievous tales, illustrated in glorious colour and featuring a delightfully dreadful cast of characters sure to make you laugh and cringe. HarperCollins Publishers, HarperCollins Children's Books (20 May, 2016)



The Book of Leadership

by Anthony Gell

Learn what characteristics are shared by successful business leaders that make them and their organisations stand out from the crowd in this collection of life examples culled from Gell's CEO interviews.

Little Brown Book Group, Piatkus Books (13 November, 2014)

Me Before You

by Jojo Moyes

A heartbreaking yet ultimately uplifting story of the relationship between Will, an embittered quadriplegic man, and Lou, the woman who desperately tries to give him a reason to live. Now a major motion picture starring Emilia Clarke and Sam Claflin.

Penguin Books Ltd, Michael Joseph Ltd. (28 April, 2016)



SPOTLIGHT



Lean in 15: The Shape Plan

by Joe Wicks

'Body Coach' Joe Wicks introduces a new way of eating and training to build lean muscle and burn more fat, sharing 100 delicious recipes and four new workouts to take your fitness to the next level.

Pan Macmillan, Bluebird (16 June, 2016)

Millie Marotta's Tropical Island

by Millie Marotta

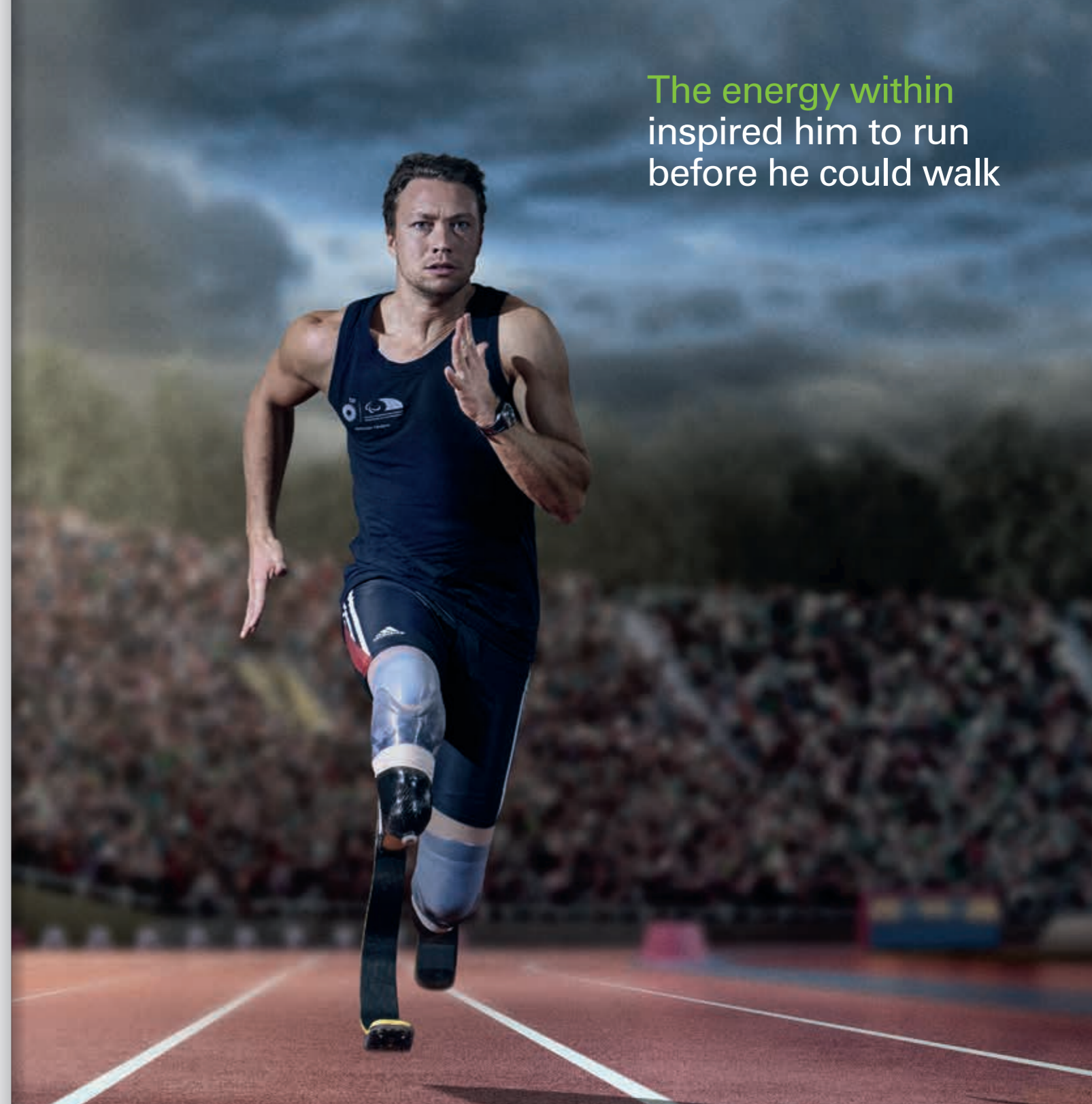
Exceptional illustrator Millie Marotta brings stunning idiosyncratic drawings of the botanical world to your fingertips for a mindful exploration of colouring and drawing where you can make your own mark. Pavilion Books, Batsford Ltd. (25 June, 2015)

Sapiens: A Brief History of Humankind

by Yuval Noah Harari

A thrilling account of humankind's extraordinary history – from the Stone Age to the Silicon Age – and our journey from insignificant apes to rulers of the world in this *Sunday Times* bestseller.

Vintage Publishing, Vintage (30 April, 2015)



The energy within inspired him to run before he could walk



International Paralympic Committee

David's unbreakable spirit was ignited nine years ago when, in the days following his accident, he decided how he was going to live the rest of his life. He never thought about what he'd lost, only what he had gained: the energy within. This propelled him to become World Champion in 2015, and the stage is set for this spirit to shine once more in Rio this summer. At BP, we are also working tirelessly to unlock our potential and find newer, better and safer ways to produce the energy the world needs. bp.com/IPC





Can the DC Comics universe prove super?

Disney's acquisition of Marvel and the planned abundance of films in the Marvel Cinematic Universe series – already plotted well into the next decade – creates a formidable presence on the Hollywood battlefield. But Warner Bros. seems ready to take it on.

ORYX ONE
EXPLORE PLAY SHARE

TURN TO PAGE 113 FOR YOUR GUIDE TO QATAR AIRWAYS' WORLD-CLASS IN-FLIGHT ENTERTAINMENT



Batman v Superman marks the first of 10 superhero movies planned by Warner Bros., providing the studio with a solid foundation for future action films based on DC Comics characters, who – with Lego featuring a new wizard series crafted by *Harry Potter* creator J.K. Rowling – are a cornerstone of Warner Bros.' film agenda until 2020.

The Marvel/DC fight has been going on for decades, and the leaders at Warner Bros. are confident *Batman v Superman* will serve as the launch point for the franchise. "It's a great way to launch our next programme of movies," said Jeff Goldstein, Executive Vice President for domestic distribution at Warner.

The approach at Warner Bros. is certainly different than Disney's with the MCU. The biggest difference, critics observe, is the approach to leadership.

For the Marvel series, producer Kevin Feige makes the final call on everything, possessing a clear, distinct vision for the universe. The leads to all of the Marvel movies functioning more or less cohesively, with a logical flow from one to the next. It's easy to follow and, with the vision being a series in the grand scheme of things, the film is more likely to draw a casual fan of a particular character knowing it ties in to the other films. Nobody wants to miss an episode of their favourite series, after all.

With its DC Comics films, Warner long ago decided to take a 'filmmaker

driven' approach. So while Zack Snyder had oversight of *Batman v Superman: Dawn of Justice*, each director will prove to be responsible for their own movie.

However, in late May, DC announced a bit more structure at the top in the Kevin Feige mould, naming Jon Berg as Executive Vice President of Development and Production and Geoff Johns – a respected comic-book writer turned executive – as DC Comics Chief Creative Officer to lead the DC Films business.

Warner's writing approach is also dramatically different, as each project includes several writers offering up competing scripts, rather than working toward a common goal. Reports had five writers working on *Wonder Woman*, three on *Aquaman*, for example. The best pieces of each will be woven together.

On the heels of the relative disappointment of *Batman v Superman* – relative in that it has made only several hundred million dollars – August sees the *Suicide Squad* supervillain team up with Will Smith, Margot Robbie, Cara Delevingne, and Oscar-winner Jared Leto as the next title in the DC Comics series.

Marvel's approach has proven successful. Will Warner's? With a release schedule featuring *Wonder Woman* and *Justice League: Part One* in 2017; *The Flash*, *Aquaman*, and an untitled Batman project in 2018; and *Shazam* and *Justice League: Part Two* in 2019, only time, and box office sales, will tell. 🍿



WATCH THE DC UNIVERSE FILMS AND TV SHOWS ON ORYX ONE

Batman Begins 140 min

Christopher Nolan explores the Dark Knight's origins in the first of his dark and brooding adventures featuring Gotham City's bat-fixated vigilante.

The Dark Knight 145 min

Christian Bale's caped crusader comes face to face with his greatest nemesis, the Joker, played with ghoulish glee by an Oscar-winning Heath Ledger.

The Dark Knight Rises 164 min

Tom Hardy's masked menace is the 'Bane' of Batman's existence as Christian Bale dons the cape and cowl for the final instalment of Christopher Nolan's trilogy.

Arrow 44 min

The exciting third season is here in its entirety, as master archer Oliver Queen continues to protect Starling City while seeking inner peace.

Gotham 44 min

Explore the life of eventual Gotham City Police Commissioner James Gordon before he has met Batman or the villains who would rule his life.

Supergirl 44 min

Superman's cousin Kara arrives on Earth where she must find her own way as both a woman and Earth's only female superhero.

Sun care and luscious lips for summer

Summer is all about sun-kissed skin with an all-natural glow, achieved by basking in glorious vitamin D-rich rays.

Words by Ayesha Khan

Achieving an effortless summer look requires, in actuality, a lot of effort and a carefully curated artillery of beauty products: a lightweight sunscreen with at least SPF 30; a colour-correcting primer to achieve flawless-looking skin, and balms and glosses for well-moisturised, sculpted lips glazed in brilliant hues. These four products are sure to create that summer skin perfection.

CLINIQUE SWEET POTS

With their macaron-inspired packaging, these pots comprise a Sugar Scrub made of beet sugar granules and jojoba seeds that gently exfoliates the lips, and a luscious Lip Balm. There are three lightly tinted hues to choose from: Red Velvet, Orange Blossom, and Pink Framboise.



BOBBI BROWN CC CREAM

Acting as a perfect base or primer, Bobbi Brown's CC cream offers a flawless and glowing finish to the skin in three steps. Colour-correcting pigments diminish redness and dullness; SPF 35 offers UVA/UVB protection, and light diffusers add brilliance to the skin tone. Available in five shades, this CC cream is ideal under foundation.



ELEMIS LIQUID LAYER SUNBLOCK SPF 30

The challenge to finding a perfect sunblock for the summer is finding something that retains its SPF throughout the day or in water, and doesn't get absorbed into the skin causing clogged pores. Elemis Liquid Layer sits on top of the skin to create a UVA/UVB barrier with titanium dioxide mineral protection. This non-sticky formula, comprising jojoba and other natural oils, glides on to leave a weightless layer.



ESTÉE LAUDER PURE COLOR ENVY SCULPTING GLOSS AND LACQUER

Worn over lipstick or alone, this non-sticky formula is designed to capture and retain hydration as it adds a buildable colour tint whilst magnifying and sculpting lips. Although it's available in 10 vibrant shades, Tempting Melon and Jealous Blush are particularly enviable for summer. ❌

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August 1-31, 2016

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US\$1,650
yamaha.com



BANG & OLUFSEN

The BeoSound 35 is a high-end wireless speaker and all-in-one multi-room music system with an intuitive touch interface and integrated access to music and radio streaming services. The pentagonal shape is designed to fill the entire room with a well-balanced sound. Available at Fifty One East, Doha.

US\$2,750
bang-olufsen.com



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The BeoPlay A1 is a new, ultra-portable Bluetooth speaker with microphone; up to 24 hours of play time from a single battery charge, Bang & Olufsen Signature Sound, and premium materials including anodised aluminium and leather. Available at Fifty One East, Doha.

US\$275
beoplay.com



JAYBIRD

Micro-sized with insanely big sound, the Jaybird Freedom wireless buds feature a secure-fit, sweat-proof, ultra-comfort metal design with eight hours of play time and listen-while-you-charge mobile charging.

US\$200
jaybirdsport.com



AUDEZE

Flexible, portable, and lightweight, the EL-8 open-back headphones are loaded with new technology. Built with superb craftsmanship, wood veneer accents, and attention to detail, the EL-8s feature advanced planar magnetic technology with impressive sound quality.

US\$699
audeze.com



ULTIMATE EARS

A waterproof disc-shaped Bluetooth speaker, the UE Roll 2 has 15 per cent more sound than the original, and a longer wireless range of up to 30m. It also ships with a UE 'floatie', so you can take it into the pool with you.

ultimateears.com



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dior.com



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US\$3,670 farfetch.com



CHURCH'S
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farfetch.com



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استخدم أي من بطاقات المصرف هذا الصيف لتكون أحد الفائزين لاستعادة قيمة مشترياتهم*. للحصول على فرصة الربح، يجب أن يكون الحد الأدنى للاستخدام 5,000 ريال قطري خلال فترة العرض خارج أو داخل* الدولة.
 • الفائز الأكبر يربح حتى 50,000 ريال كحد أقصى
 • 20 فائز يربح كل منهم حتى 15,000 ريال كحد أقصى
 • كلما ازداد استخدامك للبطاقة، تصاعقت فرصك بالفوز
 • العرض متوفر لجميع بطاقات المصرف الائتمانية على المشتريات داخل قطر وخارجها، ومتوفر لبطاقات الخصم على المشتريات خارج قطر فقط

*العرض ساري لغاية 30 سبتمبر 2016. تطبق الشروط والأحكام.



Latte art

Look your best with these stunning neutral items; sure to complete any look with an added touch of class.



MADELEINE THOMPSON
‘Towton’ striped, 100% cashmere wrap from knitwear specialist Madeleine Thompson.
US\$565
madeleine-thompson.com



ALBERTA FERRETTI
Natural, white, and brown suede embellished patchwork backpack for travelling in style.
US\$788
albertaferretti.com



GUCCI
Intricately woven with metallic yarns, this jacquard overcoat has a standout geometric motif and a flattering silhouette.
US\$5,780 net-a-porter.com

CHRISTIAN LOUBOUTIN
‘Trep High’ sandals expertly crafted in Italy from supple leather. Detailed with scalloped trims and black whipstitching. Wear yours for evening with a blouse and tailored trousers.
US\$1,145
christianlouboutin.com



VALENTINO
Rockstud rolling leather bracelet with cabochons. Vitello leather cuff, with bezel-set, mixed-colour cabochons. 
US\$275
neimanmarcus.com



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Adventure time



PERFECT MOMENT

Sky-blue and white bomber jacket cut from breathable honeycomb mesh and finished with jersey raglan sleeves.

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perfectmoment.com



LEICA

Ultravid Colorline 8 x 20 binocular offers the legendary Leica optical performance even in low light conditions, combined with sturdy build quality. Available in six colour options, including Capri Blue and Cherry Pink, each pair is housed within a leather bag with strap and protective caps.

US\$899 leica-camera.com



COACH

Manhattan Sling everyday essential pack in Coach's 'sport calf leather' with a relaxed yet polished feel.

US\$375 coach.com



TOD'S

Sneakers in smooth leather with python inserts, metallic leather detailing, and rubber cupsole with embossed pebbles.

POA tods.com



RED PADDLE CO

12'6" Explorer touring inflatable paddle boards don't compromise on quality or performance. The thickness and capacity make them super-stiff and stable, perfect for taller, larger paddlers and for longer outings and a range of conditions.

Underneath, there is a removable fin, a nose runner fin to aid tracking in side winds, and two rear runner fins to cancel out 'tail drift' when the board is loaded with gear.

US\$1,400 redpaddleco.com



DOLCE & GABBANA

Blue cotton piqué polo shirt, with embroidered bird, and contrasting stripe detail on the collar and sleeve ends.

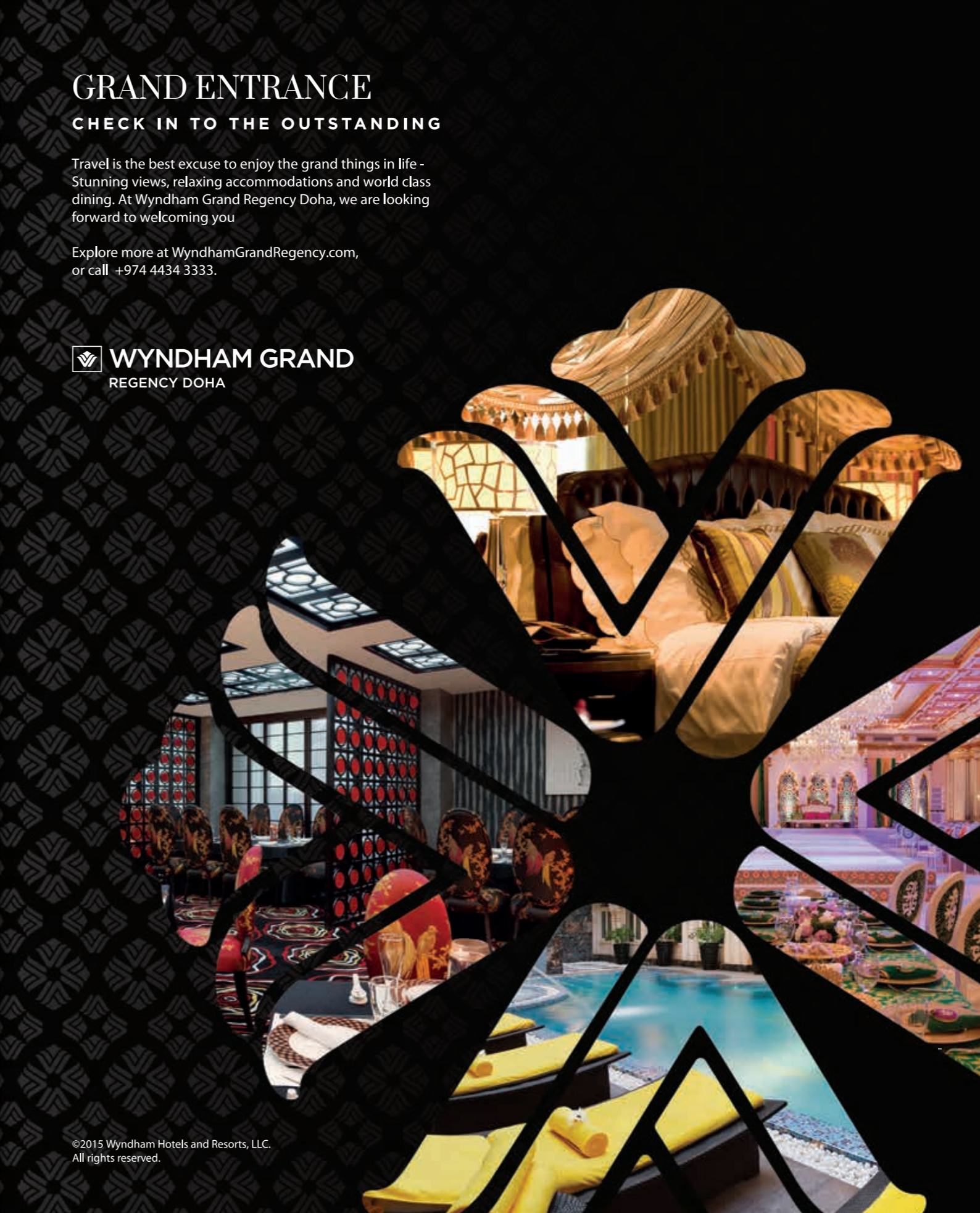
US\$459 dolcegabbana.com

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What's in my travel bag

Herbert Ypma



When Herbert Ypma was just three years old, his Dutch father moved the family to Spain. But instead of a picturesque hacienda or a cool flat in the city, the Ypma family lived in caravans and tents, his mother cooking on open fires every night.

Thus began a nomadic life that ultimately led the multilingual, wildly talented photographer to pursue a career in travel photography and writing, spawning a host of books, most notably the HIP Hotels guides. In Ypma's recently released compendium, *Nomad Deluxe*, by luxe publishers Assouline, he escorts readers on a world tour, from the reefs of the Maldives to the expanses of the Atacama Desert.

Never a fan of pointless travel, Herbert says, "It's much better if you have something to do – travel with a purpose. My next destination is Bali, taking my kids surfing on Echo Beach. I am also working on a custom-designed motorhome. I don't know why every motorhome looks like a 1989 hotel room, but they do. Outside I want mine to look like a really slick SUV. Inside I want it to look like a beach shack. The idea is to get it on a boat to the US and take the great American road trip."

And the most exotic place he's ever been? "The Ice Hotel and Ringha, Tibet, would certainly be contenders, but I think the most exotic is the recently shuttered Shompole in Kenya. They decided to create these pavilions with no doors, windows, or walls. When I got there, they told me that I was lucky to have gotten the best pavilion because that's the one whose pool the leopards like to drink out of every morning. So, you're lying there totally exposed, every little sound in the middle of the night makes you jump, and you're just waiting for those leopards to come."



The Bag:

Navy blue and leather Longchamp.



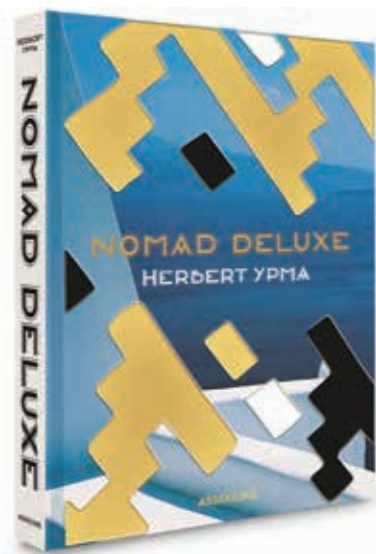
The Contents:

My custom board shorts in a waterproof bag. I love surfing. White Converse sneakers.

A roll-out linen kit from Italy that has all my glue, scissors, tape, calligraphy pens. I almost always have a scrapbook going, on all sorts of things.

My scrapbooks are made for me in Florence by a man named Giulio – I don't even know his last name.

A navy blue Viktor & Rolf amenity bag for all my cables – phone chargers, camera cables, and more. 📶



Bellevue, Geneva

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- Building with higher levels of security

Prices and further information on demand:
+41 22 750 06 82 or anna.fauvel@eu.jill.com





The Peninsula Paris

Located just steps away from the Arc de Triomphe, The Peninsula Paris is within walking distance of some of the world's most famous monuments, museums, and shopping districts.

Creating a luxurious sense of arrival, the grand lobby at The Peninsula Paris wows with an elegant glass art installation made of 800 hanging glass plane leaves, spiralling as if caught in a gust of wind.

The 200 luxurious rooms and suites are no less impressive, being among the largest in Paris, with five suites featuring their own private rooftop gardens offering spectacular views over the city.

Steeped in history, the hotel is housed in a late 19th-century classical French building, which has been restored with every modern convenience now available in the guest rooms.

Touchscreen wall panels offer control of the various in-room facilities, including audio, radio, lighting, temperature, and curtain control, while interactive digital tablets allow guests access to further services including in-room dining, valet, housekeeping, concierge, and more.

Guests can unwind at The Peninsula Spa, offering six private treatment rooms and two VIP couples' suites, heat experiences, 20m indoor pool, and relaxation areas.

The hotel's six dining venues include LiLi, a sophisticated Cantonese restaurant, and L'Oiseau Blanc, a rooftop restaurant with unforgettable views of the Eiffel Tower. peninsula.com/paris



THE PENINSULA ACADEMY

Offering bespoke programmes for both adults and children, The Peninsula Academy gives exclusive access to some of the city's most fascinating locations and cultural gems. Experiences include 'Fun With Chocolate' for children, an interactive culinary class with the hotel's pastry team; and an 'Introduction to the World of High Fashion Jewellery in Paris', where you can visit the private collections and workshops of the biggest names in *haute joaillerie* with a certified gemologist.



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Learning experiences

Family holidays can be great opportunities to learn about the world and its cultures, and there are now plenty of destinations where your trip can include unforgettable learning experiences. Travel expert Nichola West rounds up her top five educational family destinations.

Adelaide Planetarium, Australia

Children can reach for the stars at the Adelaide Planetarium, where an immersive guided tour of the solar system takes place twice a month. Their projected replica of the night sky is the perfect way to learn about the constellations, helping kids get ready to go star-spotting themselves. unisa.edu.au/planetarium



Kids City, Cambodia

The science centre at Kids City in Phnom Penh, Cambodia, makes learning seriously fun. They have over 100 hands-on activities to learn as you play, from travelling to the bottom of the ocean in a submarine to finding out how to support your own body weight with just paper. kidscityasia.com



National Park Service Junior Rangers, US

This year marks the 100th anniversary of America's National Park Service, and the perfect way to celebrate this centenary is for children to learn how to become Junior Rangers. The Chesapeake Bay National Historic Trail offers lots of opportunities for kids to get hands on and earn their ranger badge. Follow in the footsteps of adventurer Captain John Smith, learn about the American Indians who lived along this bay, and find out ways to help protect it for future generations. nps.gov/kids/jrangers.cfm



MalaMala Game Reserve, South Africa

Children can learn the skills of a safari ranger at the MalaMala Game Reserve in South Africa's Kruger Park, home to the 'big five'. From basic survival tips, to tracking animals and even producing a bush breakfast, youngsters work with rangers to get a real feel for the wild. malamala.com/junior.htm

Jurassic Land, Turkey

Budding palaeontologists will love Jurassic Land in Istanbul, where kids can dig around for eggs and bones in a large digging cave in order to be awarded their palaeontology certificate. The park has over 70 animatronic dinosaurs, a huge museum with real bones and dinosaur eggs, and a large 4D simulator to take a ride in. The perfect mix of fun and learning. jurassicland.com.tr

© NPS / Middleton Evans

✦ experience

Hammams of Marrakech

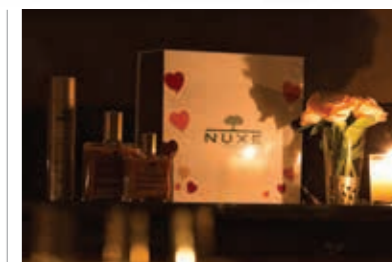
Hammams are central to Moroccan culture, and there is no better way to unwind after a day of sightseeing in Marrakech than with a vigorous scrub-down followed by tranquil relaxation in a traditional bathing establishment. Words by Brian Johnston

Marrakech is certainly a beguiling destination, but there's no denying that sightseeing amidst the heat and tightly packed streets of the medina can be exhausting. Fortunately, as the sun goes down and pleasurable tiredness sets in, Morocco provides a lovely day's finale in its many hammams.

The hammam visit is a key Moroccan social custom, with locals attending public baths weekly, and those with the means indulging at more sophisticated private hammams. They aren't just venues in which to relax but also to socialise and even network for business. Hammams vary from a couple of simple rooms in villages and medinas to elaborate, historic venues decorated in tiles and stained glass, and heated from beneath the floor by wood fires.

The central part of any hammam is a low-lit, warm room where you acclimatise before heading through to a second hot room, designed to open the skin's pores. You then return to the first room and slosh yourself with water before coating yourself in black soap, made from olive oil, often scented with orange or eucalyptus. You then use a rough-surfaced hammam glove to scrape off the soap, and can then coat yourself in ghassoul clay from the Atlas Mountains. Finally, wash down with more warm water.

In most hammams, you bring your own glove and black soap. In upmarket hammams, an attendant might do this process for you, and many visitors follow up the core treatment with a massage using an essential oil, generally orange, rose, or argan, derived from a tree native to Morocco. ✦



MARRAKECH'S MEDINA

Five-star **La Villa des Orangers**, on the edge of Marrakech's medina, is a traditional Moroccan riad centred around a series of tiled courtyards lush with orange and palm trees and tinkling with splashing fountains. The Relais & Châteaux property has a notable fine-dining restaurant and a beautiful hammam, where you can enjoy scrubs, massages, and a relaxation room.

LA VILLA DES ORANGERS

6 Rue Sidi Mimoun, 40000 Marrakech Morocco. Tel: +212 524 384638 villadesorangers.com

✦ FLIGHT FREQUENCY

Qatar Airways has three flights a week from Doha to Marrakech

Images courtesy of La Villa des Orangers

Treetop dining in the Maldives

Going for dinner in the Maldives isn't as straightforward as you might think. It may be the world's flattest country, with atolls fringed by abundant arcs of buttery sands, but that doesn't mean the country's chefs are content with their oceanfront beach bars and palm-fringed pool bistros. In pursuit of novelty, the most luxurious resorts are now taking fine dining to new heights: by moving their signature restaurants off the ground and into the trees. Words by Mike MacEacheran



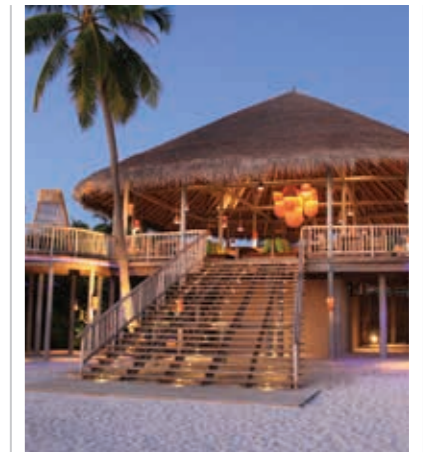
Nest, Per Aquum Niyama

Suspended some six metres off the ground, on an open-air dining terrace best described as a giant replica of a pterodactyl's nest, this treehouse restaurant is as much jungle adventure as culinary outing. Take a table in one of the treetop pods, spot tropical birds in the banyan trees, and savour Asian cuisine such as Japanese teppanyaki, Balinese grills, and Thai salads. minorhotels.com



Fresh in the Garden, Soneva Fushi

A restaurant without walls in the Maldives is no great feat; one that rises high above an organic herb and vegetable garden, and is entered by a swinging Indiana Jones-style rope-bridge is. Situated on a breezy multilevel terrace, surrounded by aromatic banana trees, this lofty dining experience sees the chef hand-pick the freshest items from below, then turn them into a five-star menu that changes with each sunrise. It's so good, in fact, it wowed Gordon Ramsay and dining buddy David Beckham. soneva.com



Leaf, Six Senses Laamu

Working with local fishermen – who bring their daily catch straight from the ocean floor into the treetops – chefs at this airy treehouse know how to aim for the sky. In the heart of the restaurant, they put together a Mediterranean-influenced tasting menu, with all the theatrics of a TV cooking show. At this height, the air has a salty tang, complemented by a drink of coconut water – most commonly picked straight from the nearby palms. sixsenses.com

OR HOW ABOUT DINING UNDERWATER?

SEA, ANANTARA KIHAVAH VILLAS

If you hadn't already guessed, they do things differently in the Maldives. Cue one of the first underwater restaurants, five metres below the surface, alongside the first-ever submerged wine cellar. It's an octagonal-shaped affair with floor-to-ceiling views of the surrounding corals and marine life, and, all told, is like fine dining inside Captain Nemo's fabulous fantasy submarine *Nautilus*. ✖ kihavah-maldives.anantara.com

✈ FLIGHT FREQUENCY

Qatar Airways has two flights a day from Doha to Malé

KWONG WAI KEUNG

As an award-winning chef with over 20 years of experience, Executive Chef Kwong Wai Keung oversees the kitchen operation of T'ang Court and Chinese banquets at The Langham, Hong Kong hotel. Under Chef Kwong's leadership, T'ang Court was awarded three Michelin stars in the 2016 Michelin Guide, Hong Kong and Macau, one of only three Cantonese restaurants in the world to have achieved this. In addition, he is a three-time gold medal winner in the Hong Kong Tourism Board's Best of the Best Culinary Awards. A veteran of traditional Cantonese cuisine, Chef Kwong also embraces culinary innovation by incorporating different textures and flavours. Sourcing seasonal ingredients from around the world, he looks for inspiration without losing the essence of Chinese cuisine.



STIR-FRIED FRESH LOBSTER WITH SPRING ONIONS, RED ONIONS, AND SHALLOTS (SERVES 2)

INGREDIENTS

750g lobster
113g shallots
113g spring onions
133g red onions
2 tablespoons soy sauce
1 tablespoon rice vinegar
½ teaspoon sugar
½ teaspoon sesame oil
Oil (for cooking and deep-frying)

METHOD

Deep-fry the shallots until golden yellow. Set aside. Cut the lobster into bite-size pieces and slice the spring onions, red onions, and shallots. Fry the spring onions, red onions, and lobster in oil, and drain. Sauté the spring onions, red onions, and lobster with soy sauce and add the rice vinegar. Garnish with the deep-fried shallots. Ready to serve. 🍴



Visit oryxinflightmagazine.com for this delicious recipe.





five minutes with Faiza Bouguessa

For French-Algerian designer Faiza Bouguessa, revisiting the rules of abaya fashion has been a welcome challenge. Her young label, Bouguessa, has garnered international praise for its rendition of minimalist modest luxury with universal appeal. Interviewed by Maryan Abdinur

What sparked your interest in fashion? I was always very sensitive to the arts as a child; I learned from my grandmother how to sew and knit from a very early age. My mother started buying me fashion magazines quite early in my teen years. I guess she sensed a strong interest in me – I used to go through them over and over again.

You debuted your first collection in 2014 as a self-taught designer – what was this like? A couple of years after moving to Dubai, I started researching concepts to create a clothing line, which had always been my ultimate career goal. I found that there was a gap in the market for minimal, global abayas and modest clothing. I worked on the business plan for about four or five years

before finally launching Bouguessa. I wanted to create a brand that blended in with international trends and that created a bridge between two cultures – women wearing our abayas would feel part of the global culture, while still being able to observe the traditional wearing of the garment.

Are there special considerations for designing the abaya? My concept of 'modest fashion' implies guidelines to respect. Clothes should be long-sleeved or wearable under an abaya – not fitted – and long in length, while fabrics need to be adapted to the weather. Garments must also suit my clients; these are women with style who dress for themselves and not to get noticed. Being creative while keeping these

elements in mind can be challenging, but it's my favourite part of the job.

Any special travel spots that inspire you? Anywhere I go I find inspiration. I've just returned from the Maldives, and while I was expecting to be inspired by the colours of the fish there, my interest was drawn towards the fact that there are a lot of Middle Eastern women travelling there. Seeing how they have to layer clothing in a place that is so hot and humid gave me some inspiration. I'd like to try and create some special pieces, incorporating very light and comfortable fabrics for when they travel. Maybe this idea will lead nowhere, but stay tuned!

When you're not working, how do you like to relax? Simply spending time with my husband. He brings me peace.

How do you measure success? Getting an email from a client; hearing that she was happy with her pieces because she received a lot of compliments and felt very comfortable in them. That makes me feel like I reached my goal.

What can we anticipate from your Autumn/Winter 16/17 collection?

Deeper and darker colours, statement pieces, but also simple everyday pieces; amazing fabrics from Italy, and monochrome palettes. ✨
bouguessa.com

Follow Bouguessa on Instagram:
@[bouguessaofficial](https://www.instagram.com/bouguessaofficial)



✦ my favourite street

Centennial Park District, Atlanta

Atlanta's thriving downtown has something to charm visitors of all ages, and the beating heart of this Southern metropolis is just waiting to be explored.
Words by Jennifer Bradley Franklin

HLN morning anchor **Robin Meade** spends nearly every day of the week in the CNN Building, a centerpiece of downtown Atlanta. Fortunately for her, it's also a district she loves to explore, even in her off-time. "Most visitors coming for a concert or a sports game may not realise what's right under their nose in the **Centennial Park District**. I can basically give my visitors a map of all the attractions, museums, and eateries and tell them, 'Go for it!' because it's all within walking distance."

The first stop on Robin's ideal itinerary isn't surprising: she recommends taking the **CNN Center** tour. "I've even had co-workers take the tour and learn things about the history of the building, the network, and how Ted Turner built this legacy here. Fascinating!" Plus, you won't leave

empty-handed. During the visit, you can record a mock newscast and keep the video to show friends and family your star turn in front of the camera.

Next, walk across the street to **Centennial Olympic Park**, which celebrates Atlanta's hosting of the 1996 Summer Olympic Games. The park regularly offers free concerts to entertain locals and visitors alike. A stop at the **Georgia Aquarium** is also a must. It's one of the largest indoor aquariums in the world, with more than 40 million litres of fresh- and salt-water habitats, and it's home to penguins, whale sharks, beluga whales, dolphins, and much more. "It's so unique, interactive, immersive, huge, and more than just an aquarium space. You can (even) dive with the sharks."

After so much touring, you'll likely have worked up a hearty appetite.



ROBIN MEADE

With her bright smile and chipper signature greeting of "Mornin' Sunshine!" to start her show, *Morning Express* on HLN (the sister network of CNN), Robin Meade is a cheerful start to the day for hundreds of thousands of Americans. The broadcaster has also hosted *Ask Oprah's All-Stars*, released country music album *Brand New Day*, and written bestselling motivational book *Morning Sunshine!: How to Radiate Confidence and Feel It Too*.
hlntv.com/robin

Duck into any of a number of Robin's favourite local eateries. "Get some great food at places such as **Stats**, **Twin Smokers BBQ**, or **Max's Coal Oven Pizzeria**." There's also **Game-X**, which boasts more than 60 interactive games such as Pac-Man Smash, Pong 180, and Temple Run. "It's (perfect) if you're with little people who can't sit still and need something to do while eating."

To get an overview of it all, hop aboard the **SkyView Atlanta** Ferris wheel, towering nearly 20 storeys up. "No matter what your interests are, you'll find something that strikes a chord with you in the neighbourhood." ✨

✦ FLIGHT FREQUENCY

Qatar Airways has daily flights from Doha to Atlanta

✈ weekend away

Pisa



© pisaphotography / Shutterstock, © Fedor Selivanov / Shutterstock

Although often overshadowed by Florence, former maritime power Pisa is a jewel of urban architecture with a long-standing cultural verve. Words by Angela Corrias

The best starting point to explore Pisa is probably one of the biggest oversights in Italian construction history: the **Leaning Tower**. Enshrined amongst the Romanesque-style **Duomo** and **Baptistry**, the tower sits in aptly named **Piazza dei Miracoli** (Miracles Square). The brave can climb 251 steps up to the top to enjoy an unforgettable view of the city. A well-deserved reward lies only 100m away at **Relais dell'Orologio**, an old tower house revamped into a five-star hotel that will whirl you back to mediaeval times but with all the perks of modern luxury.

As intriguing as an architecturally unsound attraction can be, Piazza dei Miracoli is only a fraction of the cultural landscape Pisa has to offer. Head to the **Lungarni**, the spectacular promenade

along the Arno river, to see some of the main historical palaces, such as **Palazzo Reale**, the former residence of the Medici, Lorena, and Savoia ruling dynasties, now a museum; 14th-century **Palazzo Blu**, which hosts an important art collection and temporary exhibitions; and the **Museum of Ancient Ships of Pisa**, displaying Roman ships found in Pisa harbour.

To sample the regional cuisine, stop at the **Osteria dei Cavalieri** near Piazza dei Miracoli or at **La Pergoletta** to enjoy modern interpretations of traditional dishes. ✈

✈ FLIGHT FREQUENCY

Beginning August 2, Qatar Airways will operate a daily service from Doha to Pisa



TOWER ACCESS

For security reasons, access to the Leaning Tower is limited to 40 people at a time. To avoid long queues, booking online is your best bet. As the climb can be slippery and sometimes rickety, it is not recommended for visitors with heart conditions or mobility problems. The visit lasts 35 minutes, access is not allowed for children under eight, and those younger than 18 must be accompanied by an adult.

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✈ Qatar Airways Holidays

September

Oryx presents its insider's tips for places to visit in September.



Explore Venice after the summer crowds have dispersed, and make the most of Jordan's cooler temperatures and San Francisco's warmer temperatures in autumn.

VENICE

Although temperatures in Venice start to decline slightly in September, it's still warm – with average temperatures of 20°C – and the tourist crowds are dwindling after the summertime high season. Climb the Campanile di San Marco (bell tower) for breathtaking city panoramas from the top before exploring the glittering mosaics of Basilica di San Marco itself, then head next door to discover the fascinating history of the Doge's Palace. For art lovers, the Accademia galleries feature one of the best collections of Old Masters paintings in Italy, and of course a trip to Venice wouldn't be complete without a cruise along its famed canals.



JORDAN

Typical autumn weather, which only lasts from around mid-September to mid-November, marks the shift out of high summer in Jordan with slightly cooler temperatures, and can be a lovely time to visit. Jordan's gems include the rose-red city of Petra, the Dead Sea, and the vast Wadi Rum.



SAN FRANCISCO

Autumn in San Francisco is the best time of year. From September to November, days are warm and sunny, nights are mild and clear, rainfall is rare, and the fog has cleared. Ride a cable car, visit Fisherman's Wharf, cross the Golden Gate Bridge, and take a trip to Alcatraz. ✈

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24 HOURS IN MARRAKECH

Marrakech, the crimson heart of Morocco, is a 1,000-year-old city with an unseen water supply that has allowed it to flourish. Above Marrakech are the marching peaks of the High Atlas mountains, often snowy, a contrast with the city's celebrated redness, adding freshness to the air. The weather is welcoming almost year-round, with a near-ideal combination of sunny warmth and cool, alleviating evenings.

Words by

Olivia Gunning-Bennani

GETTING AROUND



horse

A horse-drawn carriage is a gentler means of exploring. Carriages await next to Jemaa El Fna square.



walk

The best way to discover the medina is on foot, at an unhurried pace.



scooter

If your sense of adventure is keen, there are motorised scooters and mopeds for hire on the streets.



taxi

The easiest way to travel is by *petit taxi*. They're cheap, tan-coloured, and have a meter – insist the driver turns it on.

07:30

Enjoy an early horse-drawn carriage tour from **Jemaa El Fna square** before cars take over the streets. Get acquainted with the city at a gentle pace, visiting ramparts, palaces, and **Koutoubia Mosque**.

08:30

For breakfast, go to the world's most cherished hotel – **La Mamounia**. The 100-year-old treasure represents the city's glamorous history. Enjoy your meal within the splendid gardens.

10:00

Discover Marrakech's avant-garde side at the **David Bloch Gallery** in **Gueliz**. Proof that the city's creative heart still beats, the gallery specialises in the contemporary, with a penchant for street art.

11:30

La Maison Arabe's cooking workshops introduce the secrets of spicing, marinating, and slow-cooking. Enjoy the fruits of your labour fresh from the tagine on the colonnaded terrace.

13:30

Order a pavement coffee, *à la française* at **Grand Café de la Poste**. This beautifully preserved, impeccably converted post office is an architectural gem and an image of colonial Morocco.

15:00

Discovered by Yves Saint Laurent in the 1960s, **Jardin Majorelle** is an exotic trail of palm and bamboo, vast cacti, and floating lilies that leads to the exquisite indigo of Majorelle fountain.

16:30

For a truly authentic-yet-decadent hammam, visit **La Sultana's** spa. Here, the 'Royal Hammam' will lead you to discover the misty joy of a proper traditional Moroccan scrub with black eucalyptus soap and a clay body wrap.

18:30

Marrakech's fabled medina and circus-like Jemaa El Fna square is a vision at sundown. Filled with henna artists, orange squeezers, artisans, and stalls, amble from vendor to vendor browsing and, naturally, haggling.

20:30

Amidst the rooftops sits the **Terrasse des Épices**. It's the talk of the town; the menu deftly combines Moroccan and French influences, balancing laid-back cool with consistently good food. 🍴

✦ select

Best countries for tea lovers

Qataris are among the world's top tea drinkers, but plenty of other countries revere the traditions of tea, which provide a fascinating glimpse into local culture and hospitality. Words by Brian Johnston

Morocco

It would be hard to visit Morocco and not be offered glasses of mint tea on a daily basis: it's a symbol of hospitality and a deeply engrained social custom. The drink is made with gunpowder tea, which takes its name from the pellets formed by the dried tea leaves, to which is added boiling water, sugar, and fresh sprigs of mint. The tea is poured from elaborate kettles, often held high above the glass, and is traditionally prepared and presented by men.

✦ Qatar Airways has daily flights from Doha to Casablanca and three flights a week to Marrakech



© SEAGULL_L / Shutterstock



© ostill / Shutterstock; © Jack.O / Shutterstock; © Deniz Toprak / Shutterstock

China

The Chinese probably invented tea drinking. Certainly, China's tea culture is at least 2,000 years old and still going strong; in fact, recent prosperity has seen another revival of interest in top-quality tea and elegant tea ceremonies. Green tea is prevalent, but black, white, and flower teas are also enjoyed. Teahouses are ubiquitous, but nowhere more famously than in Chengdu, capital of tea-growing Sichuan province, where tea drinking is often accompanied by opera and storytelling.

✦ Qatar Airways has three flights a week from Doha to Chengdu



✦ Qatar Airways flies 10 times a week from Doha to Istanbul Atatürk and twice-daily to Istanbul Sabiha Gökçen

Turkey

Turkey is the world champion when it comes to tea drinking, consuming more tea per capita than anyone else. Tea drinking is so engrained in Turkish culture that guests are offered tea as a matter of course – though the apple tea proffered to tourists in carpet shops isn't tea at all, it's a fruit drink. Turkish tea uses black leaves, has abundant added sugar, and is generally served in an elegant, small tulip-shaped glass on a saucer. The tea is grown on Turkey's moist and fertile Black Sea coast and consumed throughout Turkey and the Balkans.



© mells / Shutterstock; © SurangaSL / Shutterstock; © Sergio Sallovitz / Shutterstock; © Jane Rix / Shutterstock



Sri Lanka

This island nation is one of the biggest exporters of both black and green tea, and the tea-plantation terraces around the towns of Kandy and Nuwara Eliya in the central highlands provide spectacular landscapes. Visitors can drop by tea 'cellar doors' and taste both traditional and new varieties of Ceylon tea while admiring the scenery.

✈️ Qatar Airways flies three times daily from Doha to Colombo



United Kingdom

The British have famously been downing restorative 'cuppas' for four centuries, and in colonial times spread tea plantations and tea drinking across the planet. They remain the biggest tea drinkers in the Western world, downing 62 billion cups per year. There are few more satisfying ceremonies than afternoon tea at a grand London hotel, just the thing to restore the spirits for the remainder of the day. ☺

✈️ Qatar Airways has six flights a day from Doha to London Heathrow



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Mina Cheon - Artist

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the power of the drop
THE ENERGY TO TRANSFORM

Bosnia's Rich Coffee Culture Tradition

With Qatar Airways launching flights to Sarajevo on November 2, Eastern Europe-based travel writer Jennifer Walker takes us on a caffeinated tour to one of her favourite cities in Europe.



© Pictoms/Shutterstock



More than just a beverage, coffee in Bosnia comes served with its own distinct culture. From the handcrafted copper coffee sets made in the backstreets of Baščarija to its ritualistic preparation, Bosnian coffee captures the true spirit of this Balkan country.

"Coffee is life in Bosnia," my host Micky says as he places a *tabla* (copper tray) down on the table. The aroma wafts out of a copper-plated *džezva*, a pot accented by a long, thin handle used for pouring. He carefully spoons out the froth before serving the remaining coffee into the two *fidžan*, small ceramic cups kept warm by a copper holder.

"Bosnian coffee must have the froth," he says. "Otherwise it's bad coffee."

He instructs me to take a sip of cold water first, before offering me a sugar cube from an ornate copper bowl called a *šećerluk* – the final piece of the handcrafted *kahveni takum* (coffee set).

"Take a bite, let it dissolve under your tongue, and then take a sip of coffee," he instructs me, telling me it's the 'Bosnian way'. "It looks like Turkish coffee," I comment.

He corrects me. "This is *Bosanska kafa*, Bosnian coffee. It's similar, but different. It's ours. It's the blood of our culture. Everything happens over coffee in Bosnia. People fall in love over coffee, they make friends over coffee, and they seal business deals over coffee."



The multilayered complexity of Bosnia's coffee culture lies in its ritualistic nature, where even the Bosnian language is peppered with rich vocabulary associated with coffee drinking. *Razgalica* is the first coffee you'll drink upon waking up, *razgovoruša* is your afternoon coffee, *šetkuša* is drunk in the early evening, *dočekuša* is drunk while entertaining guests, and *sikteruša* is a coffee drunk upon farewell – and the words don't stop there.

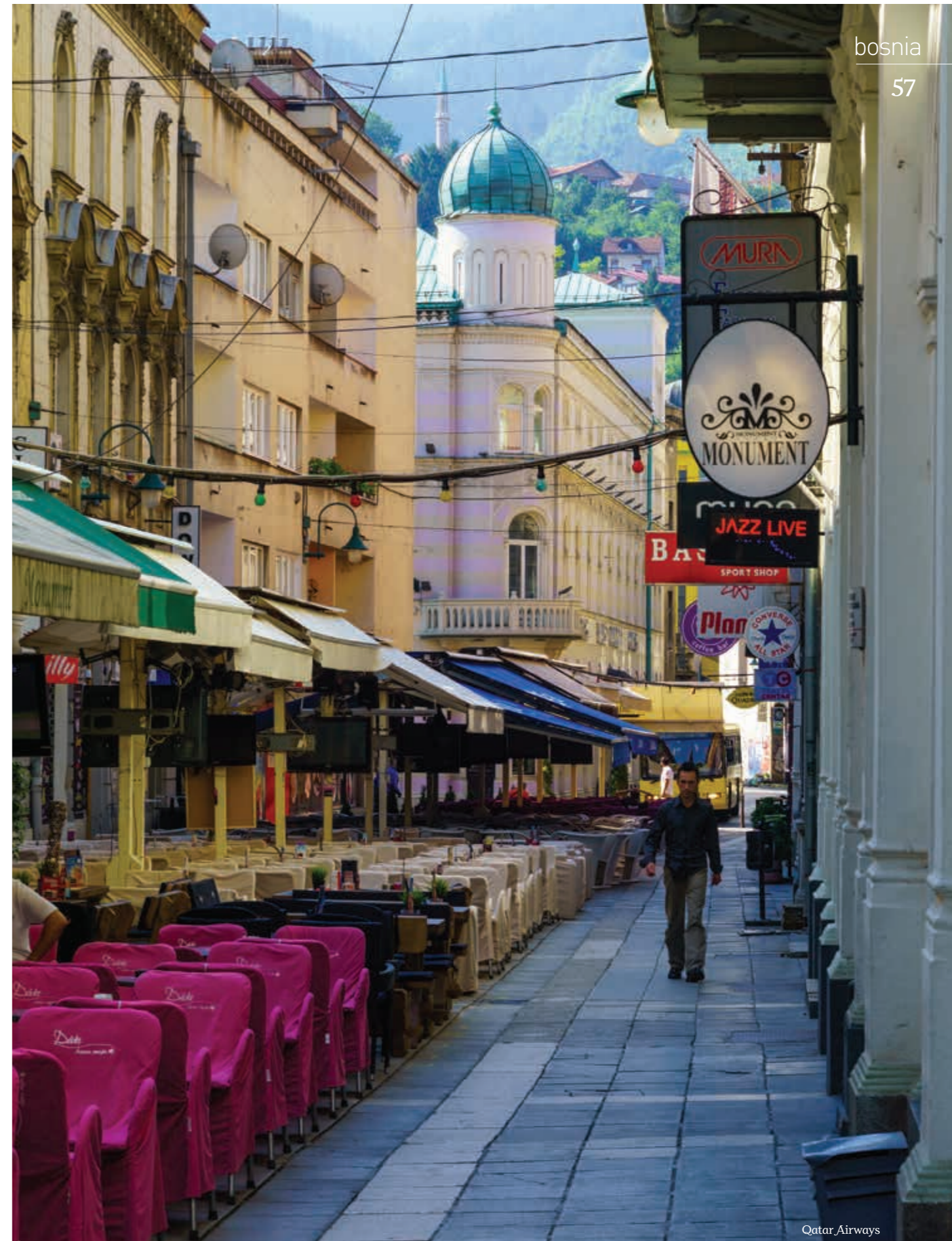
Coffee made its way from the Arabian Peninsula via Istanbul and came to Bosnia and Herzegovina with the Ottomans, who ruled the country from the 15th to the late 19th century. While there are similarities between Turkish coffee and Bosnian coffee, there are differences, and as subtle as they are – never call it Turkish coffee!

Unlike Turkish coffee, which is poured in the kitchen and served alone already in the coffee cup, in Bosnia and Herzegovina, the entire ensemble comes out with great fanfare, laid out on the *tabla*. The copper pot keeps the coffee warm for multiple helpings, and the serving ritual itself takes place at the table.

Another distinction lies in the actual preparation. The Turkish method adds the coffee and the sugar into the water before setting the *džezva* down on the stove and bringing it to the boil. In Bosnia and Herzegovina, only the water is heated to boiling point, after which the *džezva* is taken off the heat, and then the coffee, but no sugar, is added and warmed up for a few more seconds to allow the coffee to brew and the thick foam to bubble up. The difference between the two coffees might seem negligible, but the very ritual of coffee preparation is a core part of Bosnian culture.



© Sarajevo Tourism; © sote2 / Shutterstock; © RnDms / Shutterstock



© RnDms / Shutterstock



The Bosnian coffee tradition doesn't just begin in the *džežva* though – the actual coffee grounds are as important as the preparation itself.

Walking along **Sarači** and turning into a small side street running near the **Gazi Husrev-Beg Mosque**, the aroma of freshly ground coffee wafts in the air.

Coffee bean purveyor **Džemkof Minas Kafa** has remained unchanged for decades. Vintage photographs of Sarajevo line its printed walls, and large stashes of coffee beans lie scattered around the shop.

"Our beans come from Brazil," the owner tells me. "We buy them raw, and we roast them here. You buy the beans whole and grind them at home, but we can grind the coffee for you. It's important to get the texture right: it needs to be a very fine powder, almost like flour."

He runs the beans through a grinder, pulverising them before pouring the contents into a paper bag.

"It's best consumed fresh," he says. The aroma from the bag captures a smoky feel accented with a distinct nuttiness.

To immerse yourself in the Bosnian coffee tradition, explore the backstreets around 'Coppersmith's Alley', **Kazandžiluk**, where hammers knock away in the workshops, shaping sheets of copper into elaborate coffee sets, grinders, and other crafted goods.

Index café (Kazandžiluk 31) has been renovated from its retro shabby look to a more traditional folk style. However, it's still a favourite hotspot for the local coppersmiths and fans of authentic Bosnian coffee.

For a more relaxing Bosnian coffee experience, head up the side street to **Dibek** (Luledina 3). This hidden café lined with silk wallpaper is popular with young Bosnians who recline in the cushioned booths sipping coffee between puffs from a *nargila* pipe, another popular local pastime. In the summer, you can relax in the carpeted courtyard.

You can also enjoy a Bosnian coffee in the beautiful historical courtyard at **Kuća Sevdaha** (Halači 5), which houses a museum dedicated to 20th-century musicians from Bosnia's *sevdah* folk music tradition. You'll also find other local specialities, like rose water, juniper sherbet, and local sweets similar to Turkish delight.

More than just another cup of coffee, Bosnian coffee embraces the country's cultural history and hospitality. Live life like a Sarajevan – slow down and really smell the coffee. ☕



STROLLING THE BAŠČARIJA NEIGHBOURHOOD

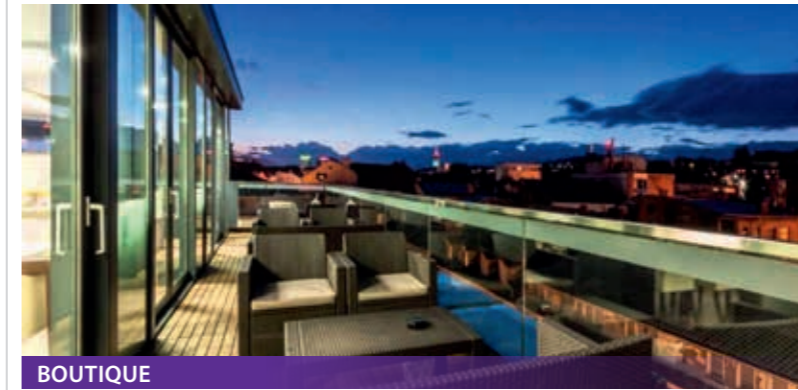
In the heart of Sarajevo's Old Town, Baščarija sprang up as a trading quarter under the Ottomans in the 15th century. Strolling round its narrow streets, the city's trading history reveals itself in the workshops of Kazandžiluk and under the domes of the historic Bezistan covered markets. At its heart, locals meet up in front of the Sebilj, a 19th-century fountain at the centre of 'Pigeon Square', nicknamed for its feathery residents. It is said that by drinking from its tap, you'll return to Sarajevo again and again.

© Sarajevo Tourism; © Andrii Lutsyk / Shutterstock



SARAJEVO HOTELS

As Sarajevo grows in popularity, a number of luxury, boutique, and cultural hotels have popped up around the city.



BOUTIQUE

CITY BOUTIQUE HOTEL

Situated at the centre of Sarajevo's Old Town, this compact hotel is a stone's throw from all the major sights. Its roof terrace provides sweeping panoramas across central Sarajevo, and with only 19 modern, comfortable, and elegant rooms, the staff here pay special attention to each guest. There is a healthy and filling breakfast on offer, and the hotel further promotes a healthy atmosphere by not permitting drinking or smoking on the premises.

Mula Mustafe Bašeskije 2, +387 33 566 850, cityhotel.ba



CULTURAL

ISA BEGOV HAMAM HOTEL

A fairly recent addition to Sarajevo's hotel world, this hotel set in a historic building with handmade carpets and Ottoman motifs succeeds in capturing the spirit of the city's Old Town. While the full Turkish breakfast offered to guests, including halal options, is a plus, the hotel's greatest attraction is its beautiful hammam, which was the first in the city. Located just across the river from the Baščarija neighbourhood, the hotel is within walking distance of most of the city's sights and restaurants. ☕ Bistrik 1, +387 33 570 050, isabegovhotel.com



LUXURY

HOTEL EUROPE

Founded in 1882, **Hotel Europe** has become an institution in the Bosnian capital. Its central location along with the hotel's 130 years of tradition combine the best Sarajevo has to offer. The hotel mixes up cutting-edge modern design with its original Habsburg features, and you'll find all the amenities you'd expect in a five-star hotel. Vladislava Skarića 5, +387 33 580 400, hoteleurope.ba



My Sarajevo

By Jennifer Walker



GAZI HUSREV-BEGOV BEZISTAN

Between Fehadija and Sarači, where Sarajevo seems to melt from Vienna into Istanbul, you'll find the historic **Gazi Husrev-begov bezistan**. This covered bazaar built by the Ottomans in the 16th century is still in use today and is a great place to pick up gifts, from jewellery and scarves to technical items, books, and even antiques. Hagglng is a fun way to interact with the locals.

Gazi Husrev-begov, +387 33 532 144



DŽENITA

The Bosnian family I stayed with promised that **Dženita** was one of the best places in town for traditional Bosnian food. The interior is simple, but the food here is lovingly homemade, especially the barley-veal soup, a hearty local dish.

Prote Bakovića 10, +387 33 236 248,
8am–midnight daily



ZLATNA RIBICA

This small café is a cabinet of curiosities filled with a collection of vintage artefacts. **Zlatna Ribica**, meaning 'Goldfish', is truly unique. It's a wonderful place to people-watch over a cup of coffee or talk to locals, and is a popular spot for artists and creatives. Its inclusive atmosphere makes it easy to strike up a conversation.

Kapitol 5, +387 33 836 348, 8am–2am daily

FAMILY ACTIVITIES



SARAJEVO ZOO

Located in the city suburbs, Pionirska dolina (Pioneer Valley) is home to the oldest zoo in Bosnia and Herzegovina. Today, Sarajevo Zoo houses over 50 species of animal, and you'll also find various activities like electric cars, playgrounds, merry-go-rounds, and trains to keep the children occupied, as well as beautiful walks if you're looking for something set more in nature.

8am–8pm daily, Patriotske lige 58, +387 33 560 567. park.ba

ZETRA OLYMPIC COMPLEX

In 1984, Sarajevo held the Winter Olympics, and today the complex is one of the city's biggest sport and culture complexes. In summer, the complex is home to ZOILAND, a recreational area offering a fun park, playground, and other recreational activities. Alipašina b.b., +387 33 212 035. zoi84.ba

PLAYLAND

This amusement park in the centrally located Sarajevo City Center (the largest shopping centre in the city) spreads out over an area of 4,000m². You'll find children's play areas, bowling, billiards, play houses, ball pits, and simulator games, among other attractions for children. The facility is not only fun for the children, but its attentive staff also make sure your children are under constant supervision. 📍

Fra Anđela Zvizdovića 1,
+387 33 733 090. scc.ba

FLIGHT FREQUENCY

Beginning November 2, Qatar Airways will operate a thrice-weekly service from Doha to Sarajevo

QU: Gaining key achievements in world rankings

- # 1 in the Arab world in Round University Rankings
- # 1 in international collaboration in THE World University Rankings 16/2015
- Placed among the top 500 universities in the world in the QS World University Rankings 16/2015





AWE AND WONDER

On September 28, Qatar Airways launches flights to Windhoek, gateway to the arid wonderland of Namibia. Writer Tess Paterson takes us on a road trip through a world of giant dunes, lunar landscapes, and extraordinary wildlife.



Vast and rugged, Namibia is not a destination to be rushed. From the parched northern Kunene region to the tidy fog-swept Eurocentricity of Swakopmund, it's a rare blend of contrasts, true wilderness, and adventure.



Situated at the very centre of the country, **Windhoek**, Namibia's capital city, is a sun-baked spot with a small-town feel. Surrounded by low mountains, the central business hub morphs rapidly into suburbia. A former German colony, modern Windhoek is suffused with the language and buildings of another time. Take the Tintenpalast, or the rather lovely Windhoek Railway Station on Bahnhof Strasse, circa 1912. While the official language is English, you're as likely to hear German and Afrikaans as you are Oshiwambo, the lingua franca of almost half the population. As the start-and-end point for most holidaymakers, this cosmopolitan city boasts a number of good guesthouses and vibrant eateries. A frontier town of sorts, it's imbued with an upbeat sense of anticipation that precedes a longed-for adventure.

From Windhoek, it's a five-hour drive to **Sossusvlei** – the vast salt and clay pan surrounded by ruddy dunes. Situated in the Namib-Naukluft National Park, this remarkable coastal desert region forms part of the Namib

Sand Sea World Heritage Site. Laden with bottled water, we immediately begin the slog to the top of Big Daddy, the area's tallest dune at around 325m. Even in autumn, it's a vivid scorcher of a day, so it's heads down, focusing on the dune's crisp undulating spine. From the top, the view is extraordinary. Deadvlei below is an expanse of dry clay – punctuated by wind-parched camel-thorns thought to be almost a millennium old.

There's no shortage of luxury accommodation on the park's edge, and Wilderness Safaris' **Little Kulala Camp** has the added bonus of its own private entrance to Sossusvlei. Eleven thatched suites are dotted along the desert floor, surrounded by breathtaking nothingness. Pared-down stone-linen interiors aside, each suite has a private plunge pool and, to my delight, a rooftop bed if you feel like sleeping beneath the stars.

"The Namib is the oldest coastal desert in the world, filled with fascinating adaptations," comments

Wilderness Safaris marketing manager Carli Fremmer. "In the northern parts, you'll find both desert-adapted black rhino and elephant, and you may well see a lion heading down a red dune. While these animals might look familiar, they behave in a completely different way in this harsh environment."

Here in the south, you'll find resilient residents such as oryx, springbok, and ostrich. "Our regular sightings range from brown hyenas and aardwolf to the bat-eared fox," adds Carli, "but our guests are drawn in by the smaller sand-dwelling creatures too. Nothing captures the sound of the desert like the barking gecko."

Around 40km south of the Sossusvlei entrance lies the **NamibRand Nature Reserve**. A model of low-impact, high-quality tourism, this not-for-profit was founded in the mid-1980s when a series of former livestock farms were returned to nature. "The desert is a sensitive ecosystem, and having large groups of tourists did not bode well for its preservation," says NamibRand





CEO Nils Odendaal. By allowing tourism concessions and collecting park fees, Nils's small team has created a holistically managed, financially sustainable reserve. At 220,000 hectares, it's also one of the largest private reserves in Africa. "Our guarantee of small guest numbers provides a true wilderness experience," Nils adds. Put simply, that's a total of 220 guests in an area the size of Mauritius.

Accommodation in the NamibRand ranges from upmarket camping to ultra-luxurious lodges. &Beyond's **Sossusvlei Desert Lodge** is a beautiful counterpoint to the distant rugged dunes; it's all bone-coloured elegance and unapologetic comfort. Torn between chilling and going a little Mad Max, you'll be hard pressed to say no to the many activities on offer. Eric Hesemans' **Namib Sky Balloon Safaris** operates daily sunrise flights. "The Sossusvlei region is probably the biggest attraction in Namibia right now," he says. "The desert is incredibly beautiful, and the flights are all about the landscape; any game is an added bonus." Eric begins by ascending to 1,000m to give an eyebrow-raising overview. Then there's a leisurely descent, with a bit of artful hovering just centimetres above the coral-coloured dunes. After meandering

for some 20km, we land just in time for an indulgent outdoor breakfast.

Some 400km north of Windhoek lies **Etosha National Park**. Accessible, malaria-free, and teeming with game, this pristine reserve has an atmosphere like no other. Watching an enormous elephant enjoying a dust-bath in the chalky white sands sums it up: timeless rhythms, the constant quest for water, and a blinding, shimmering heat-haze. One quarter of the park is covered by the Etosha pan – an aeons-old depression which, after exceptional rains, reverts to a shallow lake, attracting thousands of migrating flamingos.

If you're staying at one of the park's six camps, the floodlit waterhole at **Okaukuejo** is recommended. From significant sightings, such as the endangered black rhino, to the 'lesser' creatures, like the eight owl species that call Etosha home, this park should not be missed.

Namibia's stark and isolated coastline runs from the Skeleton Coast in the north to the Sperrgebiet in the south. Roughly halfway, just a little south of Swakopmund, is **Sandwich Harbour**. Die-hard Namibian Theunis Keulder runs **Sandwich Harbour 4x4**, specialising in tours of this stunning

ecologically sensitive area. He also charts catamarans into the open sea, an experience which he describes as a brilliant day out for families. "The magic is the nature; it's virtually untouched," he enthuses. Sandwich Harbour forms a natural tidal lagoon surrounded by vast dunes, and access is totally tide-dependent. "It's a Ramsar Site (wetland of international importance), as is the nearby Walvis Bay Lagoon, so the birding is outstanding," he explains. "On a good day, we'll see up to 50 different bird species, including the endemic dune lark."

From its ever-shifting dunes to its inselbergs and drought-accustomed animals, this timeless, windswept country will continue to beckon you back. 🌌



STARS IN YOUR EYES

With its 825,000km² of wild, sparsely populated space, Namibia is one of the best star-gazing regions in the world. The International Dark Sky Association has designated the NamibRand Nature Reserve as a Gold Tier International Dark Sky Reserve. "Thanks to its exceptionally dark skies, NamibRand is only the second place on earth after Big Bend National Park in Texas to achieve Gold Tier status," explains Nils Odendaal, CEO of NamibRand. At Sossusvlei Desert Lodge, a state-of-the-art observatory is available to guests, complete with a Meade telescope and resident astronomer. See the Milky Way in all its vast, silent perfection. Utterly unforgettable. darksky.org





MY WINDHOEK

By TESS PATERSON



KATUTURA BICYCLE TOUR

Experience the vibrant heart of Windhoek on a guided bike tour through the township of Katutura. During Apartheid rule, this blacks-only suburb was given the name 'the place we do not want to be'. Enjoy a leisurely half-day cycle, stopping at the Penduka Project, known for its handcrafted textiles, the bustling market, and the Goreangab Dam. wilddog-safaris.com



HOTEL HEINITZBURG

If you're starting off your Namibian tour or are just in town for business, a sundowner at this quirky, castle-themed spot is just the ticket. The garden terrace looks out over the town – a stunning sight at night – and there's Leo's at the Castle if you're after a gourmet-type meal. Commissioned by a German count for his fiancée over a century ago, this hotel on the hill is a Windhoek institution. heinitzburg.com



GET CRAFTY

Indulge in some souvenir shopping at the Namibia Craft Centre – you'll find it in Tal Street at the Old Breweries Complex. A wonderful place for gifts, it's home to 40 stall-holders from various parts of the country. From wild-silk scarves and black-and-white photographs to ostrich-shell jewellery, the selection is extensive. Keep an eye out for the current exhibition at the Omba Gallery, and finish off with coffee and cheesecake at the Craft Café. namibiapcraftcentre.com

NAMIBIA FOR THE FAMILY

SCENIC HORSE-RIDES

Just 15km north of Windhoek, in the Eros Mountains, Equitrails offers horse-riding for all levels. Overseen by passionate equestrian Sam McCartney, the guided sundowner rides through the valleys and river beds are a great way to experience your surroundings. For the more adventurous, there's a four-hour trip into the mountains with breakfast and panoramic views. And, if time allows, enjoy a serene day-ride with picnic and game-spotting en route. equitrails.org

DUNE BOARDING

From a towering 100m sand dune outside Swakopmund, Alter Action offers both lie-down and stand-up sandboarding. Accompanied by experienced instructors, you'll begin by lying on your stomach and whizzing headfirst down a practice slope. By the third ride (called 'Lizzie'), you'll be confident with speeds up to 60kph; faster still from the heady slope called 'Dizzy'. Suitable for children 10 years and older; younger children are welcome to ride with a guide. alter-action.info

ROCK OF AGES

Twyfelfontein, northwest of Windhoek, is Namibia's first World Heritage Site. Not only is the scenery spectacular – vast boulders, open plains, bleached grass – but it's a priceless open-air gallery of rock art. Around 2,000 engravings exist, thought to be up to 6,000 years old. The work of San hunter-gatherers, it's a stunning record of animals, people, and ritual, etched on flat and upright slabs. This moving, timeless place shouldn't be missed. whc.unesco.org

FLIGHT FREQUENCY

Beginning September 28, Qatar Airways will fly four times a week from Doha to Windhoek



NAMIBIAN GETAWAYS

A notable contrast to the rugged landscape, Namibia has some outstanding luxe getaways. This is simply the best way to chill when you're on or in between safaris.



LUXURY

MUSHARA VILLA

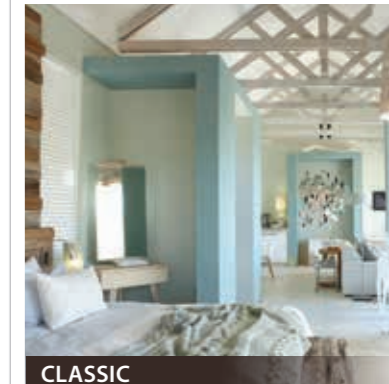
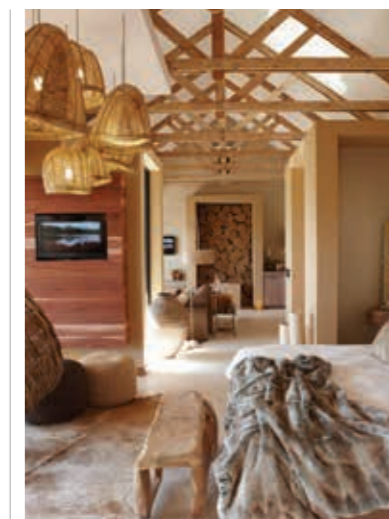
On the outskirts of Etosha National Park, eight kilometres from the Von Lindequist Gate, this luxurious retreat forms part of the Mushara Collection. Just two private villas make it an ideal escape – a serene and exclusive foil to a morning's game-watching. Amply sized with 140m² of living space, here you can catch up on some reading in the intimate library. Or, relax in your own private sala next to the plunge pool. High on privacy and comfort, this is a fantastic way to experience Etosha. mushara-lodge.com



BOUTIQUE

BOULDERS SAFARI CAMP

The newest addition to the renowned Wolwedans Collection, this exclusive camp offers just four luxurious tents in the southern part of the NamibRand Nature Reserve. It's a classic safari experience, with guided drives, superb walks, and a nearby plateau that has quite epic views for sundowners. Perfect for a two-night stay, either for couples or a group of eight, it's a worthwhile add-on to neighbouring lodges such as Dune Lodge, or &Beyond's Sossusvlei Desert Lodge. wolwedans.com



CLASSIC

THE OLIVE EXCLUSIVE

Windhoek's first all-suite hotel is a coolly contemporary spot with a distinctly African heartbeat. Overlooking an olive grove, the seven suites (three Junior suites; four Premier with private plunge pools) reflect carefully considered luxury. From your own dining room to Wi-Fi and satellite TV, it's a stylish, well-equipped base to begin your holiday. The modern interiors are richly textured – raw timber floors, tactile rugs – with notable photographic artworks by South African Micky Hoyle. Savour breakfast at The Olive Restaurant. theolive-namibia.com

Your guide to Rio de Janeiro

An estimated half a million visitors will travel to Brazil for this year's Olympic Games. Here are some of our favourite hotspots in Rio de Janeiro to help you plan your trip.

Words by Claire Bloomfield

Fans from all over the world are planning to attend the Rio 2016 Olympic Games, the first to be staged in South America. But what can you expect from this vibrant city?

With its pristine beaches, dramatic mountain backdrops, and famous samba rhythms, Rio de Janeiro is a destination bursting with colour, culture, and history.

Sitting on the southern shore of the magnificent Guanabara Bay, the best time to visit, at least as far as the climate goes, is between May and August – and luckily for you, the Games get underway on August 5.

The race for Olympic medals will take place in 32 venues across Rio de Janeiro, plus five football co-host

cities including Belo Horizonte, Brasília, Manaus, Salvador, and São Paulo. The purpose-built Rio Olympic Velodrome, which is to be used as a training centre for high-performance athletes after the Games, is one of the most spectacular venues in the Barra Olympic Park.

The new 118-hectare park was constructed in the west of Rio on what was once a motor-racing track. This summer it will host 16 Olympic sports and nine Paralympic sports.

And, in between watching Jamaican sprint king Usain Bolt roaring to the finish line and Qatari hero Mutaz Essa Barshim defying all odds to clear remarkable heights in the high jump, there's plenty to keep you occupied.



BELMOND COPACABANA PALACE, COPACABANA

With a prime location directly overlooking Copacabana Beach, Belmond Copacabana Palace is one of the finest luxury hotels in Rio de Janeiro.

For over 90 years, this landmark hotel has been popular with the rich and famous, and naturally, the property is synonymous with old-time Rio glamour. Six of the seven stunning Penthouse Suites, each with a private terrace, also have sea views, and the penthouse floor offers a butler service so your every wish is their command during your stay.

Complete with a stunning pool, rooftop tennis courts, and the Copacabana Palace Spa, this is the perfect luxury retreat in Rio. The legendary brunch at the in-house Pégula restaurant should be at the top of your to-do list.
belmond.com



APRAZÍVEL, SANTA TERESA

This charming spot offers a more formal dining experience. You can enjoy al-fresco meals with breathtaking views of Guanabara Bay and the Rio–Niterói Bridge. The somewhat hidden Aprazível in Santa Teresa serves traditional Brazilian cuisine with outside influences from both Europe and Africa.

The district of Santa Teresa is named after a 17th-century monastery on top of the hill, and you can make the journey on the historic tram, which dates back to 1896.
aprazivel.com.br



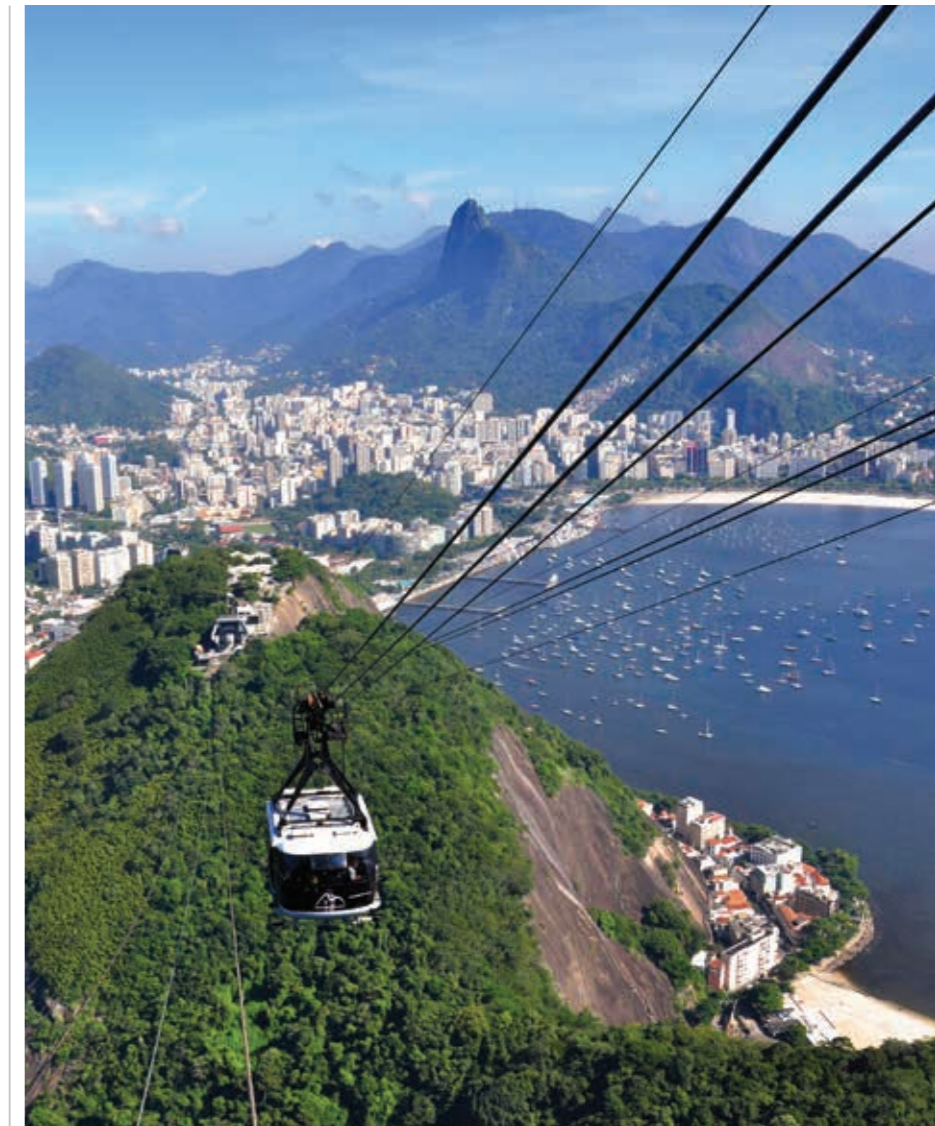
PLATAFORMA SHOW, LEBLON

Why not revel in the colour and excitement of Rio's Carnival all year round at a nightly Plataforma show? You're in for an evening of spectacular music, capoeira, outrageous costumes, and of course samba.

Set in the Leblon neighbourhood, Plataforma is one of the most talked-about venues in the city. The show kicks off at 9pm and includes a barbecue buffet of marinated meats from its Brazilian steakhouse.

There's even a chance to put your moves to the test on stage alongside the talented performers. A final Carnival-style parade closes the show, and the live music continues late into the night. We promise you'll be tapping your feet in no time at all.

Taking a guided tour of the different samba schools around the city can give you a unique insight into the Carnival preparations, and they are well worth a visit if you enjoy the show.
plataforma.com



HALF-DAY TOUR: SUGARLOAF MOUNTAIN

Sugarloaf Mountain stands proudly over Rio de Janeiro and is arguably one of the city's most famous attractions. No trip to the destination is complete without an up-close-and-personal experience.

The mountain-top vantage point comes courtesy of the enormous granite monolith that towers 396m above the harbour. Sugarloaf Mountain boasts sweeping panoramic views from the cable car as you make your way to the top – although it's not for those with a fear of heights.

They say one of the best times to visit the Sugarloaf is sunset. It's not to be missed – particularly if you're a keen photographer.

Daily guided tours usually include transfers from your hotel, plus lunch and an evening meal.
riodejaneiro.com



COPACABANA BEACH

This four-kilometre-long beach is a hub of activity all year round, and no sun-lover's holiday to Rio is complete without a stroll along one of the world's most famous beaches. The southern end, Arpoador, a spot hugely popular with the city's surfing community, is also one of the best spots in the city for watching the sunset according to the locals.

Beach soccer is by far the most popular sport here, and you are sure to find games being played every few hundred metres throughout the day, right into the early evening. Also popular with the likes of FC Barcelona star Neymar, it's easy to see how the nation has four FIFA Beach Soccer World Cup titles to its name.

visit.rio



OLYMPE, LAGOA

Widely tipped as the city's number-one European dining experience, Olympe is home to one of the top chefs in Rio, Claude Troisgros, and his son Thomas. Together they dazzle their guests with award-winning French cuisine made with Brazilian ingredients in their Jardim Botânico-based establishment.

The grouper fillet with caramelised bananas, lime, onions, herbs, and raisin sauce, and duck breast with passionfruit, caramelised endives, and foie gras both come highly recommended. But you would be wise to opt for the chef's tasting menu to sample a wide selection of Troisgros's unique flavours and aromas.

The restaurant was named in Latin America's top 50, and this is a spot popular with locals and tourists alike. Make sure you secure your table in advance via the restaurant's website to avoid disappointment.

olympe.com.br

© Tomás Bangel; © Ricardo Zerenner / Riotur

**Eighty Seven Park
by Renzo Piano**

Where park meets the ocean.

Eighty Seven Park is a selection of private, oceanfront homes designed to seamlessly embrace both park and ocean. Located in Miami Beach's newest neighborhood, it is the first residential project by Pritzker Prize-winning architect Renzo Piano in the USA.

By appointment only: 305 744 5869
eightysevenpark.com



**Terra | Bizzi & Partners
Development**

Exclusive sales by Douglas Elliman Development Marketing

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Exhibitions



✦ exhibitions

Until July 7

Shifting Sands:

A Journey of Qatar and Its People

Sheikh Faisal Bin Qassim Al Thani Museum

Drawing on the eclectic collection of the Sheikh Faisal Museum, the Museum and Gallery Practice MA students of UCL Qatar are organising and curating an exhibition as part of UCLQurates. The exhibition seeks to highlight the changes of Qatar's cultural landscape through objects from the collection, and stories collected from citizens and residents. uclqurates.squarespace.com

Until August 9

Micro Invasion by Masakatsu Sashie

Anima Gallery, The Pearl-Qatar

Best known for his orb paintings of a fictional world filled with futuristic warnings about environmental dominance and over-consumption, Japanese artist Masakatsu Sashie's Micro Invasion exhibition features landscapes that resemble landfills – comprising towering piles of glowing televisions, vending machines, vehicles, and other industrially manufactured products.

animagallerylounge.com



Until July 16

What About the Art? Contemporary Art from China

QM Gallery Al Riwaq

qm.org.qa



Until September 4

FOCUS: Works from Mathaf Collection Vol. 2

Mathaf: Arab Museum of Modern Art

mathaf.org.qa



Until September 11

Red/Red: Aslı Çavuşoğlu at Project Space

Mathaf: Arab Museum of Modern Art

mathaf.org.qa

Ramadan events



Sihr Al Sharq Sharq Village and Spa

Located in Al-Dasha Ballroom, Sihr Al Sharq or 'Magic of the Orient' welcomes guests as family for Iftar and Suhoor, to the sound of oud players and an oriental live band. sharqvillage.com



Ramadan Souq The St Regis Doha

The Grand Ballroom will be transformed into a Ramadan souq experience, while Al Sukaria is a new additional tent located in the great Al Gassar Ballroom. stregisdoha.com



Ramadan Tent La Cigale

An extravagant buffet with live cooking stations, featuring a wide variety of oriental and international dishes, and tantalising desserts. lacigalehotel.com



Ramadan Tent The Ritz-Carlton, Doha

A '1001 Arabian Nights'-inspired Ramadan tent in Al Wosail ballroom will feature live carving stations, regional cuisines, fresh salads, and tempting desserts. ritzcarlton.com



Ramadan Tent Marsa Malaz Kempinski

Experience the multi-awarded Levantine cuisine of Al Sufra, headed by Chef Julien Al Khal, along with other Middle Eastern-inspired specialities. kempinski.com



Saray Ramadan Tent Mövenpick Hotel West Bay Doha

The delicious international buffet includes a fusion of traditional Ramadan favourites, local Qatari cuisine, and live cooking stations. movenpick.com



Ramadan Tent Four Seasons Hotel Doha

Located within the newly renovated Al Mirqab Ballroom, the tent features a special Iftar and Suhoor menu with traditional Arabic dishes and an array of international cuisines. fourseasons.com



The Shangri-La Tent Shangri-La Hotel, Doha

An impressive line-up of live cooking stations offer shawarma and saj, sushi, dim sum, and more. A bespoke à la carte menu features Arabic and Asian favourites for Suhoor. shangri-la.com



Sultan Tent W Doha Hotel & Residences

Celebrity chef Greg Malouf is in Doha for the first time to present his unique brand of contemporary Middle Eastern cuisine. whoteldoha.com

Maritime history

Qatar's unique geography has shaped the country's daily life for hundreds of years.

Words by Kate Lord Brown



Nestled at the heart of the city beneath the soaring contemporary buildings along Doha's beautiful Corniche, the old port gives a glimpse of Qatar's past. Through the arches of the Museum of Islamic Art, visitors can see dhows moored below. The boats were used for centuries for pearling, fishing, and trading. Dhow is a generic term for Arabic boats, but it was the *shuw'i* which was most popular, and many can be seen in the port. The boats were ideally suited to the shallow waters of the coast and used for fishing and pearling from Al Khor to Al Wakra. *Jalibuts* were also a popular choice for trading and pearling.

Qatar's first inhabitants settled as early as the 4th century BCE, and in the 5th century BCE, the Greek scholar Herodotus had referred to seafaring traders living in the country. Just as Doha is now an important global aviation hub, for centuries it has been ideally located for sea traders, and valuable cargoes of copper, spices, teak, and sandalwood passed through

Qatar's shores, where they were traded for pearls, dates, gold, and purple dye. The dye, known as 'Tyrian purple', was produced by early settlers from crushed shells on Al Khor island, and the maroon colour of the Qatari flag is in part a tribute to this vital part of the country's history.

As a result of sea trading, Qatar became one of the richest places in the Gulf during the 2nd and 3rd centuries BCE, and grew as an important geographical link between the East and West. During the Greco-Roman period, Qatar's main exports were pearls and dried fish, and the pearls were particularly prized in India. Pearling was a harsh life, with the boats at sea for many months during the summer 'big dive' from June to September. The divers swam from dawn until dusk, free-diving down to the oyster beds offshore. The divers risked dehydration, malnourishment, and the effects of diving hundreds of times a day in search of the elusive pearls. Natural pearls reached their height of popularity during the 19th century, when the more affordable cultured pearl came into fashion. As Qatar transformed into an independent state with rich natural gas and oil

reserves, pearling declined in the region. Now, Qatari pearls are rare and highly prized.

Throughout the last millennium, Qatar's importance as a sea-trading nation grew, with silks, spices, amber, gold, silver, and horses traded between Europe and the East. As oil revenues brought rapid development and growth during the 20th century, many families moved to the capital, Doha, leaving their sea-trading history behind; but it is still possible to see some of the merchants' houses in places like Al Wakra, where the riches they gained importing precious cargoes built luxurious two-storey houses near the water.

Now, as Qatar continues to grow and develop, a new era at sea beckons. Qatar's fishing fleet is still busy supplying the three fish markets at Al Khor, Al Wakra, and Doha, employing some 3,500 fishermen. Meanwhile, the country's importance as a maritime trading point is reflected in the megaproject New Port being built to the south of Doha, which will be one of the world's largest greenfield port developments. npp.com.qa



The new National Museum of Qatar will celebrate local culture and history, with exhibition space devoted to 'Life at Sea' and pearling. The architect, Jean Nouvel, said the museum will deliver "a message about the metamorphosis of modernity and the beauty that happens when the desert meets the sea". qm.org.qa

QATAR

QATAR SUMMER FESTIVAL

Family-friendly entertainment, comedy acts, hotel offers, and giveaways are some of the highlights during this year's Qatar Summer Festival.



The month-long celebration, called 'Colour your Summer', will run from August 1–31 with a wide range of activities planned for the entire month.

Doha Exhibition and Convention Center (DECC) is being transformed into an 'Entertainment City' for the festivities, with different sections to target all age groups, including 80 arcade games, impressive electronic rides, a variety of cartoon characters plus a digital-based activation and augmented reality hall, alongside shopping stalls, and a mini food festival.

The festival will also include a range of live ticketed events. These include Doha Comedy Festival, which will feature a weekend of the top 25 regional and local stand-up comedians, while the Qatar Summer Concerts will include several nights of Arabic and

Khaliji concerts. A one-day football tournament called 'Street Madness' will feature short matches with teams led by a well-known regional influencer, and entertainment between games.

While most events will be held at the DECC, shopping promotions will take place within participating malls, including promotions and sales, weekly raffle draws with sought-after prizes, stage and roaming shows, and interactive entertainment for kids.

In addition, over 50 hotels across Doha have special offers for visitors during the festival, including three nights for the price of two and six nights for the price of five, free children's meals, and late check-out. ✕

qatarsummerfestival.qa



Experiences to last a lifetime

Create memorable moments together as you explore the most exciting cities around the world. Amazing journeys start with Qatar Airways.

qatarairways.com



GOING PLACES TOGETHER



Qatar Airways
Globetrotter



#QRGlobetrotter

PRIVILEGE CLUB

ADVENTUROUS GETAWAY

Experience new cultures as you take an adventure to any of our spectacular destinations. With the first theme of the **Qatar Airways Globetrotter** campaign you can now explore places like Bali, Colombo, Johannesburg, and many more. Fly to any of the featured destinations between **now** and **July 25, 2016** and earn up to **15,000 Qmiles** per flight. The more you fly, the more bonus Qmiles you will earn.

In addition to the bonus Qmiles, you'll also be awarded the **Adventurous Getaway badge** at the end of this theme. This badge is one of the four badges required to receive even more bountiful rewards such as **100,000 bonus Qmiles** and a single **tier-upgrade** at the end of the **Globetrotter** campaign in March 2017.

If you're ready to embark on a thrilling safari adventure in Nairobi, interested in exploring the rich history of Kathmandu, or seeking to discover the famous island of Bali, then this campaign is the perfect fit for you.

EARN 250 QMILES AS A REGISTRATION BONUS

To be eligible for the **Qatar Airways Globetrotter** campaign, a one-time registration is required. If you are yet to register, please log in to your account and select **'My offers'** on your dashboard menu, click on the **Qatar Airways Globetrotter** campaign and **register at least 24 hours before you travel**. The one-time registration bonus of **250 Qmiles** will be credited to your account within one month after the end of the theme.

Please ensure you quote your membership number at the time of reservation or check-in so that your Qmiles are automatically credited to your account.

To book your flights, visit qatarairways.com. Alternatively, you can contact your nearest Qatar Airways office or your local travel agent.

Not yet a Privilege Club member? Please visit qmiles.com to enrol online and for more details on these offers. ✎

QATAR
AIRWAYS القطرية

نادي الإمتياز

إنطلاق المغامرة

إكتشف ثقافات جديدة و إشرع في مغامرة شيقة الى أي من الوجهات الرائعة لدينا. في السمة الأولى من حملة الرحلة من الخطوط الجوية القطرية يمكنك الآن إكتشاف مدن مثل بالي، جوهانسبرج، كولومبو و المزيد. حلق إلى أي من الوجهات الموضحة من الآن حتى ٢٥ يوليو ٢٠١٦ و إربح ما يصل إلى ١٥,٠٠٠ كيوميلز عن كل رحلة.

كلما زادت رحلاتك كلما زادت الكيوميلز التي ستربحها. بالإضافة إلى مكافأة الكيوميلز، سيتم منحك شارة المغامرة في نهاية السمة. هذه الشارة هي أحد الشارات الأربعة المطلوبة للحصول على المزيد من المكافآت الوفيرة، مثل ١٠٠,٠٠٠ كيوميلز مكافأة و ترقية درجة واحدة في نهاية حملة الرحلة في مارس ٢٠١٧.

فإذا كانت لديك الجرأة للذهاب إلى رحلة سفاري في نايروبي، أو إذا كنت مهتم في استكشاف تاريخ كاتماندو الغني، أو أردت إكتشاف جزيرة بالي الشهيرة، فهذه هي الحملة الميثالية لك.

سجل الآن و اربح ٢٥٠ كيوميلز

للتأهل للإستفادة من حملة الرحلة من الخطوط الجوية القطرية، يتطلب التسجيل لمرة واحدة، إذا لم تكن قد سجلت، يرجى تسجيل الدخول إلى حسابك و إختيار «عروضي» من قائمة اللوحة الرئيسية و التسجيل في حملة الرحلة من الخطوط الجوية القطرية قبل سفرك بـ ٢٤ ساعة على الأقل. سيتم إضافة مكافأة تسجيلك لمرة واحدة و قدرها ٢٥٠ كيوميلز في حسابك في غضون شهر بعد نهاية مدة عرض السمة. تأكد من إضافة رقم عضويتك عند الحجز أو إنهاء إجراءات الصعود للطائرة لضمان إضافة الكيوميلز في حسابك ألياً. لحجز رحلاتكم، يرجى زيارة qatarairways.com أو الاتصال بأقرب مكتب للخطوط الجوية القطرية أو أو وكيل السفر المحلي لديكم.

لست عضواً بعد في نادي الإمتياز؟ يرجى زيارة qmiles.com للإضمام عبر الإنترنت ولمزيد من المعلومات حول هذه العروض. ✎

تطبق الشروط والأحكام. Terms and conditions apply.

Educate A Child

Confronting barriers to girls' education in Kenya

Since Kenya introduced free primary education in 2003, enrolment rates have increased to 84 per cent. However, in some regions, where poverty levels and gender inequality are high, only 19 per cent of girls are enrolled in school.

In Kenya, where primary education is free, families often must pay for textbooks, uniforms, and teachers' salaries. Additionally, when children attend school, they are not contributing to the family's income. These costs and perceived losses make it difficult for families to justify sending a child to school. Particularly in communities such as Nashipai's, where girls are expected to marry early and join their husband's family, parents do not readily see how education benefits their daughters or the family.

Nashipai's family is part of a pastoral community in Kajiado, dependent on their cattle for food and income. During the day, she would look after the cattle, so her brothers could attend school. Even though she lived less than a kilometre away, Nashipai was not allowed to enrol.

The Girl Child Network (GCN), in partnership with Educate A Child, started organising community discussions in Nashipai's village on the importance of educating girls. During one discussion, the facilitator asked the participants if they knew of any children who were out of school. People laughed and pointed to a man sitting among the group. 'I live just a few metres from a school, but my daughter isn't enrolled,' he quipped.

GCN staff met separately with the father and area chief. Together, they discussed his child's rights to education and informed Nashipai's father of the consequences of not letting his daughter attend school. He was trying to be



practical by keeping Nashipai at home, he explained. He had never thought of education as a right. After the meeting, he agreed that the best place for his daughter was in school. He went home and enrolled her in primary school.

Nashipai's mother was thrilled her daughter would now go to school, remarking, "I am so happy you discovered my daughter and gave her a chance to attend school like the others." Equally, Nashipai's father was grateful, saying, "Thank you so much for coming to our village to share how important it is to take all of our children to school. Anybody could have enforced the laws on us, but we're thankful you taught us first." ✎

Passengers on board Qatar Airways flights will find EAC donation envelopes in every seat back.

For more information, please visit our website: educationaboveall.org

[Education Above All](https://www.facebook.com/educationaboveall)
[@eaafoundation](https://twitter.com/eaafoundation)

Educate A Child
Supported by Qatar Airways.



A programme of **education above all™**



Hamad International Airport: Time well spent

Layovers are a part of international travel. But that doesn't mean your time should be spent sitting at the gate. The gleaming new Hamad International Airport (HIA) was designed with the global traveller in mind, cultivated by Qatar Airways' expert knowledge of traveller wants and needs and extensive consumer research.

THREE TOP TIPS



First stop for all those essentials should be the extensive Qatar Duty Free outlets. There are 12 speciality stores to check out, as well as last-minute shopping at the QDF express shops on each concourse. Plan your shopping spree with our QDF directory on page 90.



Pick up beautifully packaged gifts for family and friends at Marmalade Market. A plethora of tasty treats, some unique to HIA, are sourced from leading brands across the globe, and include biscuits, honey, olive oils, and Turkish delight.



Let kids run off any steam on one of the beautiful Tom Otterness copper playgrounds. See how many little people you can find!



Less Than 1 Hour

Pick up all your duty-free essentials from **Qatar Duty Free**, which also has express shops near the gates. To relax, **Oryx Lounge** offers comfort with superior hospitality, food and beverage services, a smoking room, business centre, lockers, a quiet zone, Internet, and a gaming room for kids. Walk-in passengers are welcomed any time for a nominal fee of QAR200 (US\$55) per person – complimentary for children aged three and below – valid for six hours, after which additional fees apply. Admission is granted on a first-come, first-served basis and is subject to availability.

4–6 Hours

A perfect amount of time to enjoy a sit-down meal. Choose from **Qataf Café**, which serves traditional Arabian cuisine with a modern twist; **Soprafino**, for Italian-style fine dining from celebrity chef Massimo Capra; and **Le Grand Comptoir**, a French brasserie-style restaurant. There's also **Caviar House & Prunier Seafood Bar** where everything is freshly prepared in front of the guests.

1–2 Hours

Feeling peckish? Stop in at **Eat Street** where you can travel the world of food, or **IN-Q Café**, where you can savour healthy bites with a touch of Middle Eastern influence, daily baked goods and barista-brewed coffees. Go on a whistle-stop art hunt, starting at **Urs Fischer's** unmissable seven-metre centrepiece **Untitled (Lamp/Bear)** in the main concourse, and seek out the many other inspiring pieces by celebrated artists. If you feel like a last-minute pampering, in just 30–40 minutes you can have an express blow-dry or manicure at **Nails**, located inside the **Blush** boutique.

6–8 Hours

The **Airport Hotel** offers four-star hospitality for stays as short as five to eight hours, making the hotel ideal for those with any significant layover. A focused **Vitality Wellbeing & Fitness Centre** features a temperature-controlled 25-metre swimming pool, fully equipped gymnasium with personal instructors, and a pair of squash courts, as well as a spa where you can unwind with a soothing massage and facial.

2–4 Hours

Qatar Duty Free's revolutionary retail area offers unprecedented access to top international brands – signature watches at **GMT**, electronics at **Pulse**, the chance to meet a dinosaur and interact with toys at **Bumble Tree**, contemporary fashion at **Junction**, and the quintessential gentleman's boutique at **Esquire** are just some of the unique offerings! Enjoy a walk down the fashion boulevard, featuring international designer boutiques such as **Hermès**, **Bulgari**, and **Chopard**. Of course, you can also spend time shopping at one of the expert beauty counters in the world's largest airport perfume and cosmetics hall.

More Than 8 Hours

Seeing the wonders of Qatar itself is a great way to spend an extended layover. **Qatar Airways** and **Qatar Tourism Authority** operate from the airport a free, three-hour bus tour of Doha's major attractions including the **Museum of Islamic Art**, the **Corniche**, **West Bay area**, **Katara Cultural and Heritage Village**, **The Pearl-Qatar**, and **Souq Waqif**. 📍 discoverqatar.qatarairways.com discoverqatar@qatarairways.com.qa

Qatar directory

The best of Qatar's hotels, spas, restaurants, and car rentals.
To view the Qatar directory online, visit oryxinflightmagazine.com

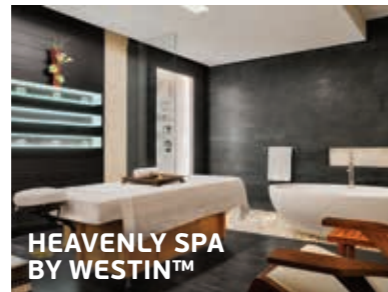
Spas



BLISS SPA DOHA

W Hotel & Residences, West Bay, Doha
+974 4453 5555 blissdoha.com

This urban retreat offers a signature menu like the super-relaxing Blissage™ and red carpet-revered Triple Oxygen Treatment. Welcome to Bliss® – the very first in the Middle East at W Doha Hotel & Residences.



HEAVENLY SPA BY WESTIN™

The Westin Doha Hotel & Spa
+974 4492 1555 westindoha.com

The Heavenly Spa by Westin™ invites guests to relax and recharge in one of nine treatment rooms. The menu includes conditioning paraffin hand and foot treatments, healing massages, cleansing facials, and more. Choose your preferred treatments, and let expert therapists rejuvenate your body and mind.



NUYU MEDICAL SPA QATAR

Khalid Bin Abada, Doha
+974 4493 1193 nuyuqa.com

NuYu Medical Spa is a physician-directed personal enhancement treatment centre, offering a unique combination of traditional spa services and medical aesthetic treatments designed to help you look and feel your best.



REMEDE SPA

The St. Regis Doha
+974 4446 0300 remedespadoha.com

Remède Spa at The St. Regis Doha is committed to creating an exceptional and unique experience for each guest. With 22 treatment rooms, both male and female, world-class treatments, and facilities including steam, sauna, and Jacuzzi, Remède Spa is the perfect sanctuary of indulgence and relaxation.



SIX SENSES SPA AT SHARQ VILLAGE & SPA

Ras Abu Aboud Street, Doha
+974 4425 6999 sixsenses.com/spas/doha

The Six Senses Spa at Sharq Village & Spa offers pampering world-class treatments by specialist practitioners in a relaxing ambience. Facilities include hammam rooms, dry flotation beds, steam, sauna, and fitness, with a separate ladies' section designed for total indulgence.

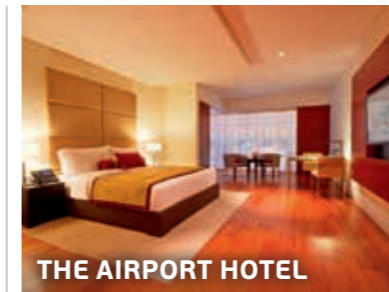


THE SPA

The Doha Marriott Hotel, Doha
+974 4429 8520 thespadoha.com

The Doha Marriott Hotel Spa offers male and female spa areas, with treatment rooms, steam room, fully equipped gym, and an array of specialised treatments and massages. The Spa's professional, attentive, and highly trained staff offer superior service, while guiding you towards relaxation.

Hotels



THE AIRPORT HOTEL

Hamad International Airport, Doha
+974 4010 8100 hiahotel.com

The Airport Hotel is located inside the transit terminal, providing passengers with exceptional facilities and services to relax, rejuvenate, and recharge between flights. Vitality Wellbeing & Fitness Centre offers a range of recreation facilities open to both in-house guests (complimentary), and transit passengers.



CONCORDE HOTEL DOHA

Old Airport Road, Doha
+974 4407 3333 concordedoha.com

Five-star carefully appointed bedrooms, contemporary restaurants offering superior gastronomic experiences, superbly appointed conference halls, state-of-the-art gymnasium, and massage services. The hotel is 13km away from Hamad International Airport.



DOHA MARRIOTT HOTEL

Ras Abu Aboud Street, Doha
+974 4429 8888 dohamariott.com

Situated on the beach and in the business district, the Doha Marriott is just eight minutes' drive from Hamad International Airport, offering a unique location for meetings, events, and getaways. The pool and beach are the perfect places to relax, and the Executive Lounge features breathtaking views.



HOLIDAY VILLA HOTEL & RESIDENCE DOHA

Al-Muntazah Signal, Doha
+974 4408 4888 holidayvilladoha.com

Situated at the heart of Doha, Holiday Villa has 357 lavishly furnished hotel rooms, 396 serviced apartments with modern amenities, function and meeting facilities, international restaurants, fitness centre, hair and beauty salon, and spa.



LA CIGALE HOTEL

Al Sadd Area, Doha
+974 4428 8888 lacigalehotel.com

Luxurious five-star city property featuring 225 deluxe rooms and suites, 11 fabulous dining and entertainment outlets with outdoor seating options, a multipurpose convention centre, a world-class spa, and gym facilities.



MARSA MALAZ KEMPINSKI

The Pearl-Doha, Qatar
+974 4035 5555 kempinski.com/marsamalaz

Located on its own secluded island, Marsa Malaz Kempinski showcases the finest European architecture, blended with traditional Arabian elements. Offering a variety of culinary destinations, a private beach, outdoor pools, and a Spa by Clarins. This palatial property sets the benchmark for excellence.

Hotels



ORYX ROTANA DOHA

Airport Road, Doha

+974 4402 3333 rotana.com/oryxrotana

The moment you enter Oryx Rotana, you will be enchanted by its blend of traditional Arabian hospitality and contemporary opulence. This iconic hotel is Doha's 21st-century meeting place: ideal for both business and pleasure travellers.



RADISSON BLU HOTEL, DOHA

Salwa Road C Ring Road, Doha

+974 4428 1428 radissonblu.com/hotel-doha

Unwind in 583 unique designer rooms or take your taste buds on an endless journey with 20 speciality food and beverage outlets. With complimentary Wi-Fi and airport shuttle service, make your stay enjoyable and memorable.



THE RITZ-CARLTON, DOHA

West Bay Lagoon, Doha

+974 4484 8000 ritzcarlton.com/doha

Dive into a legend of service excellence where indelible memories are inspired and the heritage of Qatar is captured. The hotel boasts eight exceptional restaurants, a world-class spa and modern fitness centre, indoor and outdoor swimming pools, and stunning landscaped gardens.



SHARQ VILLAGE AND SPA, A RITZ-CARLTON HOTEL

Ras Abu Aboud Street, Doha

+974 4425 6666 ritzcarlton.com/sharqvillage

Sharq Village and Spa offers 174 rooms and suites, with intimate courtyard settings. Services and facilities include restaurants and lounges serving Middle Eastern and Western cuisine, a 6,500m² Six Senses Spa with 23 treatment rooms and private ladies' areas, and over 1,130m² of conference space.



SIMAISMA, A MURWAB RESORT

Simaisma Bay

+974 4479 9555 simaisma.com

Located 30 minutes north of Doha, this luxurious resort made up of 52 spacious villas is spread across 1,365m² of oceanfront and has direct access to the beach. The resort features scenic two-, three-, and four-bedroom villas, a world-renowned spa, and authentic cuisines.



THE ST. REGIS DOHA

Al Gassar Resort, West Bay, Doha

+974 4446 0000 stregisdoha.com

The St. Regis Doha presents majestic interiors, an extensive range of leisure facilities, a Remède Spa, and over 6,000m² of meeting and conference space. Complemented by myriad dining options with 11 signature restaurants and lounges, this is the preferred retreat for leisure and business travellers.



THE TORCH DOHA

Al Waab St. Aspire Zone, Doha

+974 4446 5600 thetorchdoha.com

A haven for discerning visitors, from sports enthusiasts and business leaders, to health and wellness seekers. At 51 floors, The Torch is currently the tallest hotel in Qatar. Guests also have private air-conditioned walkway access to Doha's largest shopping mall – Villaggio.



THE WESTIN DOHA HOTEL & SPA

Salwa Road, Doha

+974 4492 1555 westindoha.com

The first ever Westin in Qatar, located in the heart of downtown Doha. Featuring 365 well-appointed guestrooms, six restaurants, four pools, and the signature Heavenly Spa. Located just 20 minutes from the airport with easy access to West Bay, The Corniche, Aspire Zone, and a roster of top malls.



WYNDHAM GRAND REGENCY, DOHA

Sports Roundabout, Al Sadd District, Doha

+974 4434 3333 wyndhamgrandregency.com

The hotel consists of 246 rooms and suites, three restaurants, lobby lounge, five meeting rooms, Al Qasr ballroom, fitness centre, Angsana Spa, swimming pool, and gents' and ladies' salons.

Restaurants



ACEITE

Spanish

Meliá Doha

+974 4019 9999 melia.com

Friday Fusion Brunch at Meliá Doha

Celebrate the weekend at Meliá Doha Hotel. Fusion Brunch features Indian food from Signature by Sanjeev Kapoor, authentic Spanish tapas from Aceite, and more international options. Enjoy live music and let your children play in the kids' corner.



AL SUFRA

Arabic & Levant

Marsa Malaz Kempinski, The Pearl–Doha

T: +974 4035 5011

A rich traditional Arabic experience, Al Suфра offers a Levantine à la carte menu in the signature ambiance of the restaurant or on the majestic outdoor terrace.



BELGIAN CAFÉ

Belgian and International

InterContinental Doha

T: +974 4484 4919 / 4444

InterContinental Doha invites you to experience Belgian and International cuisine at its best. Indulge your taste buds with its famous steaming mussel pots and chunky frites, paired with select beverages from Belgium.



D'CHOPSTIX

Far Eastern Cuisine

Holiday Villa Hotel & Residence Doha

T: +974 4408 4230

An award-winning contemporary restaurant that serves trendy fusion cuisine where authentic Chinese meets Japanese delicacies. The teppanyaki counter gives you the feeling of being in Asia while sampling Japanese cuisine.



DI CAPRI

Contemporary Italian

La Cigale Hotel Doha

T: +974 4428 8840

A contemporary Italian restaurant with a vibrant open kitchen, offering a wide variety of signature dishes prepared with quality ingredients stamped by the gastronomic touch of Chef Luca Dal Col.



GORDON RAMSAY MEDITERRANEAN

The St. Regis Doha

+974 4446 0105 gordonramsaydoha.com

Influenced by the tastes of authentic Mediterranean spots, Gordon Ramsay Mediterranean brings seasonal ingredients and flavours together to form creative and exciting twists on authentic dishes. Come and explore the best place in Doha for the modern-day connoisseur and lover of inspired, authentic cuisine.



HUNTERS ROOM & GRILL

Steakhouse

The Westin Doha Hotel & Spa

T: +974 4492 1555 huntersdoha.com

The hotel's signature grill restaurant offers an upscale, contemporary spin on the traditional grill house. The cuisine commands centre stage with an open kitchen to watch the chefs. For discerning steak lovers there can be no other choice.



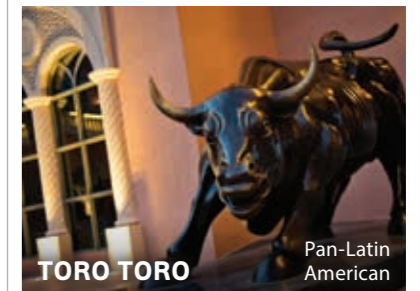
SABAI THAI

Thai

The Westin Doha Hotel & Spa

T: +974 4492 1555 sabaithaidoha.com

Discover the authentic tastes of royal Thai cuisine, known for its complex tastes. Sabai Thai's inventive yet authentic menus showcase the season's finest ingredients at their irresistible best.



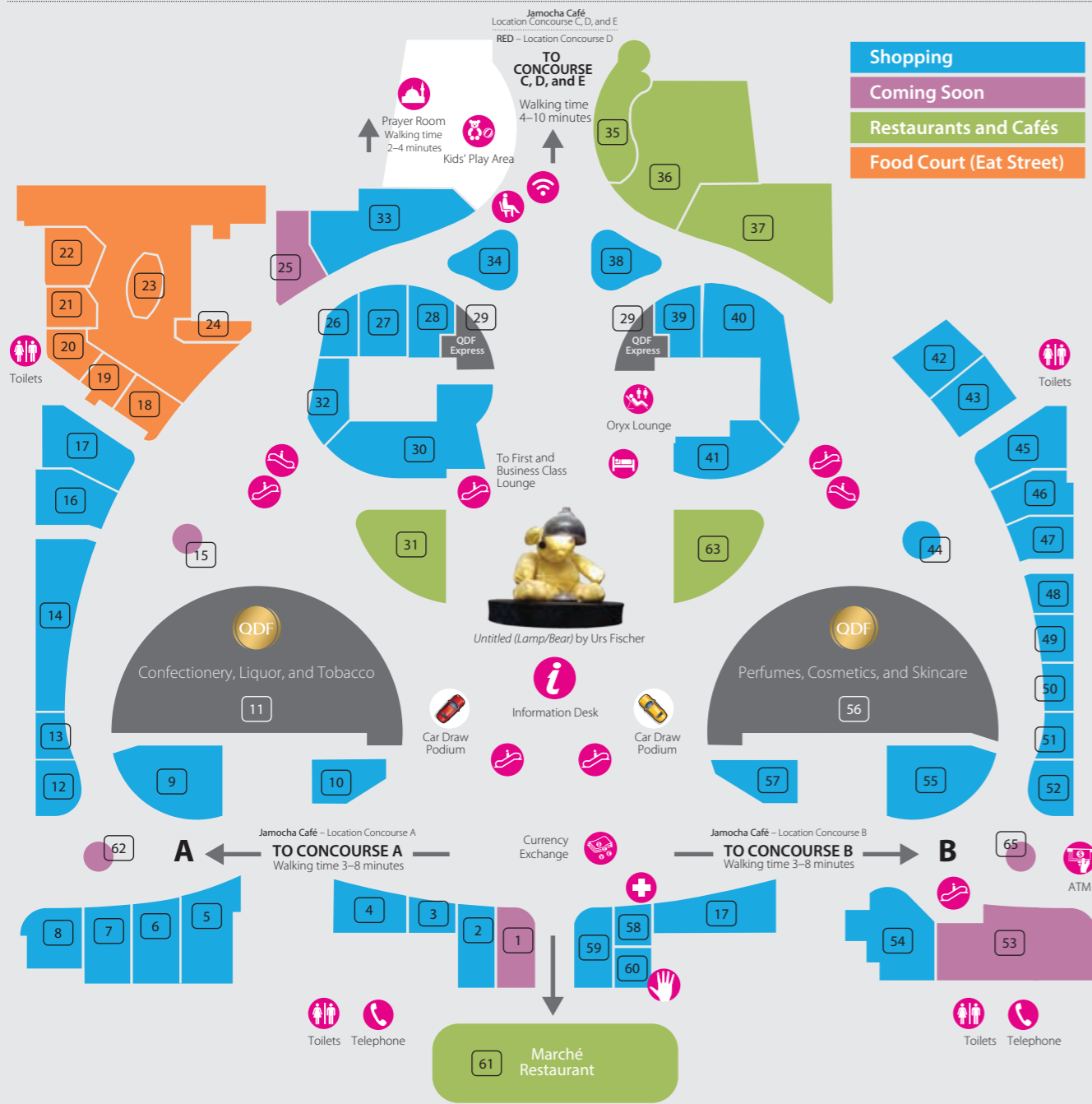
TORO TORO

Pan-Latin American

Marsa Malaz Kempinski, The Pearl–Doha

+974 4035 5101 kempinski.com/marsamalaz

Toro Toro is a creative blend of pan-Latin styles and flavours, from the minutely prepared small dishes to share which combine flavours from the most unknown parts of Latin America, to the acclaimed 'Brazilian Rodizio Experience', and the enormous selection of beverages on offer.



- Shopping
- Coming Soon
- Restaurants and Cafés
- Food Court (Eat Street)

- Services**
- Toilets
 - Information Desk
 - Pharmacy
 - Kids' Play Area
 - Oryx Lounge
 - Nail Spa
 - Sitting Area
 - Free Wi-Fi
 - Shower Room
 - Smoking Room
 - Currency Exchange
 - Telephone
 - Prayer Room
 - ATM
 - Escalator
 - Airport Hotel

This map is not to scale and is intended to be used as a guide only.
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Shopping		Food Court	EAT STREET ¹⁰⁴⁸
<p>Al-Motahajiba 8 Luxury fashion brand for <i>abayas</i>, <i>jalabias</i>, and <i>sheilas</i></p> <p>ARMANI JUNIOR 32 Clothing, shoes, and accessories for babies, children, and teens</p> <p>AU 10 Gold, jewellery, and CNY-certified diamonds</p> <p>BALLY 28 Luxury Swiss leather shoes, bags, belts, wallets, and luggage collection</p> <p>Bazaar 39 Original and eclectic range of souvenirs, including arts, crafts, and Qatari gifts</p> <p>beIN SHOP 3 Branded apparel, accessories, and lifestyle items from the channel's network</p> <p>Blush 59 Make-up, cosmetics, skincare, and other products from leading beauty brands</p> <p>Boulevard 33 A wide range of fashion accessories, handbags, shoes, sunglasses, watches, and jewellery</p> <p>BVLGARI 48 Luxury jewellery, sunglasses, watches, leather goods, and accessories</p> <p>BURBERRY 52 Iconic British coats, watches, scarves, handbags, accessories, and fragrances</p> <p>CHANEL 49 Luxury watch boutique</p> <p>Chopard 42 A world of exclusive watches, jewellery, leather goods, and accessories</p> <p>Chocology 38 Handmade Belgian chocolates, gift hampers, chocolate drinks, dipped treats, and more</p> <p>Cedar Room 44 Limited-edition liquor, premium cigars, and accessories</p> <p>COACH 16 New York's iconic designer bags, outerwear, shoes, and accessories</p> <p>Confectionery, Liquor, and Tobacco 11 Tobacco, cigars, wines, malts, whisky, nuts, dates, chocolates, and souvenirs</p> <p>ESQUIRE 55 A curated collection of accessories, fashion, shoes, grooming, and tech for today's gentleman</p> <p>GIORGIO ARMANI 45 Ready-to-wear, bags, shoes, and accessories from the exclusive Italian fashion house</p> <p>GMT 43 Luxury watches and fine jewellery</p> <p>Harrods 54 Signature gifts and famous foods</p> <p>HERMÈS PARIS 47 Handcrafted leather goods, jewellery, watches, and accessories</p> <p>HUGO BOSS 7 The latest collections from BOSS, BOSS Green, and BOSS Tailored lines</p> <p>InPlay 12 A lifestyle sports store including FC Barcelona merchandise</p>	<p>JUNCTION 14 Men's and women's designer clothing, jeans, sunglasses, shoes, and accessories</p> <p>Marmalade Market 40 Gourmet food gifts and hampers, including Arabic specialities</p> <p>MICHAEL KORS 27 Handbags, wallets, and clutches</p> <p>MONT BLANC 57 Stylish watches, writing instruments, jewellery, leather goods, luggage, and eyewear</p> <p>nails 60 Express blow-dry and manicure, or a back, neck, and shoulder massage</p> <p>PARIS SAINT-GERMAIN 13 Club-branded merchandise in colours of the famous football club</p> <p>Pharmacy 58 Prescriptions, healthcare, and pain-relief products</p> <p>Perfumes, Cosmetics, Skincare 56 Perfumes, cosmetics and skincare, electronics, tobacco, liquor, confectionery, nuts and dates</p> <p>Pulse 9 The latest in mobile phones, accessories, cameras, gadgets, and laptops</p> <p>QDF Express 29 Perfumes, cosmetics, electronics, tobacco, liquor, and confectionery</p> <p>IN-Q Gift Shop 41 Merchandise, souvenirs, accessories, stationery, fashion, replicas, and books</p> <p>ROLEX 50 A selection of the most desirable timepieces</p> <p>Salvatore Ferragamo 46 Bags, shoes, and accessories from the luxury Italian 'shoemaker to the stars'</p> <p>Samsung 2 The latest in Samsung mobile phones, tablets, audio, cameras, gadgets, and accessories</p> <p>Swarovski 26 Crystals, jewellery, watches, and accessories</p> <p>Tag Heuer 34 Luxury watches, leather goods, eyewear, and accessories</p> <p>The Bumble Tree 30 Toys, gifts, and action figures; dolls and gadgets; teenage arts and crafts</p> <p>Tiffany & Co. 51 Diamond and coloured gemstone jewellery and accessories</p> <p>Victoria's Secret 6 A unique collection available from this exclusive concept store in Qatar Duty Free</p> <p>Virgin Megastore 4 Entertainment, electronics, music, video, books, and gadgets</p> <p>WHSmith 17 Newspapers, magazines, books, snacks, drinks, and travel accessories</p> <p>WHSmith Bookshop 5 Huge selection of books across a wide variety of genres</p>	<p>Azka 21 Arabic food</p> <p>Burger King 22 Fast-food restaurant</p> <p>Camden Food Co. 18 Salads, crudité pots, sandwiches, and wraps</p> <p>NEGRONI 19 Pizza and pasta</p> <p>Red Mango 23 Frozen yogurt and smoothies</p> <p>SOHO COFFEE CO. 24 Fresh food and organic fairtrade coffee</p> <p>Yum Cha 20 Asian food</p>	<p>Jamocho Café <u>Concourse A, B, C, D & E</u> Fairtrade coffee, speciality drinks, teas, freshly baked pastries and cakes, healthy salads, home-made desserts, artisan sandwiches, and gelato</p> <p>IN-Q Café 63 Mouth-watering sandwiches, wraps, and paninis, as well as healthy salads, sushi, and baked goods</p> <p>Le Grand Comptoir 37 A classy brasserie-style restaurant, it is an ideal place to enjoy light bistro-style food and other classic French dishes</p> <p>Marché 61 International Marché – designed to satisfy the palates and pockets of every passenger</p> <p>Qataf Café 35 A range of mezze-style platters and other traditional Arabic dishes with a modern edge</p> <p>RED <u>Concourse D</u> A unique and fun casual dining experience, serving exciting food for all the family</p> <p>Seafood Bar 31 Caviar House and Prunier Seafood Bar</p> <p>Soprafino 36 An Italian al fresco-style friendly family restaurant brought to you in conjunction with celebrity chef Massimo Capra</p>
Coming Soon			
<p>Promotional Area 1</p> <p>EYE-Q 15</p> <p>Infinity 25</p>	<p>Premium Fashion 53</p> <p>QDF Promo 62</p> <p>Qatar Tourism Authority 64</p> <p>EYE-Q 65</p>		

Hamad International Airport

Qatar Airways wishes you a smooth transfer at Hamad International Airport.



VISAS, IMMIGRATION & SECURITY

Documents and procedures for travelling to and from Qatar

DEPARTURES

Clearing passport control

- Present your boarding card to our staff standing just before the immigration area. They will scan your boarding pass, and fast-track you through immigration and security checks if your flight is nearing its departure time.
- Keep your travel documents (passport, boarding pass, and ticket) ready to present to the immigration officer.
- Dedicated lanes are available for First Class and Business Class passengers.

Things to avoid

- If you are travelling to a GCC (Gulf Cooperation Council) country, your passport must be valid for at least six months (three months for GCC citizens). Please make sure your passport meets this requirement, otherwise your airline will not be able to accept you for travel.
- If you have any unpaid fines in Qatar, then you will not be allowed to leave the country. Please make sure any unpaid fines are settled before you travel. You can also pay your fines at the Ministry of Interior office at Hamad International Airport.

Security check

Your hand baggage will be security screened for prohibited items before you can proceed to the baggage claim area. Such items will be confiscated, and you will not be able to retrieve them at any time.

ARRIVALS

Unless in transit, all visitors to Qatar require a visa. Passengers from certain

countries are eligible for visas on arrival. For your own convenience and comfort, please confirm any requirements before starting your journey.

Visa on arrival

- Certain passports are eligible for a single-entry visa on arrival. Please check online at www.gov.qa. This is valid for a one-month stay in Qatar.
- If you are a citizen of a GCC (Gulf Cooperation Council) country, you are eligible for a single-entry visa on arrival. Your visa will be valid for a one-month stay in Qatar, and it can be renewed for a further two months.
- If you are a resident of a GCC country, you are eligible for a single-entry visa on arrival. The visa will only be issued if your residence permit is valid for at least six months, and if your profession (as mentioned on your residence permit) is eligible. Your visa will be valid for a one-month stay in Qatar, and it can be renewed for a further two months.

Paying your visa fee

- The easiest way to pay your visa fee is with your credit card; please approach an immigration counter and present your passport to make payment.
- If you would like to pay your visa fee with cash, then you need to visit the designated bank counter before you approach an immigration counter. The bank will charge a fee (QAR25/US\$7) for processing your cash payment. All major currencies are accepted.

Getting a visa before you travel

- If you are not eligible for a visa on arrival, then you need to arrange a visa before you travel to Qatar. This can be done

at Qatari embassies around the world or by booking a stay with a hotel in Qatar. Please ensure you plan enough time for the visa to be processed – the normal processing time is two weeks, while the fast-track service takes five to six days.

- If you are flying with Qatar Airways, you can easily arrange a visa on arrival by booking a hotel stay for the duration of your visit. Please visit the Qatar Airways Holidays website for more information and assistance.

Using your e-gate card

If you have a valid e-gate card, then please proceed directly to the e-gate area. This is located on your right-hand side as you approach the passport control area (see map on page 104).

Getting an e-gate card

If you are a Qatari national, an expatriate resident in Qatar, or a citizen of a GCC (Gulf Cooperation Council) country, you can apply for an e-gate card by visiting the Ministry of Interior office in Al Gharafa (Doha) (see map on page 104).

Solving problems

If for any reason you are denied entry into Qatar, then the Ministry of Interior and your airline will provide guidance and assistance. Any items that are found at the security check (when forgotten or misplaced by passengers) are deposited at our Lost and Found office. Please ask at the nearest information desk for assistance should you need to retrieve any belongings (see map on page 104).

Security check

Your hand baggage will be security screened for prohibited items before you can proceed to the baggage claim area.



Such items will be confiscated, and you will not be able to retrieve them at any time.

Customs

After you have collected your checked baggage, you can exit the airport by passing through Customs. There are two Customs channels to choose from. Please ask for assistance if you are not sure which channel to use.

- Select the Green Channel if you have 'Nothing to declare'.
- Select the Red Channel if you have 'Something to declare'.

Taxes and duties

You may need to pay taxes or duties on items you bring into Qatar. Please check in advance for more information.

TRANSFERS

Transferring to your connecting flight is easy and simple at Hamad International Airport (HIA). Upon exiting your aircraft, please go directly to our Transfers Hall. Just follow the signs, ask at an information desk, or use our airport map to find your way.

Boarding passes, airport exits, and queries

- Please approach one of our transfer desks if you need any assistance with your onward flight, including boarding passes, re-scheduling flights, and general queries.
- If you have an extended stopover, and would like to exit the airport to visit

Qatar before boarding your onward flight, our transfer desks can assist you. To avoid any disappointment or delays, please confirm visas and immigration requirements before you commence your journey.

Dining vouchers and lounge access

If your airline ticket entitles you to dining vouchers, lounge access passes, or any other complimentary coupons, your airline may ask you to collect these from our transfer desks (see map on page 104).

Short connections

If your onward flight is departing in less than 45 minutes, then we can speed you through transfer formalities to help you reach your boarding gate on time. Please alert our ground staff as soon as you exit your aircraft and walk onto the airbridge, or as you board the passenger bus.

Things to avoid

- Do not follow the signs to 'Arrivals'. If you wish to exit the airport for any reason, please approach the transfer desks for assistance (see map on page 104).
- Do not be late for your onward flight. Your boarding gate will close 20 minutes before the flight departure time.

Solving problems

If you have missed your connection, our transfer desks will assist you with re-booking a later flight. They can also help with re-printing your boarding pass, upgrading your travel class, and re-scheduling flights.

Prohibited items

- As a transfer passenger, you may carry alcoholic beverages in your baggage. However, these must be packed in containers of less than five litres.
- Please note, if you intend to exit the airport and visit Qatar before continuing your journey, then alcoholic beverages cannot be brought into the country under any circumstances. These will be confiscated, and you will not be able to retrieve them at any time.
- If you are travelling to Australia, and have purchased alcoholic beverages or cosmetics from an airport other than HIA, these will be confiscated at your onward flight's boarding gate. This procedure is in accordance with Australian regulations.

Security check

Your hand baggage will be security screened for prohibited items before you can proceed to the baggage claim area. Such items will be confiscated, and you will not be able to retrieve them at any time.

PRIORITY ACCESS

AI Maha customers

All AI Maha customers, special assistance travellers, and unaccompanied minors receive priority boarding and processing when arriving, departing, or transferring at HIA. They are also met at the aircraft or airbridge on arrival.

Important Customs Instructions

Upon the request of a customs officer, passengers should disclose the details of any currencies or negotiable financial instruments, or precious metals or gemstones on their person or in their belongings, as per the provisions of law.

If passengers do not disclose or provide correct information they will be subject to criminal investigation as per the law and the currencies, negotiable financial instruments, precious metals, and gemstones will be reserved.

تعليمات جمركية مهمة

يجب على الركاب تلبية طلب مفتش الجمارك بالإفصاح عن تفاصيل ما بحوزتهم شخصياً أو ضمن أمتعتهم من عملات أو أدوات مالية قابلة للتداول لحاملها أو معادن نفيسة أو أحجار كريمة تنفيذاً لأحكام القانون.

إذا لم يفصح الركاب عن تلك المعلومات أو لم يقدموا المعلومات الصحيحة فسوف يتعرضون للمساءلة الجنائية وفق أحكام القانون، وسوف يتم حجز ما بحوزتهم شخصياً أو ضمن أمتعتهم من عملات أو أدوات مالية قابلة للتداول لحاملها أو معادن نفيسة أو أحجار كريمة.

Qatar Airways news



AGIFORS aviation conference hosted by Qatar Airways

Qatar Airways recently brought together experts from across aviation and software fields in an effort to promote the use of operations research in the airline industry.

The Airline Group of the International Federation of Operational Research Societies (AGIFORS) event explored the use of sophisticated mathematical methods found in science, engineering, business, computer science, and within the aviation industry to promote both improved efficiency and more effective crew management.

Citing Qatar Airways' growth, Qatar Airways Chief Commercial Officer, Dr. Hugh Dunleavy, observed that "by

utilising the very latest in operations research, technical developments, and innovative analytics, and by sharing knowledge both within and beyond the aviation industry, Qatar Airways can ensure that it is implementing the latest state-of-the-art practices as well as driving further advancement for the benefit of both our staff and our passengers."

Crew Management is one of several specific aviation working groups formed by AGIFORS and its partner

airlines, which together arrange forums to discuss reservations and yield management, strategic and schedule planning, cargo, airline operations, and the Operational Research Managers Working Group.

Today the AGIFORS membership exceeds 2,800 professionals representing more than 500 airlines, airline manufacturers, universities, and aviation-related companies and associations. ✈

NEW ROUTES
DEC 16



Service for new route to Chiang Mai in Thailand begins in December

Qatar Airways will begin services to Chiang Mai in Thailand five times a week beginning December 16, providing service via Yangon – the former Myanmar capital. Chiang Mai will be the fourth city in Thailand served by the airline, which currently flies to Bangkok and Phuket and will begin serving Krabi on December 6. ✈



Qatar Airways enters code-share agreement with SriLankan Airlines

Qatar Airways recently entered a bilateral code-share agreement with fellow oneworld alliance member SriLankan Airlines, through which the airlines will code-share on each other's flights between their respective hubs – Qatar Airways' thrice-daily Airbus A340-600 operations to Colombo and SriLankan Airlines' daily Airbus A330-300 flight to Doha, resulting in four daily flights between Doha and Colombo. ✈



Official airline of International Indian Film Academy celebrations

Qatar Airways was honoured to serve as the official airline sponsor of the 17th annual International Indian Film Academy (IIFA) celebrations held in Spain last month, which recognised Indian film's most talented actors on the global stage. The airline provided special discounted rates on services to Madrid, with Qatar Airways Senior Vice President Europe, Mr. Jonathan Harding, observing that the "partnership truly reflects our core brand value of Going Places Together." ✈



Qatar Airways Cargo celebrates 10 years of serving Kenya

A recent gala reception commemorated 10 years of Qatar Airways Cargo serving Kenya, celebrating a relationship begun when services to Nairobi commenced in 2006 with two Airbus A300 freighters. Today, Qatar Airways Cargo operates seven Airbus A330 freighters and transports belly-hold cargo on 21 passenger aircraft to Nairobi each week, offering a total capacity of 232 tonnes into Nairobi and 362 tonnes out of Nairobi each week. ✈

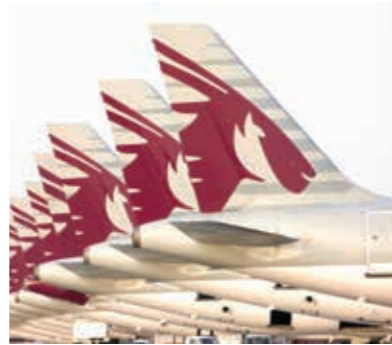
Qatar Airways and Royal Jordanian expand code-share

Qatar Airways and Royal Jordanian recently expanded their code-share agreement, adding six destinations to Royal Jordanian's network; while Royal Jordanian have added flights from Amman to Doha to further enhance Qatar Airways' codeshare on Royal Jordanian-operated flights to Doha.

This expansion will open up 18 weekly flights between Doha and Amman, in addition to numerous new connections on Qatar Airways' global network. Royal Jordanian customers gain access to added Qatar Airways destinations such as Muscat (Oman), Dhaka (Bangladesh), Colombo (Sri Lanka), Karachi (Pakistan), Perth (Australia), and Singapore.

Qatar Airways Group Chief Executive, His Excellency Mr. Akbar Al Baker, said: "By

partnering with Royal Jordanian, we are opening up the world to passengers travelling from Amman through Doha. Our code-share agreement enables Royal Jordanian to benefit from connectivity to some of our most popular routes, including Perth and Singapore, among our more than 150 worldwide destinations. We welcome the partnership with Royal Jordanian, and look forward to seeing our collaboration flourish in the years to come."



Cargo unit reveals expansion strategy

During the opening day of Air Cargo China 2016 in Shanghai, Qatar Airways Cargo announced a nine-month strategy to become a major player in three new markets – Transpacific, Australia, and South America – during the next nine months.

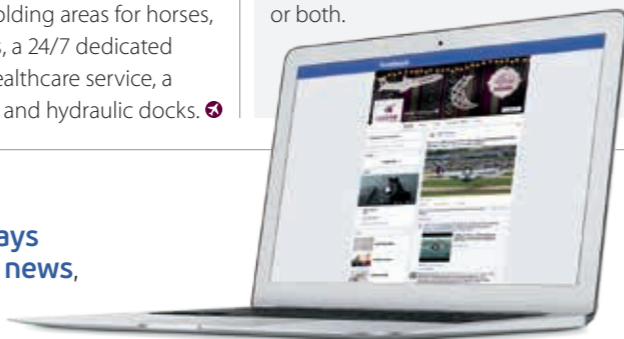
Citing its growing fleet, which is projected to grow to 22 aircraft by 2017, as well as its new European hub in Luxembourg, Qatar Airways Chief Officer Cargo, Mr. Ulrich Ogiermann, said: "Last year, we succeeded in becoming the world's third largest international cargo carrier, but there are still areas we have not yet targeted to their full potential." The airline also revealed QR Live, a solution dedicated to


providing stress-free and comfortable transportation of horses, pets, exotic animals, and livestock. The centrepiece of this is the spacious 4,200m² air-conditioned live animal facility at Qatar Airways Cargo's hub in Doha, which includes large holding areas for horses, eight horse stalls, a 24/7 dedicated expert animal healthcare service, a 300m² paddock, and hydraulic docks.



ILLEGAL ACTS

In accordance with Qatari law, smoking on board an aircraft is an illegal act punishable with a fine of QAR30,000 (US\$8,200). Indecent behaviour on board, including intoxication, verbal or physical abuse, or any action that disrupts the operational safety of an aircraft, such as tampering with the smoke alarms, is also punishable with a QAR100,000 (US\$27,000) fine and up to three years' imprisonment, or both.



 **Qatar Airways on Facebook**
Visit [Facebook.com/qatarairways](https://www.facebook.com/qatarairways) to learn more about Qatar Airways news, competitions, and special offers.



Visit the heart of Tuscany

History comes alive with ancient art and culture at practically every corner in this charming Tuscan city. From the world-famous Leaning Tower to the Arno River Promenade and scrumptious Tuscan cuisine, Pisa is a must-visit for every world traveller.

Fly to Pisa starting August 2016.

qatarairways.com



GOING PLACES TOGETHER

Qatar Airways Worldwide Network

NEW ROUTES FOR 2015

Amsterdam	The Netherlands	June 16
Zanzibar	Tanzania	July 1
Sialkot	Pakistan	July 16
Faisalabad	Pakistan	July 17
Multan	Pakistan	August 2
Abha	KSA	September 2
Nagpur	India	December 1
Durban	South Africa	December 17

NEW ROUTES FOR 2016

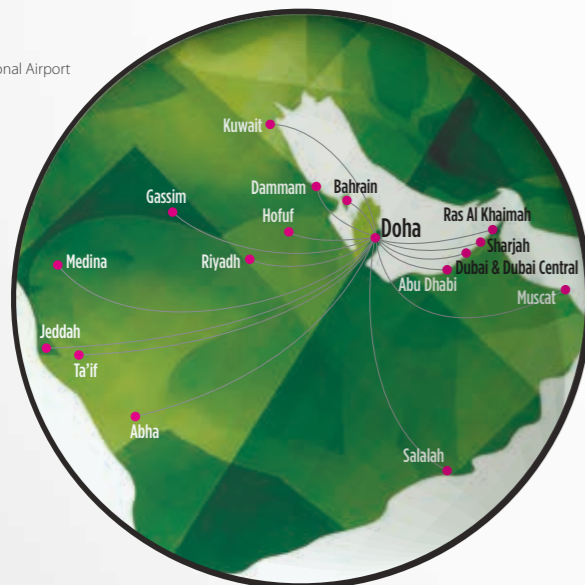
Los Angeles	USA	January 1
Ras Al Khaimah	UAE	February 2
Sydney	Australia	March 1
Boston	USA	March 16
Birmingham	UK	March 30
Adelaide	Australia	May 2
Yerevan	Armenia	May 15
Atlanta	USA	June 1
Marrakech*	Morocco	July 1
Pisa*	Italy	August 2
Windhoek*	Namibia	September 28
Helsinki*	Finland	October 10
Sarajevo*	Bosnia and Herzegovina	November 2
Krabi*	Thailand	December 6
Mahé*	Seychelles	December 12
Chiang Mai*	Thailand	December 16

NEW ROUTES FOR 2017

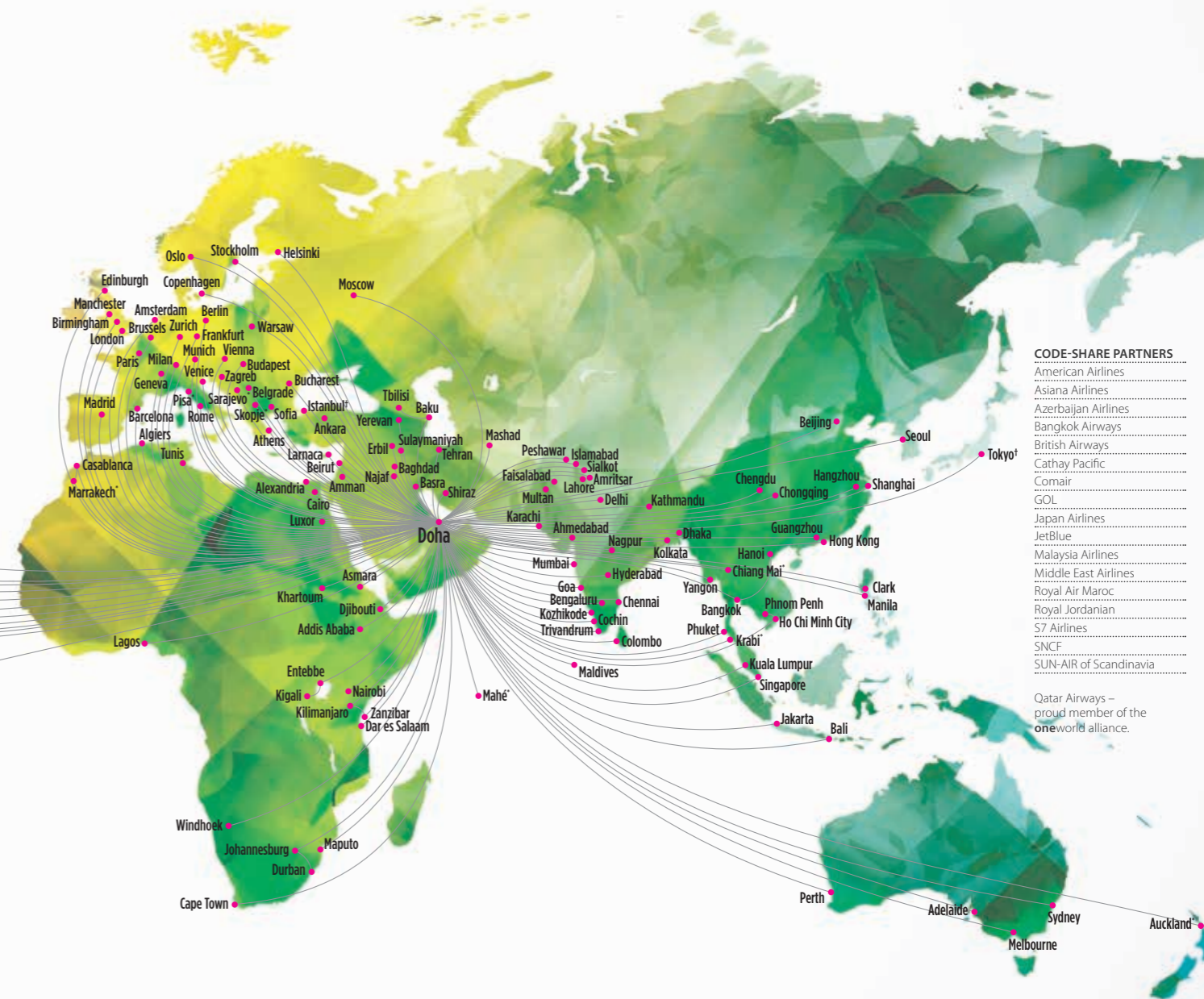
Skopje*	Macedonia	
Auckland*	New Zealand	February 6

* Istanbul, Turkey
 - Ataturk Airport
 - Sabiha Gökçen Airport

* Tokyo, Japan
 - Tokyo Haneda
 - Narita International Airport



Qatar Airways flies to more than 150 destinations across the world.
 تسير الخطوط الجوية القطرية رحلاتها إلى أكثر من 150 وجهة حول العالم.



CODE-SHARE PARTNERS

- American Airlines
- Asiana Airlines
- Azerbaijan Airlines
- Bangkok Airways
- British Airways
- Cathay Pacific
- Comair
- GOL
- Japan Airlines
- JetBlue
- Malaysia Airlines
- Middle East Airlines
- Royal Air Maroc
- Royal Jordanian
- S7 Airlines
- SNCF
- SUN-AIR of Scandinavia

Qatar Airways – proud member of the oneworld alliance.

Worldwide network

INTRA-GULF	Distance from Doha	Flight time
Abha	1,200 km	2 hours, 15 minutes
Abu Dhabi	303 km	1 hour
Bahrain	130 km	45 minutes
Dammam	190 km	1 hour
Doha	-	-
Dubai	377 km	1 hour
Dubai World Central	368 km	1 hour, 10 minutes
Gassim	785 km	1 hour, 40 minutes
Hofuf	210 km	1 hour, 10 minutes
Jeddah	1,325 km	2 hours, 35 minutes
Kuwait	573 km	1 hour, 25 minutes
Medina	1,211 km	2 hours, 30 minutes
Muscat	739 km	1 hour, 20 minutes
Ras Al Khaimah	448 km	1 hour, 15 minutes
Riyadh	486 km	1 hour, 25 minutes
Salalah	958 km	2 hours, 15 minutes
Sharjah	388 km	1 hour
Taif	1,488 km	2 hours, 25 minutes

MIDDLE EAST	Distance from Doha	Flight time
Amman	1,693 km	3 hours, 5 minutes
Baghdad	1,126 km	2 hours, 20 minutes
Basra	684 km	1 hour, 40 minutes
Beirut	1,818 km	3 hours, 20 minutes
Erbil	1,405 km	2 hours, 45 minutes
Mashad	2,178 km	2 hours, 15 minutes
Najaf	1,023 km	2 hours, 15 minutes
Sanaa	1,339 km	2 hours, 50 minutes
Shiraz	492 km	1 hour, 15 minutes
Sulaymaniyah	1,284 km	2 hours, 25 minutes
Tehran	1,151 km	2 hours, 5 minutes

SOUTH ASIA	Distance from Doha	Flight time
Ahmedabad	1,723 km	2 hours, 55 minutes
Amritsar	2,385 km	3 hours, 25 minutes
Bengaluru	3,047 km	4 hours
Chennai	3,302 km	4 hours, 20 minutes
Cochin	3,110 km	4 hours, 15 minutes
Colombo	3,631 km	4 hours, 45 minutes
Delhi	2,572 km	3 hours, 30 minutes
Dhaka	3,362 km	4 hours, 50 minutes
Faisalabad	2,213 km	3 hours, 25 minutes
Goa	2,570 km	3 hours, 30 minutes
Hyderabad	2,923 km	3 hours, 50 minutes
Islamabad	2,466 km	3 hours, 25 minutes
Karachi	1,565 km	2 hours, 20 minutes
Kathmandu	3,368 km	4 hours, 15 minutes
Kolkata	3,748 km	4 hours, 45 minutes
Kozhikode	2,988 km	4 hours, 10 minutes
Lahore	2,340 km	3 hours, 15 minutes
Multan	2,040 km	3 hours, 15 minutes
Mumbai	2,302 km	3 hours, 25 minutes
Nagpur	2,853 km	3 hours, 50 minutes
Peshawar	2,162 km	3 hours, 20 minutes
Sialkot	2,372 km	3 hours, 40 minutes
Trivandrum	3,271 km	4 hours, 25 minutes

EUROPE	Distance from Doha	Flight time
Amsterdam	4,916 km	6 hours, 35 minutes
Ankara	2,379 km	4 hours, 10 minutes
Athens	2,973 km	5 hours, 5 minutes
Baku	1,684 km	3 hours
Barcelona	4,865 km	7 hours, 25 minutes
Belgrade	3,531 km	5 hours, 45 minutes
Berlin	4,393 km	6 hours, 35 minutes
Birmingham	5,364 km	7 hours, 20 minutes
Brussels	4,904 km	7 hours, 5 minutes
Bucharest	3,123 km	5 hours, 10 minutes
Budapest	3,757 km	5 hours, 55 minutes
Copenhagen	4,748 km	6 hours, 50 minutes
Edinburgh	5,537 km	7 hours, 15 minutes
Frankfurt	4,316 km	7 hours
Geneva	4,629 km	7 hours, 5 minutes
Helsinki	4,396 km	7 hours, 35 minutes
Istanbul	2,720 km	4 hours, 50 minutes
Larnaca	2,024 km	3 hours, 50 minutes
London	5,219 km	7 hours, 35 minutes
Madrid	5,340 km	7 hours, 50 minutes
Manchester	5,409 km	7 hours, 55 minutes
Milan	4,359 km	6 hours, 40 minutes
Moscow	3,568 km	5 hours, 15 minutes
Munich	4,359 km	6 hours, 30 minutes
Oslo	4,964 km	7 hours, 30 minutes
Paris	4,980 km	7 hours, 15 minutes
Pisa	4,231 km	6 hours, 20 minutes
Rome	4,020 km	6 hours, 20 minutes
Sabiha Gökçen	2,692 km	4 hours, 15 minutes
Sarajevo	3,614 km	5 hours, 25 minutes
Skopje	3,298 km	5 hours, 15 minutes
Sofia	3,223 km	5 hours
Stockholm	4,585 km	6 hours, 50 minutes
Tbilisi	1,930 km	5 hours, 15 minutes
Venice	4,142 km	5 hours, 30 minutes
Vienna	3,983 km	6 hours, 10 minutes
Warsaw	3,943 km	6 hours
Yerevan	1,791 km	6 hours, 55 minutes
Zagreb	3,894 km	7 hours, 50 minutes
Zurich	4,490 km	7 hours

MIDDLE EAST	Distance from Doha	Flight time
Amman	1,693 km	3 hours, 5 minutes
Baghdad	1,126 km	2 hours, 20 minutes
Basra	684 km	1 hour, 40 minutes
Beirut	1,818 km	3 hours, 20 minutes
Erbil	1,405 km	2 hours, 45 minutes
Mashad	2,178 km	2 hours, 15 minutes
Najaf	1,023 km	2 hours, 15 minutes
Sanaa	1,339 km	2 hours, 50 minutes
Shiraz	492 km	1 hour, 15 minutes
Sulaymaniyah	1,284 km	2 hours, 25 minutes
Tehran	1,151 km	2 hours, 5 minutes

NORTH AMERICA	Distance from Doha	Flight time
Atlanta	12,055 km	14 hours, 55 minutes
Boston	10,517 km	13 hours, 45 minutes
Chicago	11,473 km	14 hours, 35 minutes
Dallas Fort Worth	12,759 km	16 hours, 5 minutes
Houston	12,969 km	16 hours, 40 minutes
Los Angeles	13,366 km	16 hours, 25 minutes
Miami	12,347 km	15 hours, 40 minutes
Montreal	10,414 km	13 hours, 40 minutes
New York	10,792 km	14 hours, 10 minutes
Philadelphia	10,922 km	13 hours, 50 minutes
Washington DC	11,120 km	14 hours, 35 minutes

SOUTH AMERICA	Distance from Doha	Flight time
Buenos Aires	13,319 km	18 hours, 50 minutes
São Paulo	11,874 km	14 hours, 45 minutes

ASIA	Distance from Doha	Flight time
Bali	7,840 km	10 hours
Bangkok	5,268 km	6 hours, 15 minutes
Beijing	6,164 km	7 hours, 35 minutes
Chiang Mai	4,946 km	9 hours, 55 minutes
Chengdu	5,174 km	6 hours, 55 minutes
Chongqing	5,413 km	7 hours, 50 minutes
Clark Manila	7,231 km	8 hours, 35 minutes
Guangzhou	6,218 km	8 hours, 5 minutes
Haneda	8,274 km	9 hours, 25 minutes
Hangzhou	6,686 km	8 hours, 10 minutes
Hanoi	5,546 km	9 hours, 25 minutes
Ho Chi Minh City	6,013 km	9 hours, 10 minutes
Hong Kong	6,337 km	8 hours, 35 minutes
Jakarta	6,918 km	8 hours, 55 minutes
Krabi	5,359 km	6 hours, 40 minutes
Kuala Lumpur	5,894 km	7 hours, 40 minutes
Maldives	3,351 km	4 hours, 35 minutes
Manila	7,292 km	8 hours, 45 minutes
Phnom Penh	5,802 km	9 hours
Phuket	5,302 km	6 hours, 40 minutes
Seoul	7,116 km	8 hours, 40 minutes
Shanghai	6,775 km	8 hours, 5 minutes
Singapore	6,196 km	7 hours, 35 minutes
Tokyo	8,279 km	9 hours, 30 minutes
Yangon	4,711 km	5 hours, 55 minutes

OCEANIA	Distance from Doha	Flight time
Adelaide	11,276 km	12 hours, 55 minutes
Auckland	14,518 km	16 hours, 20 minutes
Melbourne	11,973 km	13 hours, 30 minutes
Perth	9,312 km	10 hours, 55 minutes
Sydney	12,380 km	13 hours, 55 minutes

AFRICA	Distance from Doha	Flight time
Addis Ababa	2,252 km	3 hours, 25 minutes
Alexandria	2,210 km	4 hours
Algiers	4,286 km	7 hours, 15 minutes
Asmara	1,720 km	3 hours, 25 minutes
Cairo	2,066 km	3 hours, 50 minutes
Cape Town	7,427 km	9 hours, 50 minutes
Casablanca	5,736 km	8 hours
Dar es Salaam	3,790 km	5 hours, 55 minutes
Djibouti	1,771 km	2 hours, 45 minutes
Durban	6,392 km	10 hours, 50 minutes
Entebbe	3,465 km	5 hours, 30 minutes
Johannesburg	6,750 km	8 hours, 20 minutes
Khartoum	2,248 km	4 hours
Kigali	3,801 km	7 hours, 25 minutes
Kilimanjaro	3,554 km	7 hours, 55 minutes
Lagos	5,523 km	8 hours, 5 minutes
Luxor	1,898 km	3 hours, 25 minutes
Maputo	6,025 km	8 hours, 5 minutes
Marrakech	5,813 km	8 hours
Nairobi	3,612 km	5 hours, 15 minutes
Seychelles	3,253 km	5 hours, 25 minutes
Tunis	4,113 km	6 hours, 30 minutes
Windhoek	6,415 km	10 hours, 55 minutes
Zanzibar	3,696 km	7 hours, 30 minutes

Flight times may vary, check qatarairways.com

الشبكة العالمية للخطوط الجوية القطرية

شبكة الخليج الداخلية	المسافة	مدة الرحلة
أبها	١,٢٠٠ كم	ساعتان ١0 دقيقة
أبوظبي	٣٠٣ كم	ساعة
البرين	١٣٠ كم	٤٥ دقيقة
جدة	٣٢٥ كم	ساعتان ٣0 دقيقة
دمي	٣٧٧ كم	ساعة
دمي واد سينترال	٣٦٨ كم	ساعة ١٠ دقائق
الدمام	١٩٠ كم	ساعة
الذوق	-	-
رأس الخيمة	٤٤٨ كم	ساعة ١0 دقيقة
الرياض	٤٨٦ كم	ساعة ٢0 دقيقة
الشارقة	٣٨٨ كم	ساعة
صفاة	٩٥٨ كم	ساعتان ١0 دقيقة
الغلاف	١,٤٨٨ كم	ساعتان ٢0 دقيقة
القصيم	٧٨٥ كم	ساعة ٢٠ دقيقة
الكويت	٥٧٣ كم	ساعة ٢0 دقيقة
الودينة المنورة	١,٢١١ كم	ساعتان ٣٠ دقيقة
مسقط	٣٣٩ كم	ساعة ٢٠ دقيقة
المحوف	٢١٠ كم	ساعة ١٠ دقائق

الشرق الأوسط	المسافة	مدة الرحلة
اربيل	١٤٠٥ كم	ساعتان ٤0 دقيقة
البصرة	٦٨٤ كم	ساعة ٤٠ دقيقة
السليمانية	١,٢٨٤ كم	ساعتان ٢0 دقيقة
النجف	١,٠٢٣ كم	ساعتان ١0 دقيقة
بغداد	١,١٢١ كم	ساعتان ٢٠ دقيقة
بيروت	١,٨١٨ كم	٣ ساعات ١0 دقيقة
شبراخ	٤٩٢ كم	ساعتان ١0 دقيقة
صغاء	١,٣٣٩ كم	ساعتان ٥٠ دقيقة
طهران	١,١٥١ كم	ساعتان ٥ دقائق
عمان	١,٦٩٣ كم	٣ ساعات ٥ دقائق
مشهد	٢,٢٧٨ كم	ساعتان ١0 دقيقة

جنوب آسيا	المسافة	مدة الرحلة
أحمد آباد	١,٧٢٣ كم	ساعتان ٥0 دقيقة
اسلام آباد	٢,٤٦٦ كم	٣ ساعات ٢0 دقيقة
أورتشار	٢,٣٨٥ كم	٣ ساعات ٢0 دقيقة
بنغالور	٣,٠٤٧ كم	٤ ساعات
بنغالور	٢,٦٢٢ كم	٣ ساعات ١٠ دقيقة
تراناندرم	٣,٢٦١ كم	٤ ساعات ٢0 دقيقة
تشيناي	٣,٣٠٢ كم	٤ ساعات ٢٠ دقيقة
جوا	٢,٥٧٠ كم	٣ ساعات ٣٠ دقيقة
حيدر آباد	٢,٩٢٣ كم	٣ ساعات ٥٠ دقيقة
دكا	٣,٣٣٢ كم	٤ ساعات ٥٠ دقيقة
دهلي	٢,٥٧٢ كم	٣ ساعات ٣٠ دقيقة
سليالكو٢	٢,٣٧٢ كم	٣ ساعات ٤٠ دقيقة
هيمل آباد	٢,٢١٣ كم	٣ ساعات ٢0 دقيقة
كانهنديو	٣,٣٦٨ كم	٤ ساعات ١0 دقيقة
كراشي	١,٥٦٥ كم	ساعتان ٢٠ دقيقة
كوئيتو	١,٣٣١ كم	ساعتان ١0 دقيقة
كولونكو	٢,٩٨٨ كم	٤ ساعات ١٠ دقائق
كولكاتا	٣,٧٤٨ كم	٤ ساعات ٤0 دقيقة
كولونيبو	٣,٦٣١ كم	٤ ساعات ٤0 دقيقة
لاهور	٢,٣٤٠ كم	٣ ساعات ١0 دقيقة
مولتان	٢,٠٤٠ كم	ساعتان ١0 دقيقة
موهاي	٢,٣٣٢ كم	٣ ساعات ٢0 دقيقة
نايورو	٣,٥٨٢ كم	٣ ساعات ٥٠ دقيقة

أفريقيا الشمالية	المسافة	مدة الرحلة
أتلانتا	١٢,٠٥٥ كم	١٤ ساعة ٥0 دقيقة
بوسطن	١٠,٥١٧ كم	١٣ ساعة ٤0 دقيقة
دالاس فورت وورث	١٢,٧٥٩ كم	١٦ ساعة ٥ دقائق
شيكاغو	١٤,٤٧٣ كم	١٥ ساعة ٣0 دقيقة
فيلدلفيا	١٠,٩٢٢ كم	١٣ ساعة ٥٠ دقيقة
لوس انجلوس	١٣,٣٣٦ كم	١٦ ساعة ٢0 دقيقة
مونتريال	١٠,٤٤٤ كم	١٣ ساعة ٤٠ دقيقة
مياني	١٢,٣٤٧ كم	١٥ ساعة ٤٠ دقيقة
نيويورك	١٠,٧٩٢ كم	١٤ ساعة ١٠ دقائق
جوسطن	١٢,٩٦٩ كم	١٦ ساعة ٤٠ دقيقة
العاظمة واشنطن	١١,٢٠٠ كم	١٤ ساعة ٣0 دقيقة

أمريكا الجنوبية	المسافة	مدة الرحلة
بونس ايرس	١٣,٣٣٩ كم	١٨ ساعة ٥٠ دقيقة
ساو باولو	١١,٨٧٤ كم	١٤ ساعة ٤0 دقيقة

آسيا	المسافة	مدة الرحلة
بالي	٧,٨٤٠ كم	١٠ ساعات
بانكوك	٥,٢٦٨ كم	٦ ساعات ١0 دقيقة
بكين	٦,١٦٤ كم	٧ ساعات ٣0 دقيقة
بنوم بنه	٥,٨٠٢ كم	٩ ساعات
بوكيت	٥,٣٠٢ كم	٦ ساعات ٤٠ دقيقة
تشينغجو	٥,١٧٤ كم	٦ ساعات ٥0 دقيقة
تشونغتشينغ	٥,٤١٣ كم	٧ ساعات ٥٠ دقيقة
جافرتا	٦,٩١٨ كم	٨ ساعات ٥0 دقيقة
جزر الهاديڤ	٥,٣٥١ كم	٤ ساعات ٣0 دقيقة
هانوي	٦,٦١٨ كم	٥ ساعات ٥ دقائق
سينغابورة	٦,١٩٦ كم	٧ ساعات ٣0 دقيقة
سيؤول	٧,١١١ كم	٨ ساعات ٤٠ دقيقة
شيانغهاي	٦,٧٧٥ كم	٨ ساعات ٥ دقائق
شيانغهاي	٤,٩٤٦ كم	٩ ساعات ٥0 دقيقة
طوكيو	٨,٢٧٩ كم	٩ ساعات ٣٠ دقيقة
كرابي	٥,٣٥٩ كم	٦ ساعات ٤٠ دقيقة
كلارك مانيل	٧,٢٣١ كم	٨ ساعات ٣0 دقيقة
كوالالمبور	٥,٨٩٤ كم	٧ ساعات ٤٠ دقيقة
هانيدا	٧,٢٩٢ كم	٨ ساعات ٤0 دقيقة
هونغ كونغ	٦,٣٣٧ كم	٩ ساعات ١٠ دقائق
جانبانجا	٥,	



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Earn Qpoints towards your tier status on all eligible oneworld flights	Access to Business Class lounges	Access to First Class lounges
Access to Business Class priority check-in	Priority boarding	Access to First Class priority check-in
Access to preferred or pre-reserved seating	Extra baggage allowance	Fast Track at security lanes
Priority on waitlists and when on standby	Priority baggage handling	

*Access to preferred or pre-reserved seating is in accordance with the individual policy of the oneworld member airline operating the flight. First and business class check-in desks and lounges are not available at all airports. Fast track is not available at all airports. Priority baggage handling is not available on flights operated by British Airways. Extra baggage allowance benefits differ for Sapphire and Emerald level members. oneworld benefits are available only to passengers on scheduled flights that are both marketed and operated by a oneworld member airline (marketed means that there must be a oneworld member airline's flight number on your ticket). airberlin, American Airlines, British Airways, Cathay Pacific, Finnair, Iberia, Japan Airlines, LAN, Malaysia Airlines, Qantas, Qatar Airways, Royal Jordanian, S7 Airlines, SriLankan Airlines, TAM Airlines and oneworld are trademarks of their respective companies. TAM Airlines (Paraguay) is currently not a part of oneworld. Qatar Airways Al Safwa and Al Mourjan lounges at Hamad International Airport and the London Heathrow Premium Lounge are excluded, other than for customers travelling in First or Business class on Qatar Airways operated flights. Other limitations and exceptions may apply. For more information, visit www.oneworld.com/benefits.

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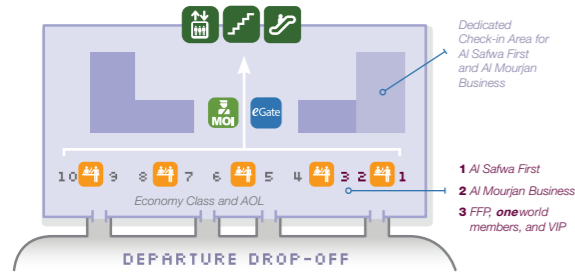
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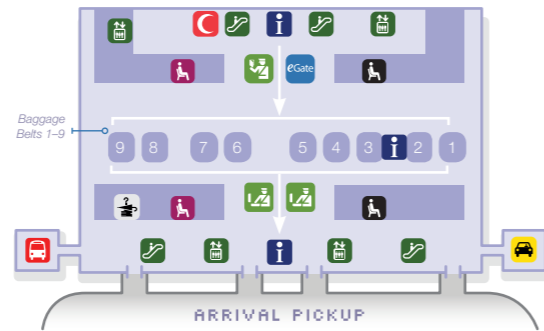
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Hamad International Airport

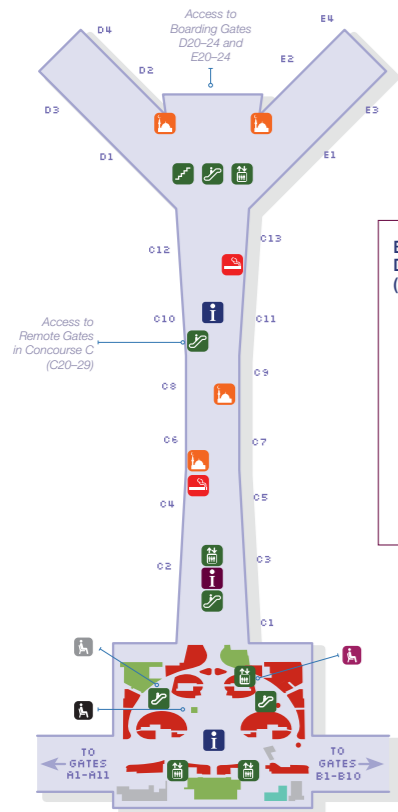
Check-in Area (Level 2)



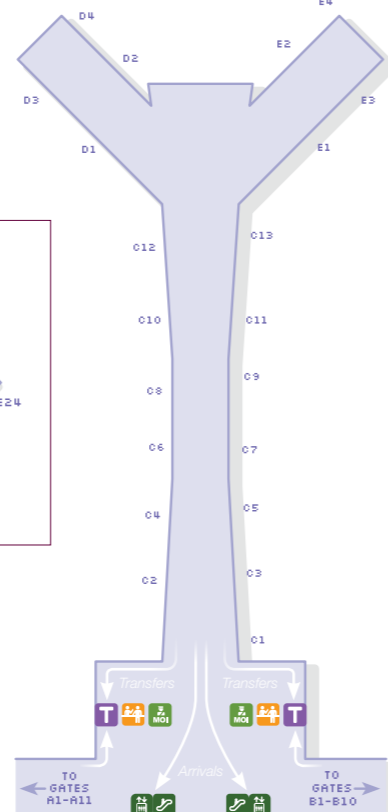
Baggage Reclaim Area (Ground Level)



Departures (Level 1)



Arrivals (Level 2)

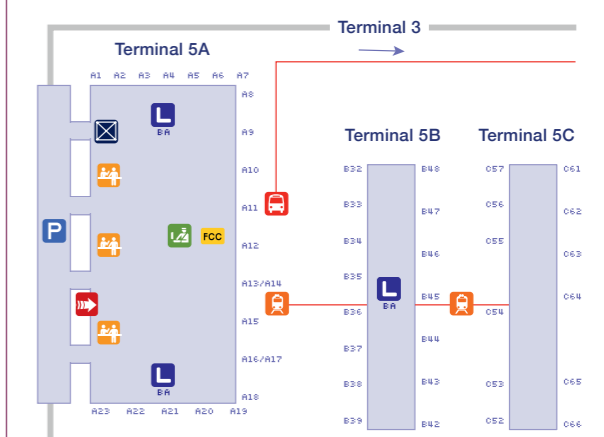
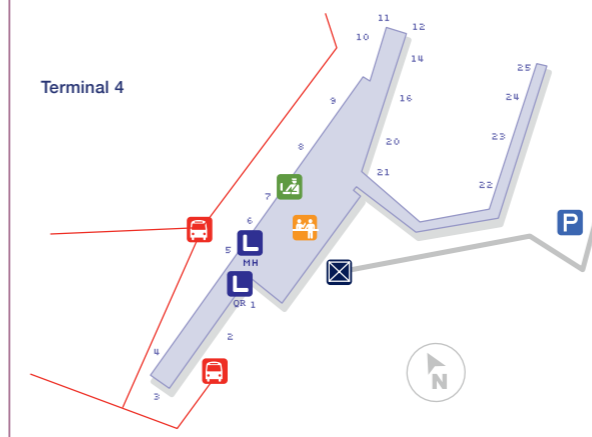
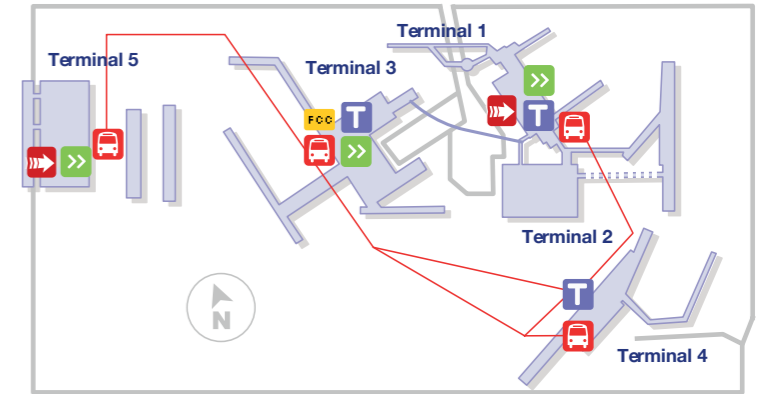


Legend

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|--|-------------------------------|--------------------|--------------------------------|----------------|------------|------------------|
| Al Mourjan Business Lounge | Customs | Check-in/Ticketing | Baggage Services | Medical Clinic | Escalators | Retail |
| First and Business Class Lounge | Immigration | eGate | Information | Prayer Room | Stairs | Food & Beverage |
| Hotel, Al Maha Lounge, and ORYX Lounge | Ministry of Interior Security | Transfer Desk | Qatar Airways Information Desk | Smoking Room | Elevator | Bus |
| | | | | | | Taxis/Limousines |

London Heathrow, UK (LHR)

- | | |
|---|---|
| Terminal 1
British Airways
TAM Airlines | Terminal 4
Malaysia Airlines
Qatar Airways |
| Terminal 3
American Airlines
British Airways
Cathay Pacific
Finnair
Japan Airlines
Qantas
Royal Jordanian
SriLankan Airlines
US Airways | Terminal 5
British Airways
Iberia |



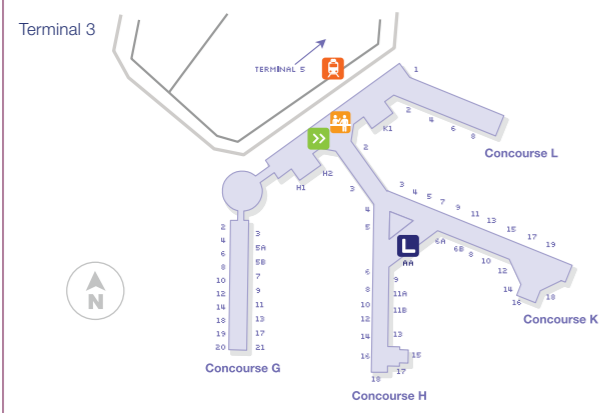
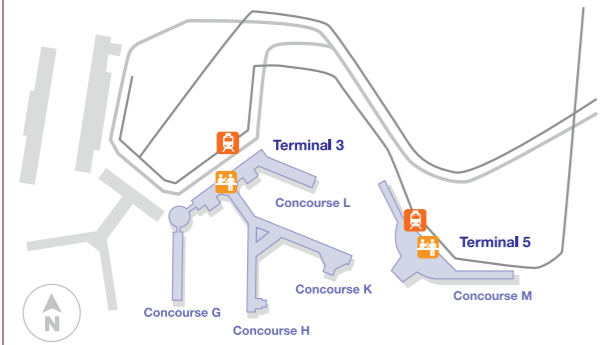
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|----------------------|------------------|--------------------------|------------------------------|----------------------|
| Airport Lounges | Check-in | Parking | Train | National Express Bus |
| CX Cathay Pacific | Customs | Fast Track | Transfer Bus | Road |
| JL Japan Airlines | Elevator | Flight Connection Centre | Heathrow Express | Walkway |
| MH Malaysia Airlines | | | | Bus Route |
| BA British Airways | QR Qatar Airways | AA American Airlines | BA/QF British Airways/Qantas | |
| | JJ TAM Airlines | | | |

Chicago, USA (ORD)

- | | | |
|--|---|---|
| Terminal 3
airberlin*
American Airlines
Iberia*
Japan Airlines* | Terminal 5
airberlin*
American Airlines*
British Airways
Cathay Pacific
Iberia* | Qatar Airways
Royal Jordanian

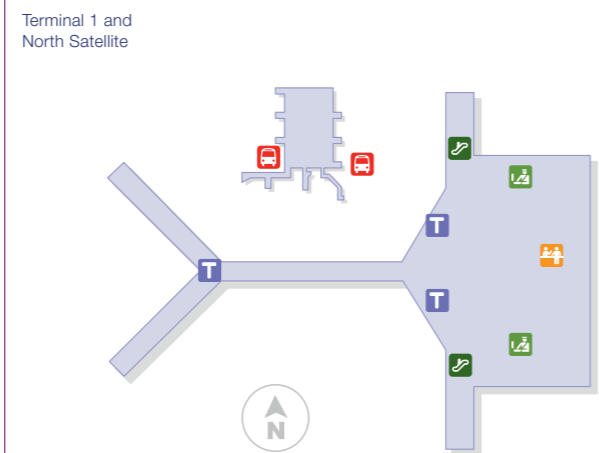
*Flights arrive in Terminal 5
*International arrivals only |
|--|---|---|



- Legend**
- | | | |
|-----------------------------|---|------------------------|
| L Airport Lounges | Check-in | Train |
| CX Cathay Pacific | QR Qatar Airways | Transfer Bus |
| JL Japan Airlines | AA American Airlines | Escalators |
| MH Malaysia Airlines | BA/QF British Airways/
Qantas | T Transfer Desk |
| BA British Airways | JJ TAM Airlines | P Parking |
| | Customs | Road |

Hong Kong, Hong Kong (HKG)

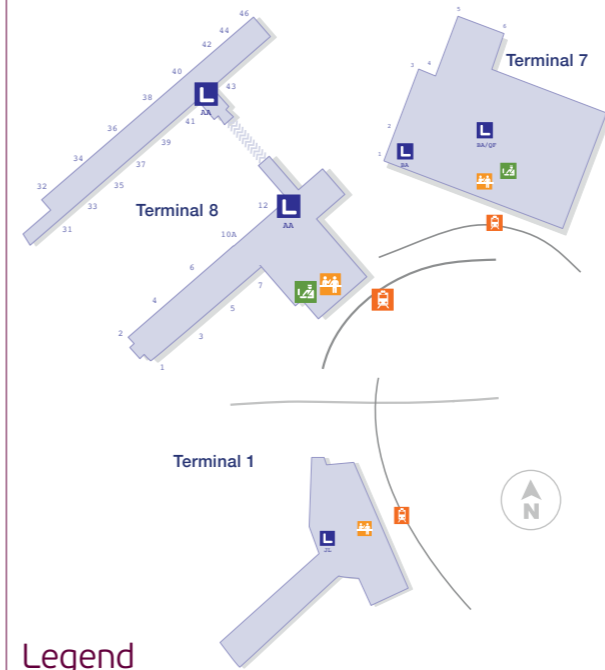
- | | |
|--|---|
| Terminal 1
British Airways
Cathay Pacific
Finnair
Japan Airlines
Malaysia Airlines | Qantas
Qatar Airways
Royal Jordanian
S7 Airlines
SriLankan Airlines |
|--|---|



- Legend**
- | | | |
|-----------------------------|---|------------------------|
| L Airport Lounges | Check-in | Train |
| CX Cathay Pacific | QR Qatar Airways | Transfer Bus |
| JL Japan Airlines | AA American Airlines | Escalators |
| MH Malaysia Airlines | BA/QF British Airways/
Qantas | T Transfer Desk |
| BA British Airways | JJ TAM Airlines | P Parking |
| | Customs | Road |

John F. Kennedy, USA (JFK)

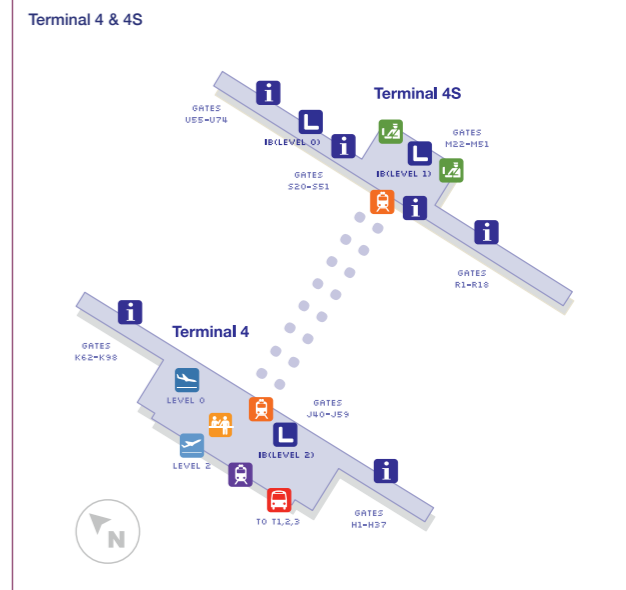
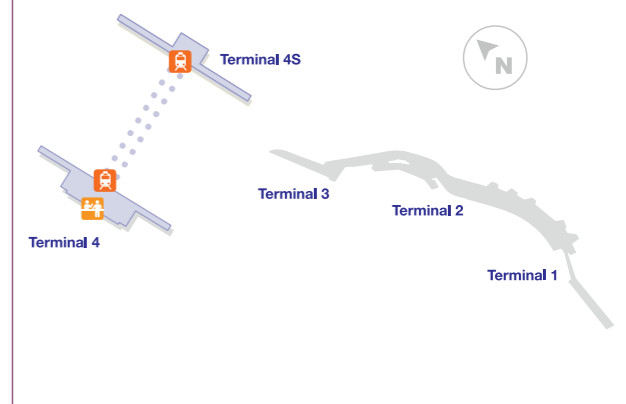
- | | |
|--|---|
| Terminal 1
Japan Airlines | Terminal 8
airberlin
American Airlines
Finnair
LAN |
| Terminal 7
British Airways
Cathay Pacific
Iberia
Qantas | Qatar Airways
Royal Jordanian
TAM Airlines |



- Legend**
- | | | |
|-----------------------------|---|------------------------|
| L Airport Lounges | Check-in | Train |
| CX Cathay Pacific | QR Qatar Airways | Transfer Bus |
| JL Japan Airlines | AA American Airlines | Escalators |
| MH Malaysia Airlines | BA/QF British Airways/
Qantas | T Transfer Desk |
| BA British Airways | JJ TAM Airlines | P Parking |
| | Customs | Road |

Madrid, Spain (MAD)

- | | |
|---|---|
| Terminal 4
airberlin
Finnair
Iberia
TAM Airlines | Terminal 4S
American Airlines
British Airways
Iberia
LAN
Qatar Airways
Royal Jordanian
TAM Airlines |
|---|---|



- Legend**
- | | | | |
|-----------------------------|---|------------------------|-------------------|
| L Airport Lounges | Check-in | Train | Road |
| CX Cathay Pacific | QR Qatar Airways | Transfer Bus | Walkway |
| JL Japan Airlines | AA American Airlines | Escalators | Arrivals |
| MH Malaysia Airlines | BA/QF British Airways/
Qantas | T Transfer Desk | Departures |
| BA British Airways | JJ TAM Airlines | P Parking | |
| | Customs | Information | |

تعترف جميع الخطوط الجوية الأعضاء بمستوى تصنيفك في نادي الامتياز ويحق لك بموجبه الحصول على مجموعة من المزايا التي يتم تقديمها وفقاً لمستويات تصنيف ون وورلد التالية - بغض النظر عن الدرجة التي تسافر عليها. ابحث عن شعار أولوية ون وورلد على لوحات المطار الإرشادية للاستمتاع بأعلى الامتيازات.

عضوية نادي الامتياز الفضية	عضوية نادي الامتياز الذهبية	عضوية نادي الامتياز البلاتينية
عضوية تحالف ون وورلد "روبي"	عضوية تحالف ون وورلد "سافاير"	عضوية تحالف ون وورلد "إميرالد"
اكتساب واستبدال كيومايلز على جميع رحلات أعضاء تحالف ون وورلد	جميع المزايا التي تحصل عليها من مستوى روبي بالإضافة لما يلي:	جميع المزايا التي تحصل عليها من مستوى سافاير بالإضافة لما يلي:
اكتساب نقاط كيو بوينتس على جميع رحلات تحالف ون وورلد المؤهلة	استخدام صالات درجة رجال الأعمال في المطارات	استخدام صالات الدرجة الأولى في المطارات
إتمام إجراءات تسجيل الدخول إلى الرحلة من خلال مكاتب درجة رجال الأعمال	الأولوية في الصعود إلى الطائرة	إتمام إجراءات تسجيل الدخول إلى الرحلة من خلال مكاتب الدرجة الأولى
اختيار وحجز المقاعد المفضلة لديك	وزن إضافي على أمتعة السفر	استخدام المسار السريع عند ممرات التفتيش الأمني
الحصول على أولوية الحجز على قائمة الانتظار	الأولوية في مناولة الحقائب	

*تطبق الشروط والأحكام الخاصة بالأنظمة المتبعة لدى الشركة المشغلة للرحلة من الشركات الأعضاء في تحالف ون وورلد وذلك فيما يخص الحصول على المقعد المفضل أو الحجز مسبقاً للمسافر. لا تتوفر مكاتب الدرجة الأولى ودرجة رجال الأعمال التي تقوم بإنهاء إجراءات السفر والحصول على بطاقة الصعود للطائرة في جميع المطارات. لا تتوفر أولوية مناولة الأمتعة على الرحلات التي تقوم الخطوط الجوية البريطانية بتشغيلها. تختلف مزايا السماح بالأمتعة الإضافية بين أعضاء مستوى Sapphire ومستوى Emerald. تتوفر مزايا تحالف ون وورلد فقط لمسافري الطائرات المجدولة والتي تقوم بتسويقها وتسييرها شركة طيران عضو في تحالف ون وورلد ويعني التسويق هنا أنه يجب أن تحمل تذاكر رقم رحلة الطيران الخاصة بشركة الطيران المشتركة في تحالف ون وورلد وتعتبر خطوط برلين والخطوط الجوية البريطانية و كاثاي باسيفيك والخطوط الجوية الفنلندية والخطوط الجوية اليابانية و خطوط لان والخطوط الجوية الماليزية و كاتناس والخطوط الجوية القطرية والخطوط الملكية الأردنية و خطوط S7 والخطوط الجوية البرازيلية (TAM) وتحالف ون وورلد علامات تجارية للشركات التي تتبع لها. حالياً خطوط (TAM) الجوية (باراغواي) ليست جزءاً من ون وورلد. يمكن أن تطبق بعض القيود والاستثناءات. لمزيد من المعلومات تفضل بزيارة www.oneworld.com/benefits

تمتع بالعالمية

أصبح السفر حول العالم سهلاً ومرناً وبأسعار مناسبة مع ون وورلد إكسبلورر. تعتمد الأسعار على عدد القارات التي تزورها أو تمر بها والدرجة التي تسافر عليها. تتمتع بتحديد مسار رحلتك وتخطيط محطات التوقف وحتى تعديل مخطط سيرها. ون وورلد إكسبلورر يعني أقصى درجات المرونة وأعلى قيمة مضافة لرحلتك.



للحجز أو معرفة المزيد من خيارات القارات المتعددة أو القارة الواحدة تفضل بزيارة www.oneworld.com/flights



be a step ahead.
be one.

أولوية ون وورلد تسهل على المسافرين الدائمين رحلتهم عبر المطار. ابحث عن شعار أولوية ون وورلد على اللوحات الإرشادية في المطار واكتشف عالماً من المزايا التي يقدمها التحالف من بينها الأولوية في تسجيل الدخول و الصعود على متن الطائرة وسرعة المرور عبر نقاط التفتيش ودخول صالات المطار.

اعرف المزيد عبر oneworld.com/benefits



عضو في

ابق على تواصل

نرحب بكم في تحالف ون وورلد الذي يضم نخبة من شركات الطيران الرائدة في العالم ويحرص على توفير أعلى مستويات الخدمة والراحة عبر أكثر من 1,000 وجهة سفر حول العالم، وإذا لم تكن وجهة سفرك ضمن الوجهات التي تغطيها الخطوط الجوية القطرية فإننا ندعوك للسفر مع شركائنا من شركات الطيران الأعضاء في تحالف ون وورلد. تتمتع بمجموعة من المزايا والمكافآت الخاصة والتي تشمل اكتساب واستبدال كيومايلز من جميع شركات الطيران الأعضاء في تحالف ون وورلد، بالإضافة إلى إمكانية دخول أصحاب العضوية البلاتينية والذهبية في نادي الامتياز إلى أكثر من 650 صالة متميزة في المطارات.

أعضاء تحالف ون وورلد



Qatar Airways fleet guide

دليل أسطول طائرات الخطوط الجوية القطرية



Airbus A320-200

Number of aircraft **31**
Length (m) **37.57**
Wingspan (m) **34.1**
Cruising speed (km/h) **867**
Range (km) **5,731**
Passenger capacity **132-144**



عدد الطائرات **٣١**
الطول (م) **٣٧,٥٧**
امتداد الأجنحة (م) **٣٤,١**
سرعة الطيران (كم/ساعة) **٨٦٧**
المدى (كم) **٥,٧٣١**
سعة الركاب **١٤٤-١٣٢**

Airbus A321-200

Number of aircraft **8**
Length (m) **44.51**
Wingspan (m) **34.1**
Cruising speed (km/h) **867**
Range (km) **5,630**
Passenger capacity **182-196**



عدد الطائرات **٨**
الطول (م) **٤٤,٥١**
امتداد الأجنحة (م) **٣٤,١**
سرعة الطيران (كم/ساعة) **٨٦٧**
المدى (كم) **٥,٦٣٠**
سعة الركاب **١٩٦-١٨٢**

Airbus A340-600

Number of aircraft **4**
Length (m) **75.27**
Wingspan (m) **63.45**
Cruising speed (km/h) **905**
Range (km) **14,682**
Passenger capacity **372**



عدد الطائرات **٤**
الطول (م) **٧٥,٢٧**
امتداد الأجنحة (م) **٦٣,٤٥**
سرعة الطيران (كم/ساعة) **٩٠٥**
المدى (كم) **١٤,٦٨٢**
سعة الركاب **٣٧٢**

Airbus A319LR

Number of aircraft **2**
Length (m) **33.84**
Wingspan (m) **34.1**
Cruising speed (km/h) **867**
Range (km) **6,837**
Passenger capacity **40**



عدد الطائرات **٢**
الطول (م) **٣٣,٨٤**
امتداد الأجنحة (م) **٣٤,١**
سرعة الطيران (كم/ساعة) **٨٦٧**
المدى (كم) **٦,٨٣٧**
سعة الركاب **٤٠**

Airbus A330-300

Number of aircraft **13**
Length (m) **63.69**
Wingspan (m) **60.3**
Cruising speed (km/h) **867**
Range (km) **10,558**
Passenger capacity **259-305**



عدد الطائرات **١٣**
الطول (م) **٦٣,٦٩**
امتداد الأجنحة (م) **٦٠,٣**
سرعة الطيران (كم/ساعة) **٨٦٧**
المدى (كم) **١٠,٥٥٨**
سعة الركاب **٣٠٥-٢٥٩**

Airbus A330-200

Number of aircraft **15**
Length (m) **58.8**
Wingspan (m) **60.3**
Cruising speed (km/h) **867**
Range (km) **12,569**
Passenger capacity **260**



عدد الطائرات **١٥**
الطول (م) **٥٨,٨**
امتداد الأجنحة (م) **٦٠,٣**
سرعة الطيران (كم/ساعة) **٨٦٧**
المدى (كم) **١٢,٥٦٩**
سعة الركاب **٢٦٠**

Qatar Airways has one of the world's youngest airline fleets, with an average aircraft age of approximately five years. Narrow-body and wide-body Airbus and Boeing variants operate a mix of short-, medium-, and long-haul international routes. The airline has more than 300 new aircraft on order, worth more than US\$70 billion, pending delivery over the next few years. This includes an order for Boeing 787s, as well as for Airbus' new-generation A380s (first entered service with Qatar Airways in September 2014), A350s (first entered service in January 2015), and A320neos, which will enter service in the near future.

تمتلك الخطوط الجوية القطرية أحد أكثر أساطيل الطائرات شباباً في العالم، حيث يبلغ متوسط أعمار طائراتها خمس سنوات تقريباً. ويضم أسطول القطرية مجموعة متنوعة من طائرات إيرباص ذات الجسم الرفيع والعريض وطائرات بوينغ التي يتم تسييرها على مزيج من الخطوط الدولية قصيرة ومتوسطة وطويلة المدى. وقد تقدمت الناقله بطلب شراء لأكثر من ٣٠٠ طائرة جديدة تقدر قيمتها بأكثر من ٧٠ مليار دولار أمريكي بانتظار تسليمها على مدى السنوات القليلة المقبلة. وتشمل هذه الطائرات بوينغ ٧٨٧، إضافة إلى الجيل الجديد من طائرات إيرباص A٣٨٠ (التي دخلت أول طائرة منها الخدمة مع الخطوط الجوية القطرية في سبتمبر ٢٠١٤) وإيرباص A٣٥٠ (التي دخلت أول طائرة منها الخدمة مع الخطوط الجوية القطرية في يناير ٢٠١٥) و A٣٢٠-١٥ نيوز التي ستدخل الخدمة في المستقبل القريب.

Boeing 777-300ER

Number of aircraft **34**
Length (m) **73.9**
Wingspan (m) **64.8**
Cruising speed (km/h) **905**
Range (km) **14,685**
Passenger capacity **335-412**



عدد الطائرات **٣٤**
الطول (م) **٧٣,٩**
امتداد الأجنحة (م) **٦٤,٨**
سرعة الطيران (كم/ساعة) **٩٠٥**
المدى (كم) **١٤,٦٨٥**
سعة الركاب **٤١٢-٣٣٥**

Boeing 777-200LR

Number of aircraft **9**
Length (m) **63.7**
Wingspan (m) **64.8**
Cruising speed (km/h) **905**
Range (km) **17,370**
Passenger capacity **259**



عدد الطائرات **٩**
الطول (م) **٦٣,٧**
امتداد الأجنحة (م) **٦٤,٨**
سرعة الطيران (كم/ساعة) **٩٠٥**
المدى (كم) **١٧,٣٧٠**
سعة الركاب **٢٥٩**

Airbus A380-800

Number of aircraft **6**
Length (m) **72.7**
Wingspan (m) **79.8**
Cruising speed (km/h) **944**
Range (km) **15,700**
Passenger capacity **517**



عدد الطائرات **٦**
الطول (م) **٧٢,٧**
امتداد الأجنحة (م) **٧٩,٨**
سرعة الطيران (كم/ساعة) **٩٤٤**
المدى (كم) **١٥,٧٠٠**
سعة الركاب **٥١٧**

Airbus A350-XWB

Number of aircraft **8**
Length (m) **66.89**
Wingspan (m) **64.75**
Cruising speed (km/h) **902**
Range (km) **14,350**
Passenger capacity **283**



عدد الطائرات **٨**
الطول (م) **٦٦,٨٩**
امتداد الأجنحة (م) **٦٤,٧٥**
سرعة الطيران (كم/ساعة) **٩٠٢**
المدى (كم) **١٤,٣٥٠**
سعة الركاب **٢٨٣**

Boeing 787 Dreamliner

Number of aircraft **29**
Length (m) **57**
Wingspan (m) **60**
Cruising speed (km/h) **913**
Range (km) **15,200**
Passenger capacity **254**



عدد الطائرات **٢٩**
الطول (م) **٥٧**
امتداد الأجنحة (م) **٦٠**
سرعة الطيران (كم/ساعة) **٩١٣**
المدى (كم) **١٥,٢٠٠**
سعة الركاب **٢٥٤**

Airbus A320-200

Number of aircraft **8**
Length (m) **37.57**
Wingspan (m) **34.1**
Cruising speed (km/h) **867**
Range (km) **5,731**
Passenger capacity **165**



عدد الطائرات **٨**
الطول (م) **٣٧,٥٧**
امتداد الأجنحة (م) **٣٤,١**
سرعة الطيران (كم/ساعة) **٨٦٧**
المدى (كم) **٥,٧٣١**
سعة الركاب **١٦٥**



HEALTH ADVICE

MOTION SICKNESS

Continue looking straight ahead by keeping your eyes focused on a non-moving object to reduce motion sickness.

CABIN PRESSURE

Cabin air pressure falls as the aircraft gains height, which can cause the amount of oxygen in your blood to drop. The aircraft cabin is pressurised to keep this to a minimum but the change of pressure during take-off and landing can give a feeling of blockage of the ears. Chewing, swallowing, or yawning can relieve these symptoms.

HEART DISEASE

Do not fly within seven days of a heart attack unless cleared by your doctor. It is normally best to delay your flight for about a month in case there are complications.

DIABETES

If you are going to cross several time zones, please consult your doctor about managing your insulin dosage.

PREGNANCY

You can travel by air: up to 28 weeks into a normal pregnancy; in later stages of pregnancy, with a medical certificate, up to 35 weeks for a single child and 32 weeks for twins.



Deepak Chopra, M.D. is a bestselling author and the co-founder of The Chopra Center for Wellbeing in California. For more information on Ayurveda, meditation, and natural health, please visit chopra.com

fly healthy, fly fit

Qatar Airways and The Chopra Center for Wellbeing offer you customised Ayurvedic techniques that you can use during your flight (and at home) to feel more balanced, healthy, and relaxed. Download Chopra's travelling tips at qatarairways.com.

MEDITATION

Meditation is a timeless practice that helps you to release stress and anxiety. The Chopra Center teaches an easy, natural technique called Primordial Sound Meditation, and we also recommend the following practice you can try right now:

So Hum Meditation

- 1 Make yourself comfortable, close your eyes, and observe the inflow and outflow of your breath for a few minutes.
- 2 Now take a slow, deep breath through your nose, while thinking or silently repeating the word 'So'.

- 3 Slowly exhale through your nose, while silently repeating the word 'Hum'. Continue to allow your breath to flow easily, silently repeating 'So... Hum...' with each inflow and outflow of the breath.
- 4 Do this for 20 to 30 minutes. Just breathe easily and effortlessly, without trying to concentrate.

For more tips on a healthy, relaxing, and comfortable flight, visit qatarairways.com

ORYX ONE

EXPLORE PLAY SHARE

YOUR GUIDE TO QATAR AIRWAYS' WORLD-CLASS IN-FLIGHT ENTERTAINMENT



SOMETHING FOR EVERYONE

Blockbuster new releases such as *Batman v Superman: Dawn of Justice* and *The Jungle Book* are on board, as well as the hottest in television and music.

3000

ENTERTAINMENT OPTIONS

100 BLOCKBUSTER MOVIES

NEW ON BOARD EVERY MONTH



FAMILY MOVIES

ORYX ONE celebrates the remade version of *The Jungle Book* with the classic animated Disney version, and also offers all three of the hit *High School Musical* films.



WORLD CINEMA

ORYX ONE presents acclaimed hits from across Europe as well as the best in Asian cinema, including the epic *Ip Man 3* and a marvellous look into the life of the legendary Pelé.



TELEVISION

It's a laughter extravaganza on ORYX ONE, including recent comedy smashes *The Last Man on Earth* and *Fresh Off the Boat*, as well as top current and classic hits.



AUDIO

A stellar selection of music hits is available for your listening pleasure, including the latest from Beyoncé, classic Santana, and our Legacies collection.

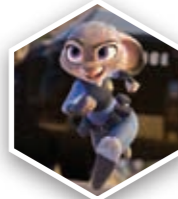
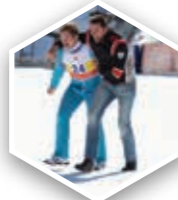
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BLOCKBUSTER MOVIES

Each month Qatar Airways' ORYX ONE brings you a wealth of new movies. **As well as 10 brand-new blockbuster movies,** we've got no less than **150 premieres and recent releases!**

Premieres & Recent Releases

Batman v Superman: Dawn of Justice	151 min
The Jungle Book (2016)	105 min
Allegiant	120 min
Barbershop: The Next Cut	112 min
Dear Eleanor	98 min
I Saw the Light	124 min
Miracles from Heaven	108 min
My Big Fat Greek Wedding 2	94 min
Zootropolis	108 min
Eddie the Eagle	106 min
Aloha	105 min
Alvin and the Chipmunks: The Road Chip	92 min
Black Mass	122 min
Concussion	123 min
Creed	133 min
Deadpool	108 min
Fantastic Four	100 min
Far from the Madding Crowd	119 min
Hail, Caesar!	106 min
Hello, My Name Is Doris	95 min
Hitman: Agent 47	96 min
Hot Pursuit	87 min
How to Be Single	110 min
In the Heart of the Sea	122 min
Joy	124 min
Kings of Egypt	127 min
Kung Fu Panda 3	95 min



Mad Max: Fury Road	120 min
Max	111 min
Maze Runner: Scorch Trials	132 min
Me and Earl and the Dying Girl	102 min
Mistress America	84 min
Our Brand Is Crisis	107 min
Pan	111 min
Paper Towns	109 min
Point Break	114 min
Race	134 min
Ride Along 2	102 min
San Andreas	114 min
Secret in Their Eyes	111 min
Spotlight	128 min
Spy	120 min
Star Wars: The Force Awakens	132 min
The 5th Wave	112 min
The Dressmaker	118 min
The Finest Hours	117 min
The Forest	93 min
The Gallows	81 min
The Good Dinosaur	100 min
The Intern	121 min
The Lady in the Van	104 min
The Man from U.N.C.L.E.	116 min
The Martian	141 min
The Other Side of the Door	96 min
The Peanuts Movie	93 min
The Revenant	156 min
Triple 9	115 min
True Story	99 min
Victor Frankenstein	110 min



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NEW MOVIES JULY



The Jungle Book (2016) 105 min
Jon Favreau's live-action reimagining of Rudyard Kipling's classic story keeps the memorable hits from Disney's 1967 film and wows with fantastic CGI.



Batman v Superman 151 min
The heroes' first ever movie meeting is supported by Justice League members Wonder Woman, Aquaman, Cyborg, and The Flash.



My Big Fat Greek Wedding 2 94 min
Fourteen years after the original hit, a big Portokalos family secret brings everyone back together for an even bigger wedding.



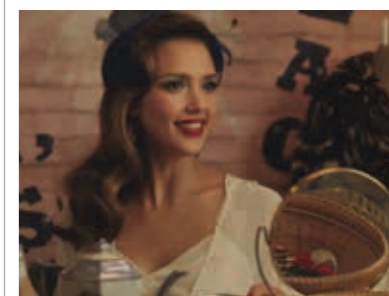
Barbershop: The Next Cut 112 min
Calvin's Barbershop crew comes up with a plan to save their neighbourhood in this second sequel to the 2002 hit.



I Saw the Light 124 min
Tom Hiddleston stars as country music legend Hank Williams in this chronicle of his meteoric rise to fame.



Allegiant 120 min
The penultimate instalment in the dystopian series sees Tris and Four unearth new truths when they go beyond the wall.



Dear Eleanor 98 min
In 1962, teenage best friends set out on a cross-country adventure in search of their hero, former US first lady Eleanor Roosevelt.



Miracles from Heaven 108 min
Based on Christy Beam's memoir about her 10-year-old daughter Anna's recovery from a rare disorder.

BATMAN v SUPERMAN

The 'superhero franchise' concept began in 1978 with the first Superman film, followed later by Tim Burton's imagining of Batman beginning in 1989. Whose side are you on?



Batman Returns 121 min
Batman faces the Penguin, who has managed to become mayor, while the mysterious Catwoman has her own scores to settle.



Batman Forever 121 min
Batman and Robin seek to stop Two-Face and the Riddler from unleashing their brain-sucking weapon on Gotham City.



Batman & Robin 126 min
Batgirl joins the crime-fighting team in their battle against the villainous Mr. Freeze and the flower-powered femme fatale Poison Ivy.



Superman 143 min
Christopher Reeve stars in the iconic superhero's origin story as he's sent from the doomed planet Krypton to Earth, where he adopts his alter-ego Clark Kent.



Superman II 127 min
When three Kryptonian criminals escape and come to Earth, Lex Luthor helps arm them with newfound superpowers as Superman must save the day.



Superman III 125 min
Comedy legend Richard Pryor portrays a computer genius and Robert Vaughn a megalomaniacal millionaire as the latest villains in the Superman franchise.



Superman IV: The Quest for Peace 90 min
The fourth and final movie featuring Christopher Reeve sees Superman rid the world of nuclear weapons, only to have Lex Luthor challenge him.



Superman Returns 154 min
Bryan Singer takes over the Superman saga, this time with Kevin Spacey starring as Lex Luthor in this homage sequel to the Christopher Reeve films.



Man of Steel 153 min
The legend of Superman is reimagined in a darker, more dramatic setting, led by comic-book fanboy Zack Snyder with assistance from *The Dark Knight's* Christopher Nolan.



Batman 126 min
Tim Burton's *Batman* sees the hero face his arch-nemesis, the Joker, played with maniacal glee by Jack Nicholson.

IMMERSE YOURSELF

Watch the full Star Wars saga from its thrilling beginning to the climactic ending.



Star Wars: Episode I The Phantom Menace 136 min
The prequel to the original trio sees two Jedi Knights sent to confront the leaders of the evil Trade Federation.



Star Wars: Episode II Attack of the Clones 142 min
The Jedi Knights struggle to maintain order, while Anakin Skywalker and his apprentice meet with Jabba the Hutt.



Star Wars: Episode IV A New Hope 121 min
The film that launched science fiction's most famous franchise introduces all the characters to the world.



Star Wars: Episode V The Empire Strikes Back 124 min
Darth Vader leads a relentless assault on the Rebels in his obsessive mission to find Luke Skywalker.



Star Wars: Episode VII The Force Awakens 132 min
A new era in a galaxy far, far away sees a new Dark Side villain, with new heroes in pursuit!



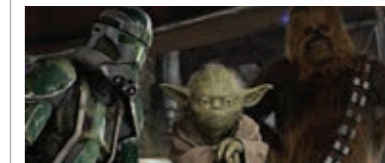
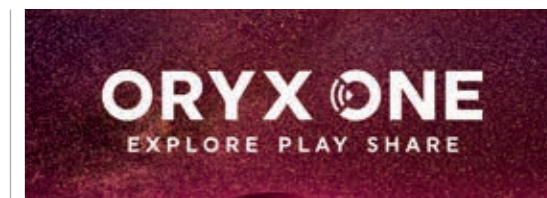
House on Telegraph Hill 93 min
A Second World War survivor finds herself involved in mystery, greed, and murder after assuming a dead friend's identity.



Enjoy classic movies from the 'golden age' of Hollywood.



Carmen Jones 105 min
The screen version of Bizet's opera, *Carmen*, sees a handsome soldier lured away from his love only to be abandoned and seeking revenge.



Star Wars: Episode III Revenge of the Sith 140 min
Anakin's force grows stronger as he and Obi-Wan Kenobi are sent to eliminate General Grievous.



Star Wars: Episode VI The Return of the Jedi 131 min
Luke Skywalker faces Darth Vader for one last time to defeat the Empire once and for all.



Fantastic Voyage 100 min
A surgical task force is reduced to microbe size to perform a delicate operation inside the brain of a dying scientist.



Victor Victoria 132 min
This musical comedy is about a struggling soprano who decides to masquerade as a male-female impersonator to boost her career.

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FAMILY

On ORYX ONE, there are more than 70 family movies to choose from, including...

SPOTLIGHT FAMILY

Fun for the whole family with ORYX ONE's range of new and classic family movies.

FEATURED FAMILY

The Jungle Book (2016)

Bringing the animated classic, *The Jungle Book*, to life, was going to require someone well versed in building an intricate universe around a CGI-heavy formula.

Enter Jon Favreau, accustomed to working within the visual framework of the Marvel Cinematic Universe, who took the reimagined tale of Mowgli and turned it into a visual and box office blockbuster. Yet Favreau was not expecting to get the same type of visual support that he did for the adventures of Tony Stark. He was pleasantly surprised.

"Disney was comfortable enough to say, 'Hey, let's really go for it,'" Favreau recalls. "(They allowed us to) go photo-real and see what technology has to offer. To have those tools available for something other than a superhero movie was a big treat for me." ●



***The Jungle Book* (1967)** 118 min

Join Mowgli on his journey through the jungle where he meets happy-go-lucky bear Baloo, who teaches him the true meaning of friendship.



Epic 102 min

Feisty teenager M.K. is transported to a fantastical forest universe, where she teams with elite warriors to fend off the forces of evil.



Rio 2 101 min

Blu, Jewel, and their three kids are hurtled from the wonderful home city of Rio de Janeiro to the wilds of the Amazon.



High School Musical 98 min

Disney's phenomenon follows Troy and Gabriella, who discover they share a passion for singing, but belong to very different high school cliques.



High School Musical 2 94 min

Drama queen Shaznay cooks up a scheme that will put Troy's loyalties to Gabriella and his basketball buddies to the test.



High School Musical 3 112 min

Troy and Gabriella find it hard to focus on their final musical as they face the prospect of going to college a thousand miles apart.

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SPOTLIGHT WORLD CINEMA

Exceptional movies from across our global network.

WORLD

New movies from every corner of the globe



Prem Ratan Dhan Payo 154 min

After Prince Vijay falls prey to his brother's plot to steal the throne, his doppelganger is tasked with taking his place to protect the kingdom.



Pelé: Birth of a Legend 107 min

The life story of Brazilian football legend Pelé, from his impoverished childhood in a Brazilian *favela* to his rise to glory.



Nobunaga Concerto: The Movie 126 min

A teen travels back 500 years to Japan's warring states era – masquerading as famed warlord Nobunaga Oda – to help unite Japan.



Die wilden Kerle 6 96 min

Seven football-obsessed friends train with the coach of the legendary soccer team the Wild Things in order to defeat their rival.



Babysitting 2 93 min

Franck and friends leave the suburbs of Paris for a misguided adventure in the Amazon jungle in this sequel to the 2014 French comedy hit.



Rebecca 87 min

An egotistical man realises his only companion, a seemingly timid village girl he was forced to marry hours earlier, is also his only hope.



FEATURED WORLD MOVIES

Ip Man 3

Ip Man was a formidable martial arts exponent from a wealthy family who became known in the 1930s. He developed into a folk hero, defying sadistic Japanese soldiers in the first film and then restoring Chinese pride against British imperialist bullies in the second.

The most recent in the series, *Ip Man 3*, is relatively gentle, set in the 1950s and with a focus on the everyday life of Ip and his family before he became involved in a gang's attempt to seize the school that Ip Man's son attends. It does offer a glimpse, often surprisingly amusing, of Ip's most famous student, Bruce Lee, and in addition pits Yen against a high-profile opponent in former heavyweight champion Mike Tyson, who plays a boxer-turned businessman in the film. ●



SPOTLIGHT TELEVISION

Featuring a huge variety of television's best drama, documentaries, and more.

FEATURED TELEVISION

Modern Family

In the history of the Emmys, only two series have achieved the dizzying honour of winning Outstanding Comedy Series five times. *Modern Family* is one of them.

The success lies in the cast, says showrunner Christopher Lloyd.

"We wrote a pilot script that we were happy with but it really just worked on the page. When we thought about casting it, some of the actors we were familiar with. We knew Ed O'Neill professionally and we'd met with him on another project. We met with Sofia Vergara because she was on a network deal. Ty Burrell is someone I had worked with on two previous shows. But you don't really know how great you have it until you sit these actors opposite one another." ●

TELEVISION

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DRAMA
Bosch 50 min
A detective hotly pursues the trail of a young boy's killer while himself standing trial for murdering a suspected serial killer.



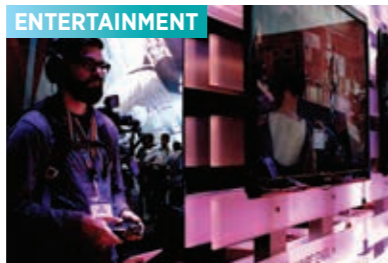
ENTERTAINMENT
Halal Foodie 25 min
Comedian Papi Zak travels through Southeast Asia for the best in halal food, offering insight into his destinations as well.



COMEDY
The Last Man on Earth 22 min
An end-of-the-world comedy that chronicles the life and adventures of Phil, an average man who is now, by default, the best man at everything.



COMEDY
Fresh Off the Boat 25 min
Eddie Huang is 12 years old and in for a culture shock when his family moves from Washington DC's Chinatown to Florida.



ENTERTAINMENT
Gaming: The Digital Revolution 52 min
The world spends three billion hours a week gaming, and this film investigates what has become the 21st century's dominant cultural industry.

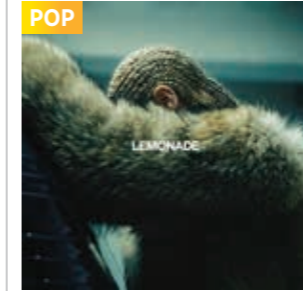


KIDS
The Lion Guard 23 min
Based on *The Lion King* - Kion, the son of Simba, leads his friends known as the Lion Guard to protect the Pride Lands.

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AUDIO

From the spoken word to the very latest albums from across the globe



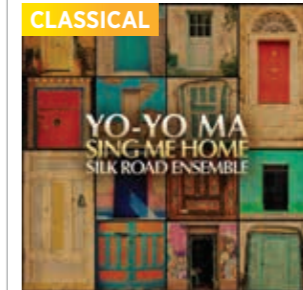
POP
Lemonade / Beyoncé
Beyoncé's latest has garnered critical praise beyond the always-on power of her voice, supported by more powerful lyrics and direction as well.



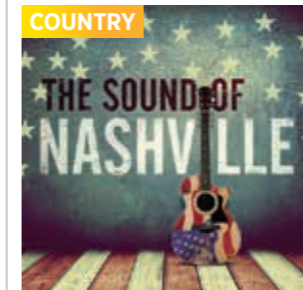
DANCE
Cloud Nine / Kygo
Kygo's debut is a perfect post-party comedown: relaxed, melodic pop-hook house boasting a full roster of guest vocalists.



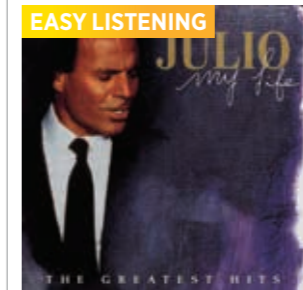
JAZZ & BLUES
New York Afternoon Snowboy & The Latin Section
The band's 30th anniversary is celebrated with this glorious Afro-Cuban jazz extravaganza.



CLASSICAL
Sing Me Home Yo-Yo Ma & The Silk Road Ensemble
Chock-full of fantastic fusions that are always interesting and often marvellous.



COUNTRY
The Sound of Nashville / Various Artists
A crash course in country music, with hits from everyone from Johnny Cash through to Carrie Underwood.



EASY LISTENING
My Life: The Greatest Hits / Julio Iglesias
The biggest and most popular hits, including 'All of You', and 'Summer Wind', a duet with Frank Sinatra.

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SPOTLIGHT AUDIO

Close your eyes and be transported to a world of music from across myriad genres.

FEATURED ARTIST

IV / Santana

As a guitarist, even a virtuoso one, Carlos Santana is dependent in no small way on those he collaborates with to complete his vision. This was certainly the case with his solo comeback effort, *Supernatural*, in 1999, but stands out here on *IV* thanks to a stirring reunion with his early-1970s band.

Singer and keyboardist Gregg Rolie, Santana's most important early foil, returns to draw out a host of complexities while the great Neal Schon - once Santana's teen protégé - now runs more alongside the great master. They all scamper to keep up with percussionist Michael Carabello and drummer Michael Shrieve, Woodstock-era veterans who flood each track with sensual rhythms that provide the backbone for a stellar body of work. ●

TRAVEL

Great destinations are accessible by air or by screen from the comfort of your seat.



Jet Set 25 min

Enjoy this travel series where each episode features hosts Richard and Gill battling for the best trip in some of the world's most exotic locations.



I'll Have What Phil's Having 60 min

Host Phil Rosenthal spans the globe in search of the best dishes from top destinations, including Tokyo, Paris, and Los Angeles.



The Travel Show 25 min

This BBC series goes above and beyond the surface of places such as Myanmar and Japan, as well as an episode on London's World Travel Market.



In 24 Hours 23 min

Join host James Williams on one-day explorations of some of the world's great cities, including New York, Hong Kong, and Sydney.



On the Road 25 min

Enjoy an in-depth look at the people, customs, and cuisine that make travel such a learning experience as we visit Indonesia, Thailand, and other locales.



Barcelona From the Sky 32 min

Discover modernist Antoni Gaudí's secrets, as well as local shops and markets as we explore Catalonia's capital.



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SPORT

Get the adrenalin pumping and catch up on the latest and greatest in sport!

SPOTLIGHT TELEVISION

Featuring the world's best sports recaps, highlights, and documentaries.



Olympics London 2012 Highlights 52 min

As this year's Olympics kick off, take a look back at the major stories of the 2012 Games, including Michael Phelps's record 22 medals.



Born to Run 60 min

A look at Jamaica's love affair with sprinting, including two-time Olympic champion Shelly-Ann Fraser-Pryce and the world's fastest man, Usain Bolt.



ICC World T20 2016 60 min

Enjoy all of the best highlights from the sixth ICC World Twenty20 tournament in India, including the final at Eden Gardens, Kolkata.



250 Great Goals 26 min

A montage of the finest goals ever scored in the history of football and the most talked-about goals the game has ever witnessed.



EA Game Time 26 min

Get up close and personal with your favourite athletes and the best stories as we take an inside look at EA Sports.



Bounce 55 min

Enjoy this fun and fascinating look at how the simple ball has spanned time, language, and distance to create a world of sport.

FEATURED SPORT

Football's Greatest

Shortly before his international retirement, Xavi Hernandez, the long-time Barcelona star, was voted the greatest centre-midfielder in history by the readers of football magazine *Goal*. This viewpoint is shared by numerous historians as well, driven by Spain's wins at the 2010 World Cup and championships at Euro 2008 and 2012.

Calling it an honour to have played and trained with Xavi, the great Lionel Messi called his teammate and friend "the best player in the history of Spanish football".

Hernandez edged out fellow greats such as Andrea Pirlo, Lothar Matthäus, and Frank Rijkaard.

Football's Greatest looks at Hernandez's exceptional career, featuring great moments from his career and interviews with teammates, coaches, friends, and family to reveal what makes him so special. ●

سبوت لايت
تلفزيونعظماء أروا في
تاريخ كرة القدم تعرفوا
عليهم

سبوت لايت

عظماء كرة القدم

لعشاق كرة القدم ندعوكم للاستمتاع بمشاهدة سلسلة حلقات البرنامج التلفزيوني الرياضي «عظماء كرة القدم» والذي يضم ٢٦ حلقة يقدمها لنا ريتشارد كيز الذي يسلط الضوء على ٢٥ لاعب كرة قدم في كل حلقة.

تم تصوير البرنامج خلال الفترة من ١٠ يونيو وحتى ١١ يوليو ٢٠١٠ على قناة سكاي سبورتس ليواكب فعاليات كأس العالم لذلك العام، وتمت إضافة حلقات أخرى لهذه السلسلة في ٢٠١٤ ضمت كريستيانو رونالدو وليونيل ميسي.

الجدير بالذكر أنه تم تصوير سلسلة حلقات أخرى في عام ٢٠١١ عن أعظم مدربي كرة القدم على غرار عظماء كرة القدم، قدمه هذه المرة جابريل كلارك، تبعها سلسلتين أخريين الأولى ضمت أعظم النوادي الرياضية والثانية عن الفرق العالمية، لذا فهذا البرنامج يمثل ثروة لعشاق كرة القدم.

رياضة

باقة من البرامج الرياضية والوثائقيات التي تلقي الضوء على أبرز الدوريات والبطولات العالمية وألمع اللاعبين حول العالم.



وُلد ليركض ٦٠ دقيقة
يُسلط هذا البرنامج الضوء على هذه الرياضة المليئة بالتحدي والإصرار، ويعرض لنا نبذة عن سيرة حياة عدائين ولدوا ليركضوا.



لقطات من أولمبياد لندن ٢٠١٢ ٥٢ دقيقة
استمتعوا معنا بمشاهدة أبرز وأروع اللحظات خلال أولمبياد لندن ٢٠١٢ والتي يصعب حصرها لروعها وأثارها.



٢٥٠ هدف عظيم ٢٦ دقيقة
ندعوكم لمشاهدة أعظم ٢٥٠ هدفاً من أهداف كرة القدم حول العالم.



ارتداد ٥٥ دقيقة
لمحبي الرياضة ندعوكم لجولة رياضية للإستمتاع بأكثر اللحظات المدهشة والمشوقة.



بطولة العالم للكريكيت ٢٠١٦ ٦٠ دقيقة
لعشاق الكريكيت ندعوكم للاستمتاع بأروع اللحظات خلال بطولة العالم للكريكيت لعام ٢٠١٦ والتي أقيمت فعالياتها في الهند.



عصر الفنون الإلكترونية ٢٦ دقيقة
ندعوكم للتعرف على أهم تطورات عصر الفنون الإلكترونية وألعاب الفيديو، التي تحاول أن تحاكي الرياضات الحقيقية.

راديو

استمعوا لأحدث الإصدارات الفنية، والأغاني العربية الكلاسيكية، وكذلك لثلاث تلاوات للقرآن الكريم.



منصور زايد / وداعاً



خالد عبد الرحمن / الحب الكبير



جنات / بنفس الكلام



جورج وسوف / أروع ما أغني



عمر خيرت / الرؤيا



أم كلثوم / هجرتك

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توفر الخطوط الجوية القطرية حتى ٣,٠٠٠ خيار ترفيهي في متناول أيديكم، إذا كان لديكم أسئلة، يرجى الاستفسار من أحد أفراد طاقم رحلتكم.



سبوت لايت

روائع نجوي ٢٠١٦

نقدم لكم أحدث إصدارات شركة روتانا للصوتيات والمرئيات لشمس الأغنية العربية الفنانة اللبنانية نجوي كرم التي اعتادت على تقديم الفن الراقي والمتمرن وصاحبة الحضور المميز وذلك في ألبومها الجديد روائع نجوي كرم ٢٠١٦، يضم الألبوم ١٥ أغنية من أجمل أغنياتها التي قدمتها من قبل وتم طرحها في ألبومات غنائية سابقة.

لطالما تميزت نجوي كرم بصوتها الجليبي الأصيل، كما تعتبر مطربة شعبية من الطراز الأول، والجدير بالذكر أنها لم تغني سوى باللهجة اللبنانية اعتزازاً منها بلهجتها الأصلية وقد بيع لشمس الأغنية اللبنانية أكثر من ٦٠ مليون اسطوانة وتلقت العديد من الجوائز الفنية والأدبية.

ندعوكم للاستمتاع بأروع ما غنت شمس الأغنية نجوي كرم.



سبوت لايت

يا طير الطائر

يرصد الفيلم المعاناة الفلسطينية من خلال قصة حياة النجم الفلسطيني (محمد عساف) ومعاناته حتى أصبح من أهم مطربي الوطن العربي.

الفيلم يجتهد الإصرار والعزيمة لتحقيق النجاح على الرغم من العقبات التي تحاول عرقلتنا عن الوصول إلى هدفنا وإنجازها وقصة الفيلم تُعطي صورة رمزية للكفاح من أجل الحرية وتحقيق الطموحات والأحلام، والإيمان بأن لا شيء مستحيل أمام المثابرة والاجتهاد، وأن الفقر لا يحول دون الوصول إلى قمة النجاح من خلال قصة النجم محمد عساف، ويقوم الفيلم بتسليط الضوء على معاناة سكان قطاع غزة ويتعرض لحياتهم بشكل كامل من خلال مراحل حياته منذ طفولته وحتى الشباب في مخيمات اللاجئين بقطاع غزة، تم تصوير العمل في قطاع غزة وجنين في فلسطين، وعمّان والبحر الميت في الأردن. ●

الأفلام

أفلام عربية حديثة وكلاسيكية.



نوم التلات ٨٧ دقيقة
يعاني معتز من حالة نادرة تجعله ينسى ما حدث له في يوم الثلاثاء من كل أسبوع ويزيد الأمر سوءاً حين يقع في حب ندا.



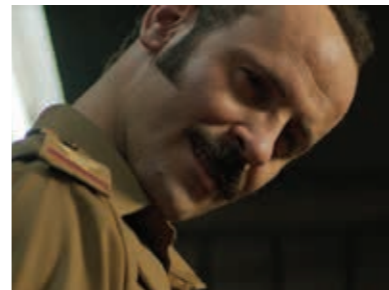
معطف كبير الحجم ١٢٠ دقيقة
يروى الفيلم فصلاً من المعاناة عاشتها القضية الفلسطينية ما بين ١٩٨٧ و٢٠١١ من خلال إسقاط الأحداث على شاب فلسطيني قرر خدمة وطنه عن طريق الإعلام.



شهر العسل ١١٥ دقيقة
تقبل (هنا) خطبتها رغماً عنها؛ فيحدث لبس عندما يعد (فريد) (جمال) بالحضور إلى منزله لتعليمها الموسيقى؛ فيلتبس الأمر على خطيبتي الفتاتين في إطار كوميدي.



من فخر راجل ١٤٥ دقيقة
يعشق رحيم الملاكمة ويحلم بالشهرة، يخفي عنه والده سرّاً فيكتشفه وتقلب حياته رأساً على عقب ليتحول إلى بلطجي، تدور الأحداث في إطار رومانسي إجتماعي.



زنانة ٩١ دقيقة
ينتظر طلال معرفة مصيره في زنانة في بلدة نائية مشتاقاً لعائلته، ليجد نفسه متورطاً في مخطط مجهول لانتفاذ أسرته من رجل مضطرب عقلياً.



لعبة الانتقام ١٠٥ دقيقة
تتزوج نادية من صلاح رغماً عن والدها، يُرزقا بابنتهما مي، يحاول والدها التفريق بينهما بأن يتهم صلاح بمحاولة قتله ويحكم عليه بالسجن، وتتصاعد الأحداث.

سبوت لايت
السينما العربية

أفلام جديدة على متن الخطوط الجوية القطرية هذا الشهر

تلفزيون

أكثر من ٢٥٠ من حلقات مسلسلات الدراما والكوميديا والترفيه، والبرامج الوثائقية.



وثائقي
مدن وأماكن
يصحبنا هذا البرنامج حول العالم في سياحة ثقافية لتتعرف على مدن العالم المختلفة والأماكن الأكثر إثارة وتشويقاً في ثلاث حلقات ممتعة.



ترفيهي
حلويات العيد
تشتهر كل دولة عربية بأنواع معينة من الحلويات الخاصة بعيد الفطر، لذا يقدم لك برنامج حلويات العيد أسرع وأسهل الوصفات الشهية واللذيذة.



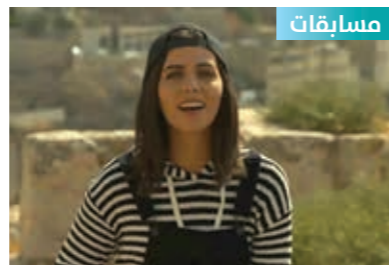
كوميدي
عجب غريب
يتناول المسلسل قصة عائلة بعد أن تقاعد الأب الذي خسر منزله ومزرعته نتيجة الأزمة الاقتصادية؛ فيسكن في شقة في إحدى البيئات ويتعرض لعدة مشاكل طريفة.



وثائقي
قطر في عيونهم
رافقونا في رحلة للتعرف على المجتمع القطري من خلال مقابلة بعض المقيمين من جنسيات وثقافات مختلفة لنتعرف من هذه التجربة بمنظور جديد عن المجتمع القطري.



ترفيهي
مين يعرف
اختبر معلوماتك العامة في ثلاث حلقات شيقة من برنامج المسابقات اللبناني مين يعرف مع عدد من نجوم الفن والمجتمع في أجواء مرحة.



مسابقات
المهمة
يجمع البرنامج بين الفائدة والمتعة والترفيه من خلال ما تشهده الحلقات من تحديات ذهنية وبدنية ومعرفية تحييطها أجواء مليئة بالتحدي والإثارة.

سبوت لايت
تلفزيون

مع الدراما والتشويق والإثارة



سبوت لايت

نصيبي وقسمتك

استمتعوا معنا بمشاهدة المسلسل العربي نصيبي وقسمتك الذي تدور أحداثه في إطار رومانسي - درامي والذي يستعرض علاقة الرجل بالمرأة وأبرز المشكلات التي تواجهها وكيف يمكن التغلب عليها لإنجاح العلاقة.

كسر مسلسل نصيبي وقسمتك الروتين التلفزيوني الذي طالما اعتدنا عليه، فلقد اعتدنا أن تكون الحلقات طويلة متصلة الأحداث لثلاثين حلقة أو يزيد أو حلقات منفصلة بأن تكون كل حلقة مستقلة بقصتها، ولكن هذا المسلسل عبارة عن ثلاثيات أي ثلاث حلقات منفصلة متصلة تروي قصة، وبذلك باستطاعت مشاهدة مسلسل جديد كل ثلاثة أيام.

المسلسل من بطولة النجم هاني سلامة الذي يقوم بدور شاب في مقتبل العمر يخوض رحلة طويلة من أجل البحث عن عروسة، تشاركه البطولة عدة نجمات كل منهن تقوم ببطولة قصة من قصص المسلسل التي تتناول ١٥ موضوعاً مختلفاً. ●

ORYX ONE

شارك استمع اكتشف

دليلكم إلى ترفيه من الطراز الرفيع على متن الخطوط الجوية القطرية

٣

خيار ترفيهي

١

فيلم عالمي جديد

متوفر على متن الطائرة شهرياً



برامج تناسب جميع الأذواق

نقدم لكم أحدث الإصدارات مثل باتمان ضد سوبرمان، فجر العدل، كتاب الأدغال فضلاً عن أقوى برامج التلفزيون والموسيقى.



راديو

باقة متنوعة من الإصدارات الفنية الجديدة والأغاني العربية الكلاسيكية متوفرة على ORYX ONE من ضمنها أحدث إصدارات شمس الأغنية نجومى كرم وألبوم بنفس الكلام لجنت.



رياضة

يوفر لكم ORYX ONE أبرز الأحداث في عالم الرياضة والتي تضم هذا الشهر أولمبياد لندن ٢٠١٢، عظماء كرة القدم، سلسلة وثائقية بعنوان ريو مدينة الرياضة.



تلفزيون

مجموعة مميزة من البرامج على ORYX ONE تشمل مسلسل الدراما نصيبي وقسمتك، والفيلم الوثائقي قطر في عيونهم، والمسلسل الكوميدي عجب غريب، وبرنامج الأطفال المهمة.



الأفلام

يقدم لكم ORYX ONE أفلام من زهر راجل ويا طير الطائر، كما يقدم فيلمي الدراما زنزانة ومعطف كبير الحجم، إضافة إلى الأفلام الكلاسيكية شهر العسل ولعبة الإنتقام.

باتمان في مواجهة سوبرمان



باتمان (Batman)

١٢٦ دقيقة

يتحدث تيم بورتن بطله مايكل كيتون بدور باتمان أعداءه الألداء، يلعب جاك نيكلسون دور الجوكر المتخترس الموهوس.

بدأ مفهوم «الرجل الخارق» في الظهور مع بداية ١٩٧٨ مع إنطلاق أول أفلام «سوبرمان» والذي تبعه فيلم «باتمان» من نسج خيال «تيم بورتون» وذلك مع بداية ١٩٨٩، الآن من تُشجع؟



باتمان وروبن (Batman & Robin)

١٢٦ دقيقة

تتضم الفتاة الوطواط لفرينج مكافحة الجريمة في معركتهم ضد عدوهم الخسيس مستر/فرينج وسلاحه اللابلاب السام.



باتمان للأبد (Batman Forever)

١٢١ دقيقة

يشكل باتمان وفتاه ثنائي ديناميكي يسعيان لمواجهة مزدوج الوجه الغامض وذلك عن طريق إطلاق سلاحهم الفتاك في شوارع مدينة الظلام.



عودة باتمان (Batman Returns)

١٢١ دقيقة

فارس الظلام يواجه الرجل البطريق الذي ساعده تحالفه الغامض بأن يصبح عمدة المدينة، وتظهر المرأة القطة التي تسعى لتسوية حساباتها.



سوبرمان ٣ (Superman III)

١٢٥ دقيقة

تدور الأحداث مع أسطورة الكوميديا ريتشارد بريورعبري الكمبيوتر، وروبرت فيجن المليونير المتخترس في أحدث أدوار الش.



سوبرمان ٢ (Superman II)

١٢٧ دقيقة

يهرب ثلاثة من مجرمي كوكب كريبتون للأرض فيقوم ليكس لوثر بتسليحهم بقوى خارقة حديثة مما يوجب على سوبرمان إنقاذ الأرض.



سوبرمان (Superman)

١٤٣ دقيقة

ظهر كريستوفر ريف في رواية البطل الخارق الأصلية بأن أرسل من كوكب كريبتون للأرض حيث يستبدل بـ كلارك كينت.



الرجل الحديدي (Man of Steel)

١٥٣ دقيقة

في إعادة لصياغة أسطورة سوبرمان في إطار درامي على يد فتى القمص المصورة زاش سنايدر بمساعدة صانع فيلم فارس الظلام.



عودة سوبرمان (Superman Returns)

١٥٤ دقيقة

يُكمل براين سينجر ملحمة سوبرمان مع كيفن سبايسي هذه المرة بدلا من ليكس لوثر في تكريم لسلسلة أفلام كريستوفر ريف.



سوبرمان ٤: السعي من أجل السلام (Superman IV: The Quest for Peace)

٩٠ دقيقة

آخر جزء من سوبرمان الذي يضم كريستوفر ريف يصور محاولة سوبرمان تخليص العالم من الأسلحة النووية ويتحداه ليكس ليثور.

الخطوط الجوية القطرية والملكية الأردنية توسعان اتفاقية الرمز المشترك

أعلنت الخطوط الجوية القطرية والخطوط الملكية الأردنية عن توسيع اتفاقية الرمز المشترك القائمة بين الشركتين لتضيف بذلك 6 وجهات جديدة إلى شبكة الملكية الأردنية الحالية، بينما أضافت الملكة الأردنية رحلات من عمان إلى الدوحة لتعزز شبكة وجهات الخطوط الجوية القطرية بوضع الرمز الخاص بالملكية على رحلات القطرية بين عمان والدوحة.



«من خلال الشراكة مع الخطوط الجوية الملكية الأردنية، نوفر للمسافرين من عمان عبر الدوحة خيارات جديدة للسفر إلى العالم. وتساعد اتفاقية الرمز المشترك الملكية الأردنية على الاستفادة من رحلات الربط إلى بعض الوجهات الأكثر شعبية من ضمنها بيرث وسنغافورة وغيرها من الوجهات التي تزيد عن 150 وجهة في العالم. ونرحب بالشراكة مع الملكية الأردنية ونتطلع إلى مزيد من التعاون في الأعوام المقبلة».

وستضيف هذه التوسعة 18 رحلة أسبوعياً بين الدوحة وعمان، بالإضافة إلى رحلات ربط جديدة عديدة في الشبكة العالمية للخطوط الجوية القطرية. وسيتمكن عملاء الملكية الأردنية من السفر إلى وجهات شبكة الخطوط الجوية القطرية إلى مسقط في سلطنة عمان، وداكا في بنغلادش، وكولومبو في سريلانكا، وكراشي في باكستان، وبيرث في أستراليا وسنغافورة. وقال سعادة السيد أكبر الباكر، الرئيس التنفيذي لمجموعة الخطوط الجوية القطرية:

توسعات القطرية للشحن الجوي

أعلنت القطرية للشحن الجوي خلال اليوم الافتتاحي لمعرض الصين للشحن الجوي 2016 أنها تخطط لتصبح في الأشهر التسعة المقبلة لاعباً رئيسياً في ثلاثة أسواق جديدة هي حوض المحيط الهادئ، وأستراليا، وأمريكا الجنوبية.

نقل مريحة وسلسة للخيول وللحيوانات الأليفة والنادرة والماشية. وسيتم الاهتمام بالحيوانات في مبنى الشحن الحديث في مطار حمد الدولي البالغ مساحته 4,200 متر مربع والمجهز بالكامل بمرافق مكيفة الهواء خاصة بالحيوانات الحية تضم أماكن خاصة وثمانية أكشاك للخيول وفريق من الخبراء المتخصصين الذين يوفرون للحيوانات العناية والاهتمام على مدار الساعة، بالإضافة إلى مضمار لترويض الخيول مساحته 300 متر مربع ورافعات هيدروليكية.

وقال السيد أولريتش أوغرمان، رئيس عمليات الشحن بالخطوط الجوية القطرية: «سيشهد أسطول القطرية للشحن الجوي نمواً ملحوظاً مع ارتفاع عدد طائرات الشحن إلى 22 بحلول عام 2017. وفي العام الماضي، نجحنا في أن نصبح ثالث أكبر شركة شحن دولي في العالم، ولكن لا تزال هناك مناطق لم نستهدفها بكامل طاقتها بعد». وكشفت القطرية للشحن الجوي عن تشييد QR Live التي توفر حلول شحن مثالية ووسيلة



أفعال غير مشروعة

وفقاً للقانون القطري يعتبر التدخين على متن الطائرة عملاً غير مشروع يعاقب عليه القانون بغرامة قدرها 30,000 ريال قطري أي ما يعادل 8,200 دولار أمريكي) كما يعاقب بغرامة قدرها 100 ألف ريال قطري أي ما يعادل 27,000 دولار أمريكي) وبالحبس مدة لا تتجاوز ثلاث سنوات أو كلا العقوبتين كل من ارتكب فعلاً من الأفعال التالية: السكر بسبب تناول المشروبات الكحولية، والاعتداء اللفظي أو الجسدي أو التهديد به ضد أفراد طاقم الطائرة أو أحد ركابها أو أي عمل من شأنه الإخلال بالسلامة الجوية للطائرة مثل العبث بأجهزة الكشف عن الدخان أو غير ذلك من الأجهزة المتعلقة بالسلامة الجوية الموجودة على متن الطائرة.



زوروا موقع Facebook.com/qatarairways لاكتشاف المزيد عن أحدث أخبار الخطوط الجوية القطرية ومسابقاتها وعروضها الترويجية الخاصة.



نصائح صحية

دوار الحركة

انظروا باستمرار في خط مستقيم وركزوا بصركم على شيء ثابت، لتفادي دوار الحركة.

ضغط مقصورة الركاب

ينخفض الضغط الجوي في مقصورات ركاب الطائرات بالتزامن مع المزيد من التحليق عالياً، ما قد يؤدي إلى انخفاض منسوب الأوكسجين في الدم. ورغم أن مقصورة ركاب الطائرة معدلة الضغط بحيث تقلص انخفاض الضغط داخلها إلى الحد الأدنى الممكن، إلا أن تغيّر الضغط المفاجيء لدى إقلاع أو هبوط الطائرة قد يشعركم بانسداد أذنيكم. وقد يساعد المضغ أو الابتلاع أو التثاؤب في موازنة ضغط طبلي الأذنين.

مرض القلب

لا تسافروا جواً حتى مرور سبعة أيام على الأقل من إصابتكم بنوبة قلبية ما لم يسمح لكم طبيبك بذلك. ومن الأفضل تأجيل سفركم لمدة شهر واحد في حالة إصابتكم بمضاعفات بعد تلك النوبة.

مرض السكرى

إذا كنتم ستسافرون جواً عبر العديد من المناطق الزمنية، يرجى استشارة طبيبك حول تعديل جرعاتكم من الأنسولين.

الحمل

تستطيعين السفر جواً - حتى الأسبوع الـ 28 من الحمل الطبيعي، وبشهادة طبية حتى مراحل متأخرة من حملك - 35 أسبوعاً للجنين الواحد، و32 أسبوعاً للتوائم.



ديباك شوبرا

يعتبر ديباك شوبرا طبيباً مجازاً ومؤلفاً للعديد من الكتب التي حققت مبيعاتها أرقاماً قياسية. والمؤسس الشريك لمركز شوبرا للصحة والعافية في كاليفورنيا. وللحصول على المزيد من المعلومات حول تقنية "أيورفيديك" والتأمل والعلاج الطبيعي للتمتع بصحة جيدة، يرجى زيارة الموقع الإلكتروني: chopra.com

صحة ولياقة أثناء السفر

تقدم لكم الخطوط الجوية القطرية بالتعاون مع مركز «شوبرا» للصحة والعافية، تقنيات العلاج الطبيعي الذاتي «أيورفيديك» الهندية التقليدية العريقة، وتصححكم بتطبيقها خلال سفركم جواً وداخل منازلكم، لكي تتمتعوا بالمزيد من التوازن والصحة والاسترخاء.

التأمل

التأمل تدريب ليس له توقيت، يساعدك على التخلص من الضغوط والقلق. يقدم لك مركز شوبرا The Chopra Center في هذا الصدد أسلوباً سهلاً وطبيعياً يسمى (التأمل الصوتي الصحيح)، ونحن أيضاً نوصي بممارسة التدريب التالي، ويمكنك أن تجربته الآن:

تأمل على طريقة So Hum
1 خذ راحتك، وأغلق عينيك، ولاحظ دخول وخروج نفسك لدقائق قليلة.
2 الآن خذ نفساً بطيناً وعميقاً من أنفك وأنت تفكر في كلمة So، أو ترددها في شرك.

3 ردد كلمة Hum في شرك، مع زفير بطيء عن طريق الأنف. واصل التنفس بسلاسة وأنت تردّد في شرك «So... Hum...» مع كل شهيق وزفير.
4 كرر هذه العملية من 20 إلى 30 دقيقة. فقط تنفس بسلاسة وبدون جهد، دون محاولة التركيز أو التفكير في أي شيء آخر.

أخبار الخطوط الجوية القطرية



الخطوط الجوية القطرية تستضيف مؤتمر مجموعة الاتحاد الدولي للطيران لجمعيات بحوث العمليات

استضافت الخطوط الجوية القطرية مؤخراً مؤتمراً متخصصاً بقطاع الطيران جمع خبراء من مختلف قطاعات الطيران والبرمجيات للترويج لاستخدام بحوث العمليات في صناعة الطيران.

الطيران الشريكة، حيث ينظمون معاً منتديات لمناقشة إدارة الحجوزات والعوائد، والتخطيط الاستراتيجي وتخطيط الجداول الزمنية، والشحن، وعمليات شركات الطيران ومجموعة عمل مديري بحوث العمليات.

ويربو عدد الخبراء الأعضاء في مجموعة الاتحاد الدولي للطيران لجمعيات بحوث العمليات (AGIFORS) على ٢,٨٠٠ عضو يمثلون أكثر من ٥٠٠ شركة خطوط جوية وصناعة الطيران والجامعات والشركات والهيئات ذات الصلة بصناعة الطيران. ❌

أحدث بحوث العمليات والتطورات التقنية والتحليل الابتكاري، ومن خلال مشاركة المعلومات مع قطاع الطيران المدني وغيره من القطاعات ذات الصلة، تضمن الخطوط الجوية القطرية تطبيق أحدث الممارسات المعتمدة في هذا المجال لما فيه مصلحة وفائدة الموظفين والمسافرين على حد سواء.

وتعتبر إدارة طاقم العمل واحدة من مجموعات العمل العديدة المتخصصة في مجال قطاع الطيران التي أسستها مجموعة الاتحاد الدولي للطيران لجمعيات بحوث العمليات وخطوط

ويعتبر المؤتمر من ضمن فعاليات مجموعة الاتحاد الدولي للطيران لجمعيات بحوث العمليات (AGIFORS)، ويبحث في وسائل الرياضيات المعقدة التي اكتشفت في مجالات العلوم والهندسة والأعمال وعلوم الكمبيوتر وكذلك في صناعة الطيران المدني، بهدف تحسين الكفاءة والفعالية لإدارة طاقم العمل في مجال الطيران.

وفي هذا السياق، قال الدكتور هيو دنليفي رئيس العمليات التجارية بالخطوط الجوية القطرية خلال كلمة رئيسية: «من خلال استخدام

وجهات جديدة
١٦ ديسمبر



القطرية ت دشّن رحلاتها إلى شيانغ ماي في ديسمبر

أعلنت الخطوط الجوية القطرية عن تدشين رحلاتها إلى شيانغ ماي في تايلاند ابتداءً من ١٦ ديسمبر وبمعدل خمس رحلات في الأسبوع، وستسير الناقل القطرية رحلاتها إلى شيانغ ماي عبر يانغون العاصمة السابقة لميانمار. وتعتبر شيانغ ماي الوجهة الرابعة للخطوط الجوية القطرية في تايلاند بعد بانكوك، وبوكيت، وكرابي التي ستدشنها القطرية في ٦ ديسمبر. ❌



القطرية الناقل الرسمي لاحتفالات الأكاديمية الهندية الدولية للأفلام

رعت الخطوط الجوية القطرية خلال الشهر الماضي النسخة السابعة عشر من احتفالات جوائز الأكاديمية الهندية الدولية للأفلام، وكانت الناقل الرسمي للجوائز التي تكرم الممثلين الأكثر موهبة في عالم السينما الهندية على المسرح العالمي ووفرت بهذه المناسبة أسعار تذاكر سفر مخفضة إلى مدريد. وقال السيد جوناثان هاردينج نائب الرئيس التنفيذي للعمليات في قارة أوروبا: «تعكس هذه الشراكة قيم العلامة التجارية وشعار شركتنا «معاً إلى كل مكان». ❌



القطرية للشحن الجوي تحتفل بمرور ١٠ أعوام على بدء خدماتها في كينيا

احتفلت القطرية للشحن الجوي مؤخراً بإقامة حفل استقبال رسمي بمناسبة مرور عشر سنوات على عملياتها في كينيا حيث بدأت خدماتها إلى نيروبي في عام ٢٠٠٦ بتسيير طائرتي شحن إيرباص A٣٣٠، وتشغل اليوم سبع طائرات شحن إيرباص A٣٣٠، كما تنقل الشحن في بطن ٢١ طائرة ركاب إلى نيروبي أسبوعياً لنقل ٢٢٢ طناً إلى نيروبي و٣٦٢ طناً من نيروبي إلى الخارج أسبوعياً. ❌



القطرية تبرم اتفاقية جديدة للرمز المشترك مع الخطوط الجوية السريلانكية

عززت كل من الخطوط الجوية القطرية والخطوط الجوية السريلانكية وكلاهما عضو في تحالف ون وورلد العالمي تعاونهما من خلال إبرام اتفاقية ثنائية لتسيير رحلات بالرمز المشترك. وستسير كلتا الشركتين رحلات بالرمز المشترك بين مقري عملهما حيث تسيّر القطرية ثلاث رحلات يومياً باستخدام طائرة A٣٤٠-٦٠٠ إلى كولومبو فيما تسيّر الخطوط الجوية السريلانكية رحلة يومية باستخدام طائرة A٣٣٠-٣٠٠ إلى الدوحة، وبذلك يصبح مجموع الرحلات اليومية بين الدوحة وكولومبو أربع رحلات. ❌

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معالم سراييفو

بقلم: «جنيفر وولكر»



أنشطة صديقة للأطفال

حديقة حيوان سراييفو

تقع في ضواحي المدينة وتحتضن أكثر من ٥٠ نوعاً من الحيوانات، وتستجودون فيها العديد من الأنشطة المختلفة للترفيه عن الأطفال. باتريوتسكه ليجه ٥٨، +٣٨٧٣٣٥٦٠٥٧٧، بارا با، يومياً من الساعة ٨ صباحاً - ٨ مساءً

بلاي لاند

تقع حديقة ملاهي «بلاي لاند» في أكبر مركز تسوق في المدينة، ويحرص موظفوها الأكفاء على رعاية أطفالكم بينما تتمتعون بالتسوق. فرا أنديلا زفيزدوفيشا ١، +٣٨٧٣٣٧٣٣٠٩٠، scc.ba

مجمع زيترا الأولمبي

استضافت سراييفو الألعاب الأولمبية الشتوية في عام ١٩٨٤، ويُعدّ مجمّعها زيترا الرياضي اليوم أحد أكبر المجمعات الرياضية والثقافية في المدينة. وفي الصيف يوفر المجمع منطقة ترفيهية تضم حديقة ملاهي وملعب للأطفال وغيرها من الأنشطة الترفيهية. أليباسينا ب. ب.، +٣٨٧٣٣٢١٢٠٣٥، zoi84.ba



سوق «جازي هوزريف-بيجوف بيزستان»

لا يزال الناس يرتادون هذا السوق المسقوف الذي شيّده العثمانيون حتى يومنا هذا. ويعد مكاناً رائعاً لشراء الهدايا، وتعتبر مساومة الباعة طريقة مرححة للتفاعل مع السكان المحليين. جازي هوزريف. بيجوفا، +٣٨٧٣٣٥٣٢١٤٤، أيام الأسبوع من الساعة ٨ صباحاً - ٨ مساءً، وأيام السبت من ٩ صباحاً - ٨ مساءً، وأيام الأحد من ١٠ صباحاً - ٧ مساءً



زلاتنا ريبিকা

يزخر هذا المقهى الصغير بمجموعة رائعة من التحف الفنية التاريخية. ويعتبر ملاذاً رائعاً لاحتساء فنجان من القهوة والتمتع بمشاهدة المارة وتجاذب أطراف الحديث مع السكان المحليين. كابيتول، +٣٨٧٣٣٨٣٦٣٤٨، يومياً من الساعة ٨ صباحاً - ٢ صباحاً facebook.com/zlatnaribica.goldfish



مطعم «دزينايتا»

أكدت العائلة البوسنية التي أقمت معها أن مطعم «دزينايتا» يعتبر أحد أفضل المطاعم في المدينة للاستمتاع بالمأكولات البوسنية التقليدية. وعلى الرغم من التصميم الداخلي البسيط للمطعم، إلا أن الطعام منزلي وشهي. بروت باكوفيشا ١٠، +٣٨٧٣٣٢٣٦٢٤٨، يومياً من الساعة ٨ صباحاً - منتصف الليل

معدل الرحلات

ستسيّر الخطوط الجوية القطرية ثلاث رحلات أسبوعياً من الدوحة إلى سراييفو اعتباراً من ٢ نوفمبر



تحتل القهوة مكانة خاصة في الحياة الاجتماعية في البوسنة، فهي ليست مجرد مشروب عادي بل تُقدّم بنكهة ثقافية مميزة، بدءاً من أطقم الفناجين النحاسية المصنوعة يدوياً في شوارع سراييفو الخلفية، ووصولاً إلى طقوس تحضيرها التراثية. وتجسّد القهوة البوسنية الروح الحقيقية لهذه الدولة البلقانية.

«القهوة تجسد نمط الحياة في البوسنة»، بهذه العبارة استهل مضيفي «ميكي» حديثه الشيق وهو يضع صينية نحاسية تُسمى «طلبة» على المائدة عندما قابلته في العاصمة البوسنية سراييفو. وسرعان ما انتشر شذا القهوة من دلّة مطلية بالنحاس تُسمى «دجيزفا» ذات مقبض رفيع وطويل. وقام «ميكي» بكشط الرغوة بعناية من سطح القهوة قبل سكبها في فناجين صغيرة من البورسلان بمقابض نحاسية تُسمى «فيلدجان».

وأردف ميكي مبتسماً: «لا بد أن تكون القهوة البوسنية مكسوة بطبقة من الرغوة وإلا فإنها تعتبر قهوة رديئة».

وخلال حوارٍ معه نصحتني ميكي بارتشاف جرعة من الماء البارد قبل احتساء القهوة، وقدم لي مكعباً من السكر من زبدية نحاسية مزخرفة تُسمى «شكرلوك» وتعتبر آخر عناصر طقم تقديم القهوة البوسنية والذي يُسمى «كاهفيني طقم».

واستطرد قائلاً: «اقضي قطعة من مكعب السكر واتركها تذوب تحت لسانك ثم احتسي قليلاً من القهوة، فهذه هي الطريقة البوسنية لاحتساء القهوة».

وكان العثمانيون أول من جلب القهوة من شبه الجزيرة العربية إلى البوسنة والهرسك عبر اسطنبول. ورغم تشابه طقوس احتساء القهوة



التركية والبوسنية، إلا أن هناك اختلافات بينهما ليس أقلها أن لا تطلق عليها قطعياً اسم قهوة تركية!

وبخلاف القهوة التركية التي يتم سكبها في فناجين في المطبخ قبل تقديمها، يتم في البوسنة والهرسك وضع طقم قهوة مبهرج كامل فوق صينية التقديم النحاسية.

ويتمثل الاختلاف المهم الآخر في طريقة تحضير القهوة، حيث أن الأتراك يضعون القهوة والسكر في الماء ثم يغلونهما، بينما يتم غلي الماء بمفرده في البوسنة والهرسك قبل إضافة البن إليه بدون سكر، ثم تتم تدفئته لبضع ثوانٍ أخرى قبل تقديمه.

الجدير بالذكر أن تقاليد احتساء القهوة البوسنية لا تبدأ مع دلّة «دجيزفا»، لأن طريقة طحن البن لا تقل أهمية عن طريقة تحضير القهوة بحد ذاتها.

وللتمتع حقاً بتقاليد احتساء القهوة البوسنية، ينبغي عليكم ارتياد شوارع سراييفو الخلفية

وبصفة خاصة زقاق «كازانجوك» مقر صانعي النحاسيات الحرفيين، حيث تنتهي إلى أسماعكم أصوات المطارق التي تنبعث من الورشات المنتشرة في الزقاق وهي تحوّل صفائح النحاس إلى أطقم قهوة مزخرفة بديعة. ويعتبر مقهى «إندكس كافيه» وعنوانه (كازانجوك ٣١) من المقاهي المفضلة التي يرتادها النحاسون العاملون في الزقاق وعشاق القهوة البوسنية الأصيلة.

وتعتبر القهوة البوسنية أكثر من مجرد قهوة لأنها تجسّد تراث البلاد الثقافي الغني بروح الأصالة العريقة وكرم الضيافة. لذا تمهلوا خلال جولاتكم وتفاعلوا مع نمط حياة سكان سراييفو واستمتعوا بنكهة القهوة البوسنية الحقيقية. ❖

التنزه في حي «باشتاريجا»
أنشئت ساحة «باشتاريجا» التجارية في عهد العثمانيين في قلب البلدة القديمة في سراييفو، وغالباً ما يلتقي سكان المدينة أمام نافورتها الشهيرة «سبيلج» التي يعود تاريخها إلى القرن التاسع عشر. ويُقال إن من يشرب من صنوبرها سيعود إلى سراييفو مراراً وتكراراً.



الفنادق الثلاثة

مع ازدياد أعداد سكان سراييفو، ارتفع عدد الفنادق الفاخرة والخدمة ذات الطابع الثقافي حول المدينة.



الرفاهية



فندق أوروبا

يزهو هذا الفندق الفخم بموقعه الاستراتيجي الرائع ويجمع بين تاريخه العريق الذي يمتد إلى ١٣٠ عاماً وأفضل ما تقدمه سراييفو من تقاليد. وبالإضافة إلى ما يتمتع به الفندق من تصميم فائق الحدائق، يضم بعض روائع امبراطوية هابسبورغ الأصيلة، وستجدون فيه كل وسائل الراحة التي يمكن توقعها من فندق من فئة الخمس نجوم.

فلاديسلاف سكاريجا ٥، +٣٨٧٢٣٥٨٠٤٠٠، hoteleurope.ba

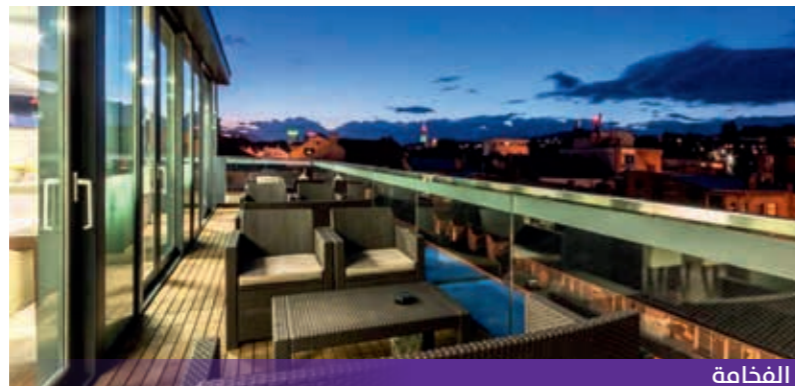


الطابع الثقافي

فندق عيسى بيغوف حكام

يقع هذا الفندق في مبنى تاريخي ويُعدّ إضافة حديثة نسبياً إلى عالم الفنادق في سراييفو. كما يتميز بسجاده المصنوع يدوياً وزخارفه العثمانية البديعة ويعكس بذلك روح البلدة القديمة. أما المعلم السياحي الأروع في هذا الفندق فيتمثل في حكامه الجميل دون أدنى شك، وكان أول حكام في المدينة. ❖

بيستريك ١، +٣٨٧٢٣٥٧٠٠٥٠، isbegovhotel.com



الفاخرة

فندق سيتي بوتيك

يقع هذا الفندق المدمج على مسافة قريبة من جميع المعالم السياحية الرئيسية. ويوفر تراس سطح الفندق مشاهد بانورامية جميلة عبر وسط سراييفو. ويضم ١٩ غرفة عصرية ومريحة وأنيقة ويولي موظفوه اهتماماً خاصاً بكل ضيف.

مُلا مصطفى باشيكشي ٢، +٣٨٧٢٣٥٦٦٨٥٠، cityhotel.ba

التقاليد العريقة لاحتساء القهوة في البوسنة

مع تدشين الخطوط الجوية القطرية رحلاتها إلى سراييفو في ٢ نوفمبر ٢٠١٦،
تصحبنا الكاتبة المتخصصة في شؤون السياحة والسفر «جنيفر وولكر» في
جولة ممتعة وزاخرة بالكافيين في إحدى مدنها المفضلة في أوروبا.



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بقلم: يس باترسون




ناميبيا للعلطات العائلية

ركوب الخيل في الطبيعة
توفر اسطبلات «إكويريل» لتربية الخيل
التي تبعد ١٥ كيلومتراً عن ويندهوك جولات
ممتعة على ظهور الخيل بقيادة دليل متمرس
عند غروب الشمس، وتتوافر لجميع
مستويات المهارات وتمر عبر الوديان
ومجاري الأنهار الجافة.
equitrails.org

التزلج على الرمال

تقدم شركة «آلتر أكشن» للسياح جولات
للتزلج بالألواح على الرمال بوضعية الوقوف أو
الاستلقاء على حد سواء خارج مدينة
«سواكوبوند»، وهي مناسبة للأطفال بدءاً
من سن ١٠ سنوات فأكثر، وترحب بالأطفال
الأصغر سناً بإشراف دليل.
alter-action.info

روك أوف إيجز

أصبحت منطقة «توايفلفونتاين» أولى مناطق
التراث العالمي في ناميبيا، ولا تشتهر
بمناظرها الطبيعية الخلابة فحسب، بل أيضاً
باعتمادها معرضاً مكشوفاً رائعاً لفن الرسم
والنقش على الصخور. 
whc.unesco.org

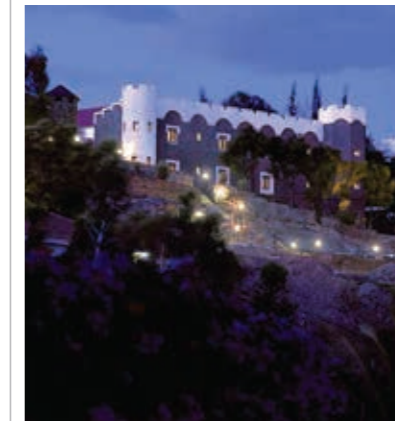
معدل الرحلات

ستستبر الخطوط الجوية القطرية
أربع رحلات أسبوعياً من الدوحة إلى
ويندهوك اعتباراً من ٢٨ سبتمبر



جولة كاتوتورا للدراجات

استمتعوا بزيارة قلب مدينة ويندهوك النابض بالانضمام إلى جولة منظمة بالدراجات الهوائية عبر بلدة
«كاتوتورا»، ومن ثم التوقف في سوقها المزدهر وسد «جوربانجاب».
wilddog-safaris.com



فندق «هاينيتزبورج»

يعتبر هذا الفندق الفخم الواقع في قصر تاريخي
الملاذ الأمثل لعشاق مشاهدة غروب الشمس
والتمتع بإطلالة ساحرة من شرفة حديقته على
المدينة بأنوارها المتلألئة ليلاً.
heinitzburg.com



اشترى المنتجات الحرفية

تمتعوا بشراء هدايا تذكارية من
المنتجات الحرفية الناميبية في مركز
ناميبيا للمنتجات الحرفية الذي يضم ٤٠
كشكاً من سائر أنحاء البلاد.
namibiapcraftcentre.com



لا تعتبر ناميبيا بمساحتها الشاسعة وتضاريسها الوعرة وجهة سياحية عادية يمكن استكشافها بسرعة، لأنها تحفل بتناقضات غريبة وبرار رائعة ومغامرات مدهشة، بدءاً من منطقة «كونينه» الشمالية الجافة والقاحلة، ووصولاً إلى مدينة «سواكوبوموند» المنتجعية الساحلية ذات الطابع الأوروبي التي يلفها الضباب لشهور عدة كل عام.



يغلب على مدينة ويندهوك، عاصمة ناميبيا المشمسة سمات البلدات الصغيرة. ويهيمن عليها أجواء الترقب التي تسبق عادة القيام بالمغامرات التي يتوق السياح والزوار لخوض غمارها واستكشاف روائع هذه الحاضرة الأفريقية.

يحتاج الوصول من مدينة ويندهوك إلى سخات «سوشولبي» الملحية مترامية الأطراف والتي تحيط بها كثبان رملية ضاربة إلى الحمرة للسفر خمس ساعات بالسيارة. وتشكل هذه المنطقة الصحراوية الساحلية الرائعة جزءاً من موقع التراث العالمي المسوّى بحر رمال صحراء «ناميب». وبعد تخزين كمية كبيرة من قوارير المياه المعدنية، انهمكنا فوراً وبإصرار بشق طريقنا بتسلق كُتَيْب رمال «بيج دادي» العملاق الذي يعتبر أعلى كثبان رملية في المنطقة بأسرها بارتفاعه البالغ ٣٢٥ متراً، والذي تطل قمته على أمواج مترامية الأطراف من الرمال الحمراء والمناظر الطبيعية الساحرة وكأنها لوحة فنية بديعة.

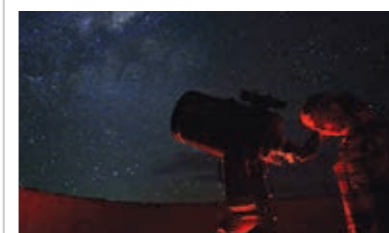
وفي هذا السياق، قال كارلي فريمير، مدير تسويق شركة «وايلدرنس سافاري» لرحلات السفاري السياحية البرية: «تعتبر صحراء «ناميب» أقدم الصحاري الساحلية في العالم، وتحفل بالأمثلة حول تأقلم بعض الحيوانات مع البيئة الصحراوية. ففي الأجزاء الشمالية من هذه الصحراء تعيش حيوانات وحيد القرن الأسود والفيلة التي تأقلمت مع الحياة في الصحراء، وقد تشاهدون أسداً يهبط من على سفح أحد الكثبان الرملية الحمراء».

وأضاف قائلاً: «وفي الجنوب، نشاهد حيوانات أخرى أمثال المها والغزلان والظباء الأفريقية والنعام. وكثيراً ما نشاهد الضباع البنية وذئاب الأرض وخفافيش الثعلب الطائرة».

وستجدون على بعد ٤٠ كيلومتراً إلى الجنوب محمية «نامبيراند» الطبيعية التي تأسست أواسط ثمانينات القرن العشرين حين تم إغلاق وإعادة مجموعة من مزارع تربية المواشي إلى الطبيعة. وقال نيلس أودندال، الرئيس التنفيذي للمحمية: «تشكل الصحراء نظاماً بيئياً حساساً، كما أن تدفق مجموعات كبيرة من السياح لا يساعد في حمايتها». ونجح فريق عمل «نيلس» الصغير في إدارة المحمية بشكل متكامل ومستدام مالياً بفضل الرسوم التي فرضها على دخول المجموعات السياحية. كما تعتبر «نامبيراند» إحدى كبرى المحميات الطبيعية الخاصة في أفريقيا.

وعلى بعد ٤٠٠ كيلومتر شمالي «ويندهوك» تقع محمية «إيتوشا» الوطنية والتي يسهل الوصول إليها والخالية من الملازيم وتعج بالطرائد. وتنفرد هذه المحمية البكر الجديرة بالزيارة بأجواء لا مثيل لها، حيث تغطي سبخة «إيتوشا» ربع مساحتها، وهي عبارة عن منخفض في الأرض يتحول إلى بحيرة ضحلة بعد هطول الأمطار لتستقطب الآلاف من طيور النحام (فلامنجو).

وتمتد سواحل ناميبيا المقفرة والمنعزلة من ساحل «سكيليتون» في الشمال إلى ساحل منطقة «سبيرجيبيت» الغنية بالألماس في الجنوب.



النجوم أمام عيونكم

أدرج اتحاد «انترناشيونال دارك سكاى أسوشيشن» محمية «نامبيراند» الطبيعية في فئة المحميات الذهبية الدولية «جولد تاير انترناشيونال دارك سكاى ريسيرف». ويستطيع الزوار الاستمتاع بالإقامة في شاليه «سوشولبي» الصحراوي ومراقبة النجوم من مرصده الفلكي فائق التطور. darksky.org

©



بوابات ناميبيا

تحتضن ناميبيا بعض أفخم الفنادق في تناقض ملحوظ مع طبيعتها الوعرة.



الفخامة



فندق «موشارا فيلا»

يضم هذا المنتجع الفخم الواقع على تخوم محمية «إيتوشا» الوطنية فيلتين فقط ويشكل جزءاً من مجموعة «موشارا» الفندقية، ويعد ملاذاً طبيعياً هادئاً ومثالياً لمشاهدة الأحياء البرية في الصباح. ويتميز هذا الفندق المريح بالخصوصية التامة ويعتبر نقطة انطلاق رائعة لاستكشاف محمية «إيتوشا». mushara-lodge.com



كلاسيكي

فندق «أوليف اكسكلوسيف»

يعد هذا الفندق العصري أول فنادق ويندهوك التي تقتصر على الأجنحة، ويتميز بإيقاع أفريقي واضح حيث تجسّد أجنحة الفندق السبعة التي تطل على بستان لأشجار الزيتون أعلى مستويات العناية والإقامة الفاخرة وتتألف من ثلاثة أجنحة من فئة «جونبور» وأربعة من فئة «بريمير» مزودة ببرك سباحة خاصة. theolive-namibia.com



بوتيك

مخيم «بولدرز سفاري»

يوفر هذا المخيم الراقي الواقع في الجزء الجنوبي من محمية «نامبيراند» الطبيعية أربع خيام فاخرة فقط، ويعد منطلقاً مثالياً لرحلات السفاري الكلاسيكية مع دليل سياحي ويتخللها زهات رائعة سيراً على الأقدام، وزيارة هضبة مجاورة تطل على مناظر ساحرة لعشاق مشاهدة غروب الشمس. wolwedans.com



أرض العجائب والغرائب

مع تدشين الخطوط الجوية القطرية رحلاتها في ٢٨ سبتمبر ٢٠١٦ إلى مدينة ويندهوك التي تعتبر بوابة أرض العجائب ناميبيا. تصحبنا الكاتبة «تس باترسون» في جولة برية أخاذة عبر عالم من كثبان الرمال العملاقة والمناظر الطبيعية الأشبه بسطح القمر والزخرفة بتشكيلة متنوعة من الأحياء البرية التي تأقلمت مع بيئتها القاسية.

رمضان



خيمة رمضان

فندق فور سيزونز الدوحة

تقع بجوار قاعة حفلات المرقاب التي أعيد تحديثها مؤخراً، وتقدم قائمة طعام شهية للإفطار والسحور تضم تشكيلة واسعة من أطباق المأكولات العربية التقليدية والدولية.

fourseasons.com



خيمة رمضان

فندق ريتز كارلتون الدوحة

تقدم خيمة «الوسيل» الرمضانية بتصميمها البديعة المستلهمة من أجواء حكايات ألف ليلة وليلة لضيوفها محطات طهي حية ومأكولات إقليمية شهية وسلطات طازجة وحلويات لذيذة.

ritzcarlton.com



سحر الشرق

فندق ومنتجع فريج شرق

ترحب الخيمة الرمضانية «سحر الشرق» أو «ماجيك أوف ذا أورينت» الواقعة في قاعة «الداشة» بالضيوف والعائلات للإفطار والسحور على أنغام العود وفرقة موسيقية شرقية حية.

sharqvillage.com



خيمة شانغريلا

فندق شانغريلا الدوحة

توفر مجموعة من محطات الطهي الحية للشاورما والمناقيش على الصاج والسوشي والديم سم وغيرها الكثير. وتضم قائمة الطعام تشكيلة شهية من المأكولات العربية والآسيوية للسحور.

shangri-la.com



خيمة رمضان

فندق مرسى ملاذ كمبينسكي

استمتعوا بتناول تشكيلة سخية من الأطباق المشرقية «السفرة» الفائزة بالجوائز والتي يعدها كبير الطهاة «جوليان الخال»، إلى جانب مجموعة من الأطباق الشهية المستوحاة من المأكولات القطرية والشرق أوسطية.

kempinski.com



سوق رمضان

فندق سانت ريجيس الدوحة

تحولت قاعة الحفلات الكبرى مرة أخرى إلى سوق رمضان، بينما أضيفت خيمة رمضان جديدة «السكرية» في قاعة الجسار الكبرى للحفلات.

stregisdoha.com



خيمة سلطان

فندق وشقق دبلو الدوحة

تستضيف خيمة السلطان الرمضانية كبير الطهاة المشهور «جريج معلوف» الذي يزور قطر لأول مرة وذلك لتقديم علامة تجارية جديدة من الأطعمة الشرق أوسطية المعاصرة.

whoteldoha.com



خيمة سراي الرمضانية

فندق موفنبيك الخليج الغربي بالدوحة

توفر بوفيه دولي شهي يضم مزيجاً من أطيب الأطباق الرمضانية التقليدية والمأكولات القطرية ومحطات الطهي الحية.

movenpick.com



خيمة رمضان

فندق لا سيغال

تقدم بوفيه مأكولات سخية ومحطات طهي حية وتشكيلة واسعة من الأطباق الشرقية والدولية والحلويات اللذيذة.

lacigalehotel.com

قطر: فعاليات



حتى ١٦ يوليو
معرض «ماذا عن الفن؟
فن معاصر من الصين»
جاليري متاحف قطر، قاعة الرواق

qm.org.qa



حتى ٤ سبتمبر
معرض «رُكُز: أعمال من
مجموعة فنّ - الجزء الثاني»
متحف: المتحف العربي للفن الحديث

mathaf.org.qa



حتى ١١ سبتمبر
معرض «أحمر / أحمر: أسلي
تشاوشولو في فضاء المشاريع»
متحف: المتحف العربي للفن الحديث

mathaf.org.qa



معارض

حتى ٧ يوليو

معرض الرمال المتحركة: رحلة قطر وشعبها

متحف الشيخ فيصل بن قاسم آل ثاني

يستضيف متحف الشيخ فيصل بن قاسم آل ثاني معرض «الرمال المتحركة: رحلة قطر وشعبها» بالتعاون مع طلاب ماجستير ممارسات المتاحف والمعارض في كلية لندن الجامعية بقطر. ويقدم المعرض مجموعة مختارة من مقتنياته التاريخية ويسلط الضوء على تغيرات المشهد الثقافي في قطر من خلال مقتنيات المتحف التاريخية والقصص التي تم جمعها من المواطنين والمقيمين.

uclqurates.squarespace.com

معرض الغزو المجهري للفنان ماساكاتسو ساشي

جاليري أنيما جزيرة اللؤلؤة

اشتهر الفنان الياباني ماساكاتسو ببراءته في رسم لوحات تعبر عن العالم الخيالي الزاخر بالتحذيرات المستقبلية المتعلقة بالقضايا البيئية والتلوث والاستهلاك المفرط لكل شيء حولنا، ويضم معرض «الغزو المجهري» لوحات ومنحوتات وتركيبات تجسد الطبيعة المليئة بمدافن القمامة استخدم فيها مخلفات التلفزيونات المتوهجة، وماكينات البيع الآلية، وقطع المركبات المتنوعة وغيرها من مخلفات المنتجات المصنعة محذراً من تدمير البيئة.

animagallerylounge.com

بيزا



اشتهرت مدينة بيزا كقوة بحرية على مر العصور، وتميزت بإرثها الثقافي العريق وتعتبر جوهرة فنون العمارة الحضارية. بقلم: أنجيلا كورياس

يعد برج بيزا المائل أفضل نقطة انطلاق لاستكشاف معالم مدينة بيزا، ويشكل أحد أكبر الأخطاء الهندسية غير المقصودة في تاريخ العمارة الإيطالية. ويقع البرج في ساحة المعجزات «بيزا داي ميراكولي»، وبإمكان الشجعان وذوي القلوب الجسورة صعود درجاته البالغ عددها ٢٥١ درجة إلى القمة للتمتع بإطلالة بانورامية لا تُنسى على معالم المدينة ومنها «ريليس ديل أورولوغيو» القريب الذي يبعد مسافة ١٠٠ متر فقط، وهو برج تاريخي تم تحويله إلى فندق فخم من فئة الخمس نجوم، بحيث يعود بكم إلى أجواء القرون الوسطى، بينما يوفر لكم جميع مباحث الرفاهية العصرية الراقية. زوروا المتنزه الخلاب الواقع على طول نهر «أرنو» لمشاهدة القصور التاريخية

زيارة برج بيزا المائل

يُتاح الدخول إلى برج بيزا المائل لأربعين شخصاً فقط في وقت واحد. ولتفادي طوابير الانتظار الطويلة يمكنكم الحجز إلكترونياً. ولا ننصح الزوار الذين يعانون من أمراض قلبية ومشاكل في الحركة بالصعود إلى أعلى البرج. وتستغرق الزيارة ٣٥ دقيقة، ولا يسمح بدخول الأطفال الذين تقل أعمارهم عن ٨ سنوات، ويسمح بدخول الأشخاص دون سن ١٨ سنة شريطة مرافقتهم من قبل شخص بالغ. ✕

معدل الرحلات

ستستبر الخطوط الجوية القطرية رحلات يومية من الدوحة إلى بيزا اعتباراً من ٢ أغسطس

سبتمبر



تقدم لكم مجلة «المها» بعض أروع الوجهات الجديدة بقضاء عطلاتكم فيها خلال شهر سبتمبر. استمتعوا باستكشاف معالم البندقية الساحرة بعد أن يخف ازدحام زوارها خلال الصيف، وانعموا أيضاً بطقس الأردن المعتدل وطقس سان فرانسيسكو الدافئ خلال الخريف.



سان فرانسيسكو

تشهد سان فرانسيسكو طقساً دافئاً ومشمساً نهراً ومعتدلاً وصافياً ليلاً خلال الفترة الواقعة بين شهري سبتمبر ونوفمبر اللذين يندر فيهما هطول المطر ويتبدد الضباب. استمتعوا برحلات الترام المعلق وزوروا مرسى «فيشرمانز وارف» واعبروا جسر البوابة الذهبية الشهير ثم انطلقوا في رحلة بحرية إلى سجن «الكاتراز» القديم الشهير. ✕



الأردن

تعتدل درجات الحرارة في الأردن خلال الفترة الواقعة بين منتصف شهري سبتمبر ونوفمبر ما يجعل منها فترة مثالية للزيارة. وتشتمل درر السياحة الأردنية على أطلال مدينة البتراء الأثرية المنحوتة في واجهة الصخور الحمراء والوردية، والبحر الميت ووادي رُم مترامي الأطراف.

البندقية

تبدأ درجات الحرارة في الانخفاض قليلاً في البندقية في شهر سبتمبر، ويبقى معدلها يراوح عند ٢٠ درجة مئوية ويخف ازدحام السياح والزائرين. اصعدوا إلى قمة برج الجرس «كومبانيليه دي سان ماركو» للاستمتاع بأجمل المناظر البانورامية الساحرة للمدينة قبل زيارة «قصر الدوج» حاكم البندقية المجاور لاستكشاف تاريخ المدينة العريق. كما تجدر زيارة «معارض أكاديميا» الفنية المدهشة التي تعرض إحدى أفضل مجموعات الأعمال الفنية لكبار الرسامين الإيطاليين القدامى، وبالطبع، لا تنسوا أن تقوموا بنزهة بحرية ممتعة في قنوات البندقية الشهيرة والتي لا تكتمل زيارة المدينة من دونها.

احجزوا برامج عطلاتكم شاملة الانتقال من وإلى المطارات والأنشطة والجولات السياحية مع «القطرية للعطلات»: qatarairwaysholidays.com
QatarAirwaysHolidays | QRHolidays | qatarairwaysholidays

عشاء فوق الأشجار في جزر المالديف

إن تناول الطعام في المالديف التي تكسو الرمال الناعمة الوفيرة سواحل جزرها المرجانية ليس بالبساطة التي قد تتصورونها. ورغم أنها قد تكون من أكثر الدول تسطحاً في العالم، إلا أن هذا لا يعني أن كبار طهااتها يكتفون بمقاصفهم المطلة على مياه المحيط أو مطاعمهم الصغيرة التي تطلها أشجار النخيل الوارفة، حيث تبحث أرقى منتجعات المالديف باستمرار عن وسائل للارتقاء بمفهوم الطعام الراقى إلى ذرى جديدة من خلال نقل مطاعمهم الفخمة من على سطح الأرض إلى قمم الأشجار. بقلم: مايك ماكيشران



مطعم "ليف، منتجع سيكس سينسيس لأمو"

يتعامل كبار طهاة هذا المطعم الواقع في قمم الأشجار مع الصيادين المحليين الذين يجلبون الأسماك من أعماق المحيط إلى قمم الأشجار مباشرة، ويعرفون تماماً أسرار تحضير أطباق تليق بالأعالي. ففي قلب هذا المطعم يعد الطهاة قائمة طعام للتذوق تستلهم مكوناتها من مطابخ البحر الأبيض المتوسط وتعززها عروض فنون براجم الطبخ التلفزيونية. ونظراً للنكهة المألحة للهواء في الأعالي، لا شيء أفضل من احتساء شراب جوز الهند المقطوف طازجاً من أشجار جوز الهند المجاورة. sixsenses.com

أو ما رأيكم بتناول الطعام تحت الماء؟ مطعم «سي، منتجع أنانتارا كيهافا فيلاز»

تعكف منتجعات جزر المالديف الساحرة على ابتكار وتقديم كل غريب وعجيب، إذ يقع مطعم «كيو» الذي يعتبر من أوائل المطاعم تحت الماء في العالم على عمق 5 أمتار تحت سطح البحر. ويتخذ المطعم الزجاجي شكلاً ثماني الأضلاع ليوفر إطلالة بانورامية عبر جدران ممتدة من الأرض إلى السقف على الشعاب المرجانية والأحياء البحرية التي تسبح حوله، ويتيح المطعم لرواده الاستمتاع بتناول أشهى الأطباق في غواصة الكابتن نيمو الأسطورية الشهيرة. kihavah-maldives.anantara.com

معدل الرحلات | ✈️

تسيير الخطوط الجوية القطرية
رطنتين يومياً من الدوحة إلى
مالديف، جزر المالديف



مطعم "نيست، منتجع بير أكيوم نيانا"

يشبه هذا المطعم المكشوف المعلق على ارتفاع 6 أمتار فوق قمم الأشجار نسخة مكبرة طبق الأصل لعش طائر الزاحف المجنح «بتيروداكتيل» المنقرض، ويوفر لرواده مغامرة في الأدغال بقدر ما يوفر لهم تجربة طعام فريدة في الهواء الطلق. احجزوا مائدتك في إحدى أركان المطعم المدهش واستمتعوا بمشاهدة الطيور الاستوائية الجميلة التي تعشش في أشجار (تين البنغال) الضخمة بينما تتذوقون أشهى أطباق مطابخ جنوب شرق آسيا مثل التيباكي الياباني، والمشاوي الباليونيسية والسلطات التايلندية اللذيذة. minorhotels.com



مطعم "فريش إن ذا جاردن، منتجع سونيفا فوشي"

لا يعتبر تناول الطعام في مطعم من دون جدران أمراً غريباً في جزر المالديف، لكن تناوله في مطعم يشمخ عالياً فوق مروج الأعشاب العضوية وبستان للخضروات لا يمكن بلوغه إلا عبر جسر من الجبال بأسلوب أفلام «إنديانا جونز» أمر غريب فعلاً. ويضم المطعم شرفة متعددة المستويات، وتشمل تجربة تناول الطعام في هذا المطعم مشاهدة كبير الطهاة يقطف الخضروات الطازجة من البستان في الأسفل ومن ثم يحولها إلى قائمة طعام تليق بفنادق الخمس نجوم وتتغير كلما أشرقت شمس يوم جديد. إنها تجربة رائعة إلى درجة نالت إعجاب وإشادة الشيف الشهير «جوردون رامزي» وصديقه نجم الكرة البارز «ديفيد بيكهام». soneva.com

«كُونغ واي» «كيونغ»



يُدير كبير الطهاة التنفيذي «كُونغ واي كيونغ» الفائز بالجوائز والذي يحمل في جعبته أكثر من ٢٠ عاماً من الخبرة عمليات مطعم «تايغ كورت» والولائم الصينية في فندق «ذا لانجهام، هونغ كونغ» الفخم. ونال هذا المطعم بإشراف الشيف كُونغ ثلاث نجوم ميشلان للجودة والتميز في دليل ميشلان ٢٠١٦ وهونغ كونغ وماكاو، ويعتبر أحد ثلاثة مطاعم كانتونية في العالم حققت هذا الإنجاز والتكريم. بالإضافة إلى ذلك، فقد فاز المطعم ثلاث مرات بالميدالية الذهبية من مجلس السياحة في هونغ كونغ والتي تعتبر من جوائز الأفضل في الطهي. ويعد كُونغ من أبرز طهاة المأكولات الكانتونية التقليدية المتمرسين، حيث أبتكر الكثير من الأطباق الشهية من خلال دمج العديد من المواد الغذائية والتكهات المختلفة. كما يستورد مكونات المأكولات الموسمية الطازجة من سائر أنحاء العالم، ويستلهم دائماً ابتكارات جديدة من دون أن يفقد جوهر النكهة الصينية.

لوبستر طازج مقلي مع البصل الأخضر والبصل الأحمر والكرات

(الكمية تكفي شخصين)



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بصل أحمر - ١١٣ غرام، مفروم
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طريقة التحضير والتقديم

نقلي الكرات حتى يصبح لونه أصفر ذهبي، ثم نضعه جانباً. نقلي البصل الأخضر والبصل الأحمر واللوبستر بالزيت، ثم نضيفه. نقلي على نار خفيفة البصل الأخضر والبصل الأحمر واللوبستر بصلصة صويا ونضيف خل أرز صيني. نسكب الطعام في الطبق. نزين الطبق بالكرات المقلي قبل تقديمه. 🍴



حمامات مراكش

تجربة ✦

تعتبر الحمامات من أبرز المعالم التقليدية الرئيسية في الثقافة المغربية، ولا شيء يفوق متعة فرك بشرة الجسم والاعتسال والاسترخاء في رجاها الدافئة بعد قضاء يوم في زيارة معالم مراكش التاريخية وأسواقها التقليدية. بقلم: بريان جونستون

ويقع الجزء المركزي من أي حمام في غرفة دافئة منخفضة الإنارة تتيح للجسم فرصة التأقلم قبل دخول غرفة ثانية حارة مصممة لتفتيح مسام البشرة. ثم يعود الزائر إلى الغرفة الأولى ويغتسل بالماء قبل أن يرغي الصابون الأسود المصنوع من زيت الزيتون المعطر برائحة البرتقال أو أوراق أشجار الكينا. ثم يتم فرك الأوساخ عن البشرة بواسطة قفاز خشن وغسلها جيداً، ومن ثم تغطيتها بطبقة من طين الغسول الذي يتم جلبه من جبال الأطلس، قبل الاعتسال بكميات وفيرة من الماء الحار. ويجلب الناس في العادة قفازاتهم وصابونهم الأسود الخاص بهم معهم إلى الحمامات، إلا أن العاملين في الحمامات الراقية قد يوفرونها لكم ويساعدوكم في الاعتسال ويدلكون أجسامكم بالزيوت المعطرة برائحة البرتقال أو الورد أو جوز الأرجان المستخرج من شجرة لا توجد سوى في المغرب. ✦

تعتبر مراكش وجهة ساحرة ومنتجة في الوقت ذاته لكل من يتجول في أرجاء البلدة القديمة ووسط أجوائها الحارة وشوارعها وأزقتها المزدحمة. ومع غروب الشمس، توفر حمامات المدينة لحسن الحظ خاتمة مبهجة ليوم مرهق. وتعد زيارة الحمامات العامة من العادات الاجتماعية والتقليدية المألوفة لسكان المغرب الذين يقصدونها مرة واحدة على الأقل كل أسبوع، كما تتوافر حمامات خاصة أكثر رفاهية للاكثر ثراء. ولا تعتبر الحمامات مجرد أماكن للاستحمام والاسترخاء فحسب، ولكن أيضاً للتواصل الاجتماعي وحتى ممارسة الأعمال التجارية أحياناً. وتتراوح أحجام الحمامات بين غرفتين بسيطتين في القرى والمدن القديمة، إلى مباني تاريخية فخمة مزودة بالزجاج المعشق الملون والبلاط الفاخر، ويتم تدفئتها من أسفل أرضيتها بنيران الحطب.



فندق «قصر لا فيلا دو أورانجرز»

يقع هذا الفندق الفخم عند أطراف مدينة مراكش القديمة ويعتبر روضة من الرياض المغربية التقليدية الجميلة، ويتوسط ساحات رحبة مبلطة تنتشر فيها أشجار البرتقال والنخيل وارفة الظلال ونوافير المياه البديعة. ويژهو هذا الفندق الراقى الذي تمتلكه شركة «روليه إيه شانوه» بمطعمه الفاخر وحماماته الجذابة التي توفر لروادها خدمات فرك وتدليك الجسم، وغرفة خاصة للاسترخاء بعد الاستحمام.

فندق «قصر لا فيلا دو أورانجرز»

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هاتف: +٢١٢٥٢٤٣٨٤٢٣٨
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معدل الرحلات ✦

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سترة جلدية فاخرة من إبداع شركة «فندي» مصنوعة من جلد الأيل والحريز بلون فضي معدني لامع، وتتميز بياقة عالية تحيط بالعنق ومزودة بزر كباس وثقل من الأمام بسحاب، وجيوب جانبية وأكمام طويلة تقفل أيضاً بسحابات. ٣,٦٧٠ دولار أمريكي
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ديور

تتميز حقيبة يد «ديور إيفر» النسائية بمظهرها القوي والجريء، وزودت بغطاء أمامي يُفتح إلى الأعلى، وصُنعت من جلد الخراف المجعد.
السعر عند الطلب dior.com



إميليو بوتشي

أبداع «إميليو بوتشي» هذه التنورة الميدي ذات الثنيات من قماش حريري خفيف ليمنحك مظهراً فاتناً. ١,١٠٠ دولار أمريكي
farfetch.com



تشرتشس

حذاء «بوروود دبلو ٦» مكسو بجلد عجل لامع كالمرآة ومزود بأربطة قطنية تنتهي بذؤابات شمعية. ٤٧٠ دولار أمريكي
church-footwear.com



لوويه

عززي أناقة يومك بارتداء هذا الحذاء الفضي الجلدي اللامع عالي الساق من «تشيلسي» والمناسب لمختلف ألوان أزيائك. ٩٩٠ دولار أمريكي
loewe.com

وقاية شمسية وشفاه ساحرة للصيف

يتيح فصل الصيف فرصة رائعة للحصول على بشرة سمراء طبيعية التوهج عبر التعرّض لأشعة الشمس الغنية بفيتامين د. بقلم: عائشة خان



مستحضر «إلميس ليكويد لاير صنبلوك إس بيه إف ٣٠»

يشكل العثور على الواقي المثالي من أشعة الشمس الصّارة في فصل الصيف تحدياً يتمثل في ضرورة محافظة ذلك المستحضر على فعالية وقاينته للبشرة طوال النهار وفي الماء من دون أن تستطيع البشرة امتصاصه فتتسد مسامها. ويغطي مستحضر «إلميس ليكويد لاير» البشرة ليشكل حاجزاً ضد الأشعة فوق البنفسجية من الفئتين (أ و ب)، ويحمي البشرة من معدن ثاني أوكسيد التيتانيوم. وتحتوي تركيبة هذا المستحضر على خلاصات زيوت الجوجوبا وغيرها من الزيوت الطبيعية، وتنساب فوق البشرة بسلاسة لتغطيها بطبقة خفيفة للغاية.



كريم «بوبي براون سي سي»

يعمل كريم «بوبي براون سي سي» بصفة كريم أساس مثالي للبشرة يمنحها طبقة لامعة وخالية من الشوائب في ثلاث خطوات. وبينما تقوم الصبغيات المصححة للألوان بتخفيف الاحمرار وتلون البشرة الباهتة، يوفر مستحضر الوقاية الشمسية إس بيه إف ٣٥ حماية من الأشعة فوق البنفسجية الصّارة من الفئتين (أ و ب)، في حين تضي مشتتات الضوء لمعاناً على لون البشرة. ويتوافر كريم «سي سي» في خمسة أطباق لونية وهو مثالي حين يتم طلاؤه تحت كريم الأساس.

رغم أن الحصول على هذا المظهر الذي يبدو أنه لا يتطلب أي مجهود، إلا أنه في الواقع يحتاج إلى ترسانة من مستحضرات التجميل تم اختيارها بعناية تشمل: مرهم خفيف للوقاية من أشعة الشمس بقوة لا تقل عن ٣٠ درجة، وكريم أساس لتصحح لون البشرة يخلصها من الشوائب، ومرهم ترطيب وتلميع البشرة، ومستحضرات تحديد معالم وترطيب الشفاه لتتألق بلعان متعدد الأطباق. ومما لا شك فيه أن هذه المستحضرات الأربعة سوف تمنحك بشرة مثالية خلال الصيف.

مرطبات «كلينيك سويت»

تحتوي هذه المرطبات التي تستلهم أغلفتها شكل أغلفة حلويات المكرون، على قشور من السكر مصنوعة من حبيبات سكر الشمندر وبذور الجوجوبا التي تتولى تقشير الشفاه بلطف معززة بمرهم يمنحها لمعاناً جذاباً. وتتوافر هذه المرطبات في ثلاثة أطباق لونية خفيفة تختارين ما يناسبك منها وهي الأحمر المخملي، وزهرة البرتقال، والتوت البري الوردي.



مستحضر تلميع الشفاه «إستيه لودر بيور كولور إنفي سكلبتينج جلوس أند لاکر»

يتم طلاء هذا المستحضر غير اللاصق فوق أحمر الشفاه أو بمفرده وهو مصمم للاحتفاظ بالرطوبة حيث يشكل طبقة لونية بينما يوضّح معالم الشفاه. ورغم توافره في ١٠ أطباق لونية نابضة بالحياة إلا أن لوني البطيخ الجذاب «تيمبتينغ ميلون» واحمرار الخجل «جيلوس بلاش» يعتبران مثاليين للصيف. ٥





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أرض العجائب والغرائب

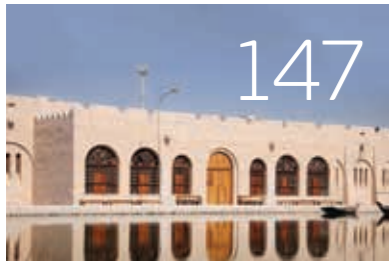
من مدينة ويندهوك بوابة أرض العجائب ناميبيا، نصحبكم في جولة برية رائعة عبر عالم من الكثبان الرملية العملاقة والمناظر الطبيعية الأشبه بسطح القمر والأحياء البرية.



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التقاليد العريقة لاحتساء القهوة في البوسنة

مع تدشين الخطوط الجوية القطرية رحلاتها إلى سراييفو في ٧ سبتمبر المقبل، رافقونا في جولة ممتعة وزاخرة بالكافيين في العاصمة البوسنية.



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فعاليات قطر

تشهد قطر هذا الشهر عالماً متنوعاً من الفعاليات الثقافية الجديرة بالمشاهدة، كما تسلط الضوء على أفخر المأكولات الشهية.

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قطرية

✈️ | تسير الخطوط الجوية القطرية رحلاتها إلى أكثر من 10٠ وجهة حول العالم.

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النسخ والطباعة: شركة الإمارات للطباعة والنشر، دبي تسنجد الألياف المستخدمة في ورق مجلة "الهوا" من الغابات المدارة المستدامة، والمزارع والمصادر المرابية بيئياً. يرجى إعادة تدوير الورق بعد الاستخدام.

الفرص الإعلانية والإعلامية: للحصول على تفاصيل كيفية الإعلان في مجلة "الهوا"، وغيرها من الفرص الإعلامية، يرجى الإتصال:

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هاتف: +٩٧٤ ٥٥٧٩ ٤٧٣٦
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نائب أول الرئيس التنفيذي للتسويق والاتصالات والإعلام
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تعليقات واقتراحات: يرجى مراسلة شركة "أجنسي فيش" المحدودة في لندن عبر البريد العادي أو على البريد الإلكتروني: oryx@agencyfish.com. وقد لا تكون قادرين على مراسلتكم دائماً، إن جميع التراء المذكورة في المجلة نابعة من إيمان صادق ومؤامياً استناداً إلى جميع الحقائق المتوافرة، ولا تعتبر بالضرورة عن وجهة نظر الناشر أو الخطوط الجوية القطرية أو موظفيها، ولا ينبغي أن يعتمد القارئ على التعليقات والحقائق المذكورة في اتخاذ أية قرارات تجارية أو قانونية أو مالية أو غيرها من القرارات، وتتميز المقالات بطبيعتها العامة وينبغي على القراء طلب المشورة واستشارة متخصصين أثناء قبل القيام بأي عمل يستند إلى المعلومات المنشورة في المجلة والتي قد لا تكون مناسبة لطرف أو قطاع التراء الخاصة، وبأسف الناشر عن عدم تحميل أية مسؤولية قانونية عن أي خطأ أو حذف مطبوعي مهما كان سببه، وتصدر مجلة "الهوا" بحساب شركة الخطوط الجوية القطرية ذ.م.م، وجميع الحقوق محفوظة، كما أن ملكية العلامات التجارية معترف بها ولا يجوز نسخ أو تخزين أي جزء من هذه المجلة في نظام استرجاع معلومات أو نقله بأي شكل من الأشكال دون إذن خطي صريح من الناشر، جميع حقوق النشر محفوظة © ٢٠١٦ لشركة "أجنسي فيش"، ما عدا السجوخ والخطأ.

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سعادة السيد أكبر الباكر
الرئيس التنفيذي لمجموعة الخطوط
الجوية القطرية

مرحباً

أهلاً بكم على متن الخطوط الجوية القطرية.

كما نوفر خمس مناطق لعب للأطفال في جميع أنحاء المطار مزودة بسلالم للتسلق وشئى الألعاب الممتعة لمسافريننا الصغار. وقمنا أيضاً بتسهيل ممارستكم للتمارين الرياضية والاستجمام عبر توفير منتجات سبا ولباقة بدنية تستطيعون الاستفادة منها لقاء أجر زهيد لتستعيدوا حيويتمكم ونشاطكم خلال وجودكم في صالات الترانزيت. وحيث أن مطارنا يعمل ٢٤ ساعة في اليوم وسبعة أيام في الأسبوع، فإن جميع مطاعمنا التي يربو عددها على ٣٠ مطعماً ومتاجرنا لا تغلق أبوابها أبداً، لكي تتيح لكم المزيد من الخيارات للاستمتاع بقضاء أوقاتكم خلال انتظاركم لموعد رحلتكم التالية. ختاماً، نشكركم على جعل الخطوط الجوية القطرية الرفيق الدائم لرحلاتكم، متمنين لكم رحلة سعيدة وعطلة صيفية ممتعة. ✈️

وقد استثمرت الخطوط الجوية القطرية ومطار حمد الدولي أموالاً طائلة لتزويدكم باللمسات الخاصة وسبل الراحة والرفاهية التي تميزهما عن الشركات والمطارات الأخرى، ولتوفر لكم تجارب سفر لا تُضاهى سواء كنتم تسافرون بمفردكم أو مع أفراد عائلاتكم. ونحن نقدم لكم على سبيل المثال خدمة الواي - فاي المجانية على مدار الساعة في مطار حمد الدولي، مقر الخطوط الجوية القطرية. كما نوفر في صالات الترانزيت محطات «أيماك» للمسافرين الراغبين بتصفح المواقع الإلكترونية عبر الإنترنت، وإرسال رسائل البريد الإلكتروني، وحجز ترتيبات سفرهم وغيرها من الخدمات. ومن أبرز سبل الراحة والرفاهية الأخرى التي نوفرها لكم خلال الفترات التي تقضونها في صالات الترانزيت، المقاعد الوثيرة المتوافرة في المناطق الهادئة في تلك الصالات، والتي تتيح لكم الاستمتاع بقسط من الراحة في الفترات التي تفصل بين الرحلات.

يسرنا أن نبذل قصارى جهودنا على الدوام لكي تستمتعوا بتجارب سفر لا تُنسى سواء كنتم تسافرون لحضور اجتماع عمل، أو زيارة أقاربكم، أو ارتياد وجهة سياحية لطالما كنتم تحلمون بزيارتها. وبمناسبة الحديث عن الوجهات، فنحن نواصل تزويدكم بالمزيد من الخيارات التي تلبي مختلف احتياجات سفركم، والتي تعتبر مجالاً رئيسياً نركز عليه في سياق التزامنا بتوسعة شبكة وجهاتنا في إفريقيا وأوروبا وآسيا. ومع وجود أكثر من ١٥٠ وجهة في شبكة وجهاتنا حالياً، يستطيع المسافرون عبر خريطة الخطوط الجوية القطرية المتنامية باستمرار الربط برحلات أخرى براحة تامة للوصول إلى وجهاتهم النهائية بأسرع وقت ممكن. من ناحية أخرى، تعتبر شهور الصيف للمقيمين في نصف الكرة الأرضية الشمالي فترة تقترن تقليدياً بقضاء العطلات والتواصل مع أفراد عائلاتهم. وبصفتنا شركة طيران، فنحن نفخر بأن نكون جزءاً من سفركم ونضفي عنصراً فريداً على رحلاتكم.

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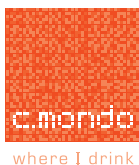
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